



Rhode Island Real Choices

Key Progress to Date

May 23, 2011

Presentation to the

Global Waiver External Task Force



Real Choices Systems Change Transformation Grant (STG)

- In 2006, CMS awarded Rhode Island a five-year STG called Real Choices.
- NESCSO provides project management support
- With this grant, Rhode Island began to transform its long-term support system to support greater use of home and community based services (HCBS).
- STG focuses its work on elders and adults with disabilities.
- Real Choices will end on September 30, 2011.



Real Choices & the Global Waiver

- Real Choices paved the way for the Global Waiver's efforts to rebalance the system of long-term services and supports.
- The Global Waiver has built upon and expanded the Real Choices scope of activities.
 - Many of the Global Waiver objectives and strategies are closely related to those of the Real Choices grant.
- Staff and stakeholders have worked together to bring the Real Choices into synch with the Global Waiver.
 - Real Choices activities are reported at the monthly Global Waiver External Task Force



Real Choices STG Goals

- **A- ACCESS:** Improved access to LTC support services
 - **B- QUALITY:** Comprehensive Quality Management System
 - **C- FUNDING:** Creation of a system that more effectively manages the funding for LTC that promotes community living options
- ✓ Real Choices does its work via objectives under each goal area.



Real Choices STG Deliverables

- 1: Conduct extensive evaluation of the particular needs & experiences of persons in community & institutionalized settings
- 2: Standardize and centralize the clinical and financial LTC eligibility processes
- 3: Establish materials to support informed choices across service spectrum
- 4: Provide training to Discharge Planners and community groups
- 5: Identify quality indicator measures to be tracked across adult systems




Real Choices STG Deliverables,

- cont.**
- 6: Commission an in-depth resource mapping of the state.
 - 7: Develop and collect representative community-based cost reports to establish baseline rates that are more balanced with institutional rates.
 - 8: Identify and sequentially implement key priorities for applying institutional savings to community-based service sector.
 - 9: Initiate and document all stakeholder meetings.



Global Waiver Goals

- **Goal 1:** Re-balance the Medicaid-funded long-term care system: ensure supports and services in the home and community are as accessible as care in an institution
- **Goal 2:** Ensure all Medicaid beneficiaries have a medical home
- **Goal 3:** Procure goods and services using methods that reward high quality and ensure cost-effectiveness



Example of Deliverable 1: Evaluation of Needs & Experiences

STG Goal Supported: B

GW Goals Supported: 1 & 2

- A "Snapshot Survey" was completed in 2009.
- The Snapshot Survey determined baseline awareness of HCBS for RI Adults on Medicaid who live in the community and are “nursing home eligible” and measured awareness of right to choose services needed from Medicaid.
- A set of focus groups will explore the key themes of the Snapshot survey, thus adding more depth to the analysis.

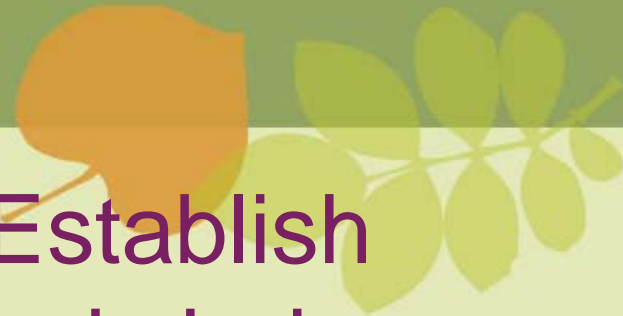
Example of Deliverable 2: Centralize Clinical and Financial LTC Eligibility

STG Goal Supported: A

Processes

GW Goals Supported: 1 & 2

- A web-based LTC Level of Care determination system (OMAR) was developed. Laptop computers and related software were purchased and given to nurses to support this effort.
- This information is being migrated to the Community Supports Management (CSM) system for managing long-term care applications processing and care management functions. This will allow users to see progress on their individual dashboard. Implementation is scheduled for 5/23/11.
- ASK RHODY Benefit Screener is being enhanced to help consumers better understand the options available to them. Implementation is scheduled for 6/30/11



Example of Deliverable 3: Establish materials to support informed choices

STG Goal Supported: A

GW Goals Supported: 1 & 2

- Many educational materials were developed, such as videos, brochures, and booklets. These materials have been distributed throughout the state. The following are examples of the materials:
- *Helping Elders Live Safely at Home: Options for Home & Community-Based Services Booklet*
- *Long Term Care Brochure (Also available in Spanish)*
- *Nursing Home Transition Program Brochure (Also available in Spanish)*



Example of Deliverable 4: Provide Training to Discharge Planners

STG Goal Supported: A

GW Goals Supported: 1 & 2

- A half-day Discharge Planning Conference took place on April 28, 2011, Approximately 200 people attended.
- The purpose was to provide discharge planners with a thorough understanding of their critical role in the nationwide effort to help elders and adults with disabilities safely transition to their homes and communities.
- The Conference was free and gave three contact hours for continuing education to all attendees.



Example of Deliverable 5: Identify Quality Indicators (QIs)

- **STG Goal Supported: B**
- **GW Goals Supported: 1 & 2**
- A set of five QIs for HCBS has been selected. The QIs will be analyzed to monitor trends over time and identify any significant shifts in use that could indicate problems, changes, or potential need for intervention.
- When analysis is performed, it will examine four points in each year to identify seasonal changes.
 - For example, more falls may occur in the wintertime. If analysis demonstrates this, then the State can look into potential interventions.



Example of Deliverable 6: Commission an In-depth Resource Mapping of the State

- **STG Goal Supported: A**
- **GW Goals Supported: 1 & 2 & 3**
- Hilltop Associates completed an in-depth resource mapping for the State. Their report provided information on the state's current and projected population requiring publicly financed services and supports as well as the state's capacity to provide these services.
- In addition, the Lewin Group produced "Administrative and Staffing Recommendations for Implementing the Global Compact" in December 2008.




Example of Deliverable 7: Community-based Cost Reports to Establish Baseline

STG Goal Supported: C

GW Goals Supported: 2 & 3

- The study, *Value Purchasing in Home and Community Services in Rhode Island*, was completed in December, 2009.
- A follow-up report is in process and is scheduled to be completed June 30.



Example of Deliverable 8: Implement Key Priorities to Apply Institutional Savings to the Community-Based Service Sector

- **STG Goals Supported: A & C**
- **GW Goals Supported: 1, 2 & 3**
- A Request for Interest (RFI) is being developed to initiate an Independent Review of the RI Global Consumer Choice Compact Waiver (GCW).



Example of Deliverable 9: Initiate and Document All Stakeholder Meetings

- **STG Goals Supported: A & B**
- **GW Goals Supported: 1, 2 & 3**
- Real Choices has provided logistical support for the GWETF since it's inception.
- All meeting notes and proceedings have been documented on ONTRAK, which is hosted by NESCSO.