**1.4.** Provide the effective (date costs begin to be incurred) and implementation (date services begin to be provided) dates for this SPA (42 CFR 457.65). A SPA may only have one effective date, but provisions within the SPA may have different implementation dates that must be after the effective date.

Original Plan Effective Date:

Implementation Date:

<u>SPA # Purpose of SPA:</u> Proposed effective date:

Proposed implementation date:

**1.4- TC Tribal Consultation** (Section 2107(e)(1)(C)) Describe the consultation process that occurred specifically for the development and submission of this State Plan Amendment, when it occurred and who was involved.

TN No: Approval Date Effective Date

6.2.22.1 X The state assures that any limitations applied to the amount, duration, and scope of benefits described in Sections 6.2 and 6.3- BH of the CHIP state plan can be exceeded as medically necessary.

Guidance:	Any other medical, diagnostic, screening, preventive, restorative, remedial,
	therapeutic or rehabilitative service may be provided, whether in a facility, home,
	school, or other setting, if recognized by State law and only if the service is: 1)
	prescribed by or furnished by a physician or other licensed or registered
	practitioner within the scope of practice as prescribed by State law; 2) performed
	under the general supervision or at the direction of a physician; or 3) furnished by
	a health care facility that is operated by a State or local government or is licensed
	under State law and operating within the scope of the license.
6.2.23.	Any other medical, diagnostic, screening, preventive, restorative, remedial, therapeutic, or rehabilitative services. (Section $2110(a)(24)$ )
	inclupence, or reliabilitative services. (Section 2110(a)(2+))
6.2.24.	Premiums for private health care insurance coverage (Section 2110(a)(25))
6.2.25.	Medical transportation (Section 2110(a)(26))
Guidance:	Enabling services, such as transportation, translation, and outreach services, may be offered only if designed to increase the accessibility of primary and preventive health care services for eligible low-income individuals.
6.2.26.	Enabling services (such as transportation, translation, and outreach services) (Section 2110(a)(27))
6.2.27.	Any other health care services or items specified by the Secretary and not included under this Section (Section $2110(a)(28)$ )

6.2-BH Behavioral Health Coverage Section 2103(c)(5) requires that states provide coverage to prevent, diagnose, and treat a broad range of mental health and substance use disorders in a culturally and linguistically appropriate manner for all CHIP enrollees, including pregnant women and unborn children.

Guidance: Please attach a copy of the state's periodicity schedule. For pregnancy-related coverage, please describe the recommendations being followed for those services.

6.2.1- BH Periodicity Schedule The state has adopted the following periodicity schedule for behavioral health screenings and assessments. Please specify any differences between any covered CHIP populations:

State-developed schedule American Academy of Pediatrics/ Bright Futures Other Nationally recognized periodicity schedule (please specify: ) Other (please describe: )

**6.3- BH Covered Benefits** Please check off the behavioral health services that are provided to the state's CHIP populations, and provide a description of the amount, duration, and scope of each benefit. For each benefit, please also indicate whether the benefit is available for mental health and/or substance use disorders. If there are differences in benefits based on the population or type of condition being treated, please specify those differences.

If EPSDT is provided, as described at Section 6.2.22 and 6.2.22.1, the state should only check off the applicable benefits. It does not have to provide additional information regarding the amount, duration, and scope of each covered behavioral health benefit.

Guidance: Please include a description of the services provided in addition to the behavioral health screenings and assessments described in the assurance below at 6.3.1.1-BH.

**6.3.1- BH**  $\boxtimes$  Behavioral health screenings and assessments. (Section 2103(c)(6)(A))

**6.3.1.1- BH** I The state assures that all developmental and behavioral health recommendations outlined in the AAP Bright Futures periodicity schedule and United States Public Preventive Services Task Force (USPSTF) recommendations graded as A and B are covered as a part of the CHIP benefit package, as appropriate for the covered populations.

Guidance: Examples of facilitation efforts include requiring managed care organizations and their networks to use such tools in primary care practice, providing education, training, and technical resources, and covering the costs of administering or purchasing the tools.

**6.3.1.2- BH**  $\boxtimes$  The state assures that it will implement a strategy to facilitate the use of age-appropriate validated behavioral health screening tools in primary care settings. Please describe how the state will facilitate the use of validated screening tools.

MCEs are required to use, promote, and incent the use of validated tools in primary care settings. The MCEs are encouraged to be creative and innovative with their approaches. The state will begin to monitor BH screening and assessment more closely to ensure access to treatment/care is enough to meet the needs identified in the assessments. The State will share best practices across sister agencies, stakeholders, provider networks and MCEs accordingly.

**6.3.2- BH** Outpatient services (Sections 2110(a)(11) and 2110(a)(19))

Guidance: Psychosocial treatment includes services such as psychotherapy, group therapy, family therapy and other types of counseling services.

**6.3.2.1- BH** Sychosocial treatment Provided for: Mental Health Substance Use Disorder

**6.3.2.2- BH** Tobacco cessation Provided for: Substance Use Disorder

Guidance: In order to provide a benefit package consistent with section 2103(c)(5) of the Act, MAT benefits are required for the treatment of opioid use disorders. However, if the state provides MAT for other SUD conditions, please include a description of those benefits below at section 6.3.2.3- BH.

**6.3.2.3- BH** Medication Assisted Treatment Provided for: Substance Use Disorder

6.3.2.3.1- BH 🔀 Opioid Use Disorder

6.3.2.3.2- BH 🔀 Alcohol Use Disorder

6.3.2.3.3- BH 🔀 Other

Applicable SUD as clinically indicated.

**6.3.2.4- BH** Peer Support Provided for: Mental Health Substance Use Disorder

**6.3.2.5- BH** Caregiver Support Provided for: Mental Health Substance Use Disorder

**6.3.2.6- BH** Respite Care Provided for: Mental Health Substance Use Disorder

**6.3.2.7- BH** Intensive in-home services Provided for:

**6.3.2.8- BH** ⊠ Intensive outpatient Provided for: ⊠ Mental Health ⊠ Substance Use Disorder

**6.3.2.9- BH** Sychosocial rehabilitation Provided for: Mental Health Substance Use Disorder

<u>Guidance: If the state considers day treatment and partial hospitalization to be the same benefit,</u> please indicate that in the benefit description. If there are differences between these benefits, such as the staffing or intensity of the setting, please specify those in the description of the benefit's amount, duration, and scope.

6.3.3- BH Day Treatment Provided for: Mental Health Substance Use Disorder

**6.3.3.1- BH** Partial Hospitalization Provided for: Mental Health Substance Use Disorder

Day Treatment and Partial Hospitalization are operationalized the same way/same benefit in the continuum. Differences in service delivery are dependent and vary based on individual needs and clinical presentation.

**6.3.4- BH** Inpatient services, including services furnished in a state-operated mental hospital and including residential or other 24-hour therapeutically planned structural services (Sections 2110(a)(10) and 2110(a)(18))

Provided for:  $\square$  Mental Health  $\square$  Substance Use Disorder

<u>Guidance: If applicable, please clarify any differences within the residential treatment benefit (e.g. intensity of services, provider types, or settings in which the residential treatment services are provided).</u>

**6.3.4.1- BH** Residential Treatment Provided for: Mental Health Substance Use Disorder **6.3.4.2- BH** Detoxification Provided for: Substance Use Disorder

<u>Guidance: Crisis intervention and stabilization could include services such as mobile crisis, or</u> short term residential or other facility based services in order to avoid inpatient hospitalization.

6.3.5- BH ⊠ Emergency services Provided for: ⊠ Mental Health ⊠ Substance Use Disorder

> **6.3.5.1- BH** Crisis Intervention and Stabilization Provided for: Mental Health Substance Use Disorder

6.3.6- BH Continuing care services Provided for: Mental Health Substance Use Disorder

6.3.7- BH Care Coordination Provided for: Mental Health Substance Use Disorder

> **6.3.7.1- BH** Intensive wraparound Provided for: Mental Health Substance Use Disorder

**6.3.7.2- BH** Care transition services Provided for: Mental Health Substance Use Disorder

6.3.8- BH ☐ Case Management Provided for: ☐ Mental Health ☐ Substance Use Disorder

6.3.9- BH Other

Provided for: Mental Health Substance Use Disorder

## 6.4- BH Assessment Tools

**6.4.1-BH** Please specify or describe all of the tool(s) required by the state and/or each managed care entity:

	ASAM Criteria (American Society Addiction Medicine)
	InterQual Mental Health Substance Use Disorders
	MCG Care Guidelines Mental Health Substance Use Disorders
	CALOCUS/LOCUS (Child and Adolescent Level of Care Utilization System)          Mental Health       Substance Use Disorders
	CASII (Child and Adolescent Service Intensity Instrument) Mental Health Substance Use Disorders
	CANS (Child and Adolescent Needs and Strengths) Mental Health Substance Use Disorders
$\square$	State-specific criteria (e.g. state law or policies) (please describe)
Assessment tools u in RIGL § 42-72-5	<ul> <li><u>sed are designed to allow for treatment to occur on a continuum of care as indicated</u></li> <li><u>5.2.</u></li> <li>Plan-specific criteria (please describe) <ul> <li>Mental Health</li> <li>Substance Use Disorders</li> </ul> </li> </ul>
	Other (please describe) Mental Health Substance Use Disorders <u>The Managed Care Entities are able to use discretion but are expected to ensure</u> <u>that tools used are validated and children's needs are met.</u>

No specific criteria or tools are required

Mental Health Substance Use Disorders

Guidance: Examples of facilitation efforts include requiring managed care organizations and their networks to use such tools to determine possible treatments or plans of care, providing education, training, and technical resources, and covering the costs of administering or purchasing the assessment tools.

**6.4.2- BH**  $\square$  Please describe the state's strategy to facilitate the use of validated assessment tools for the treatment of behavioral health conditions.

The State has engaged stakeholders and partners in a collaborative campaign titled "The First 1,000 days." This effort highlighted the State Medicaid Agency's dedication towards assessment and screening during a youth's first 1,000 days of life but also facilitated the commitment to using validated screening and assessment tools that appropriately identify needs to be addressed and lead to better health, wellbeing. The Managed Care Entities were explicitly involved in this effort. The MCEs continue to work with their contracted providers to innovate and incent utilization and access to care following screenings and assessments.

**6.2.5- BH Covered Benefits** The State assures the following related to the provision of behavioral health benefits in CHIP:

 $\boxtimes$  All behavioral health benefits are provided in a culturally and linguistically appropriate manner consistent with the requirements of section 2103(c)(6), regardless of delivery system.

The state will provide all behavioral health benefits consistent with 42 CFR 457.495 to ensure there are procedures in place to access covered services as well as appropriate and timely treatment and monitoring of children with chronic, complex or serious conditions.