

# About At Home In Rhode Island

Rhode Islanders who are eligible for Medicaid's long-term services and supports (LTSS) should consider an option that best fits their needs and lifestyle.

Choices include:

- Self-Directed Pathways
  - Independent Provider Program
  - Personal Choice
  - Intellectual/Developmental Disabilities Self-Direct
- Home Health Agency Pathway
- PACE
- Shared Living
- Adult Day Services

There are also options for Rhode Islanders who do not qualify for Medicaid, such as the Office of Healthy Aging's @Home Cost-Share Program.

Learn if you are eligible for services by calling The POINT, 401-462-4444.



## FOR MORE INFORMATION

Call The Point at 401-462-4444

Visit [www.eohhs.ri.gov](http://www.eohhs.ri.gov)



## Rhode Island's Long-Term Services & Supports At Home

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## Self-Directed Pathways

The [Independent Provider \(IP\) Program](#) is an option for people living in their homes who meet clinical/functional criteria for Medicaid LTSS but might need fewer services. People in IP receive homemaker and personal care services.

IP allows people to:

- Select their specially trained personal care aides (PCAs)
- Control their service schedules
- Receive case management and assistance with PCA coordination

For more information, call (401) 462-4444.

[Personal Choice](#) is an option for people living in their homes who meet clinical/functional criteria for Medicaid LTSS.

The available services include personal care, homemaker, self-directed goods and services, and other supports provided by agencies in the community.

Personal Choice allows people to:

- Choose their own service schedule and rate of provider pay
- Select their own personal care aides (PCAs) and train them
- Receive case management and assistance with PCA coordination

For more information, call (401) 462-4444.

People who are eligible for [Intellectual/Developmental Disabilities \(I/DD\) Self-Direct](#) and live independently can also self-direct their support services.

Services include community-based supports, employment assistance, transportation, and goods and services, ranging from communication devices to licensed therapies.

I/DD self-direction allows people to:

- Choose their own schedule, types of services, and rate of provider pay
- Hire, manage, and direct training of their care provider

People receiving self-directed services are responsible for finding back-up coverage if their provider cannot make a visit.

For more information, call (401) 462-4444.

## Home Care Provider

A [Home Care Provider](#) is an option for those who'd like to receive care at home and cannot, or choose not to, self-direct their care. Care is offered by an insured, accredited provider working for a company that's licensed and regulated by the Department of Health.

Home care providers offer:

- A state-licensed CNA who delivers personal care and homemaking during authorized hours
- Nursing access for specific health care questions, assessments, and communication with your primary care and specialty physicians
- If a CNA cannot work a specific shift, a nurse assistant can fill in to ensure continuity of care

For more information, call (401) 462-4444.

## Shared Living

[Shared Living](#) is an option for people who need LTSS and cannot live alone. It is also an option for adults who have intellectual and developmental disabilities and may be self-directed or have services provided by an agency.

In a shared-arrangement:

- A trained caregiver receives a daily stipend to live with and provide services for the person
- A community agency provides ongoing support to the person and caregiver

For more information, call (401) 462-4444.

## PACE

[PACE](#) is a health plan providing comprehensive health care coverage and LTSS to individuals in the community.

This pathway is an option for people who have Medicaid, are 55 and older, and have at least a high level of need for LTSS.

PACE offers:

- Primary and acute care services
- Nutrition
- Pharmacy
- Social services and behavioral health
- Rehabilitation services
- Transportation
- Homecare
- PACE Health Center & Adult Day Services

For more information, call 401-490-6566.

## Adult Day Services

[Adult Day Services](#) is an option for people who need supervised care outside the home during the day.

Community-based services are provided on-site at state-licensed Adult Day Care Centers.

All centers offer a coordinated program of services and supports, including social interaction, therapeutic activities, transportation, meals and snacks, and personal care.

Services rendered depend on the identified needs of a beneficiary's person-centered plan.

Adult day services enables beneficiaries to:

- Live at home
- Receive needed services and supports in a supervised, community setting
- Provide a caregiver respite or an option to stay employed

For more information, call (401) 462-4444.