

Rhode Island Medicaid Managed Care Program

Annual External Quality Review Technical Report

Reporting Year 2013 October 2014

Prepared on Behalf of The State of Rhode Island Executive Office of Health and Human Services Center for Child and Family Health

IPRO Corporate Headquarters Managed Care Department 1979 Marcus Avenue Lake Success, NY 11042-1002 phone: (516) 326-7767 fax: (516) 326-6177 www.ipro.org

Table of Contents

Ι.	EXECUTIVE SUMMARY	1
н.	INTRODUCTION	6
ш.	METHODOLOGY	8
IV.	CORPORATE PROFILES	9
v .	ACCREDITATION SUMMARIES AND HEALTH PLAN RANKINGS	10
	NCQA Health Plan Accreditation NCQA Health Plan Rankings	
VI.	ENROLLMENT	14
VII.	PROVIDER NETWORK AND GEOACCESS	16
VIII.	RHODE ISLAND MEDICAID'S PERFORMANCE GOAL PROGRAM	20
	Rhode Island Medicaid Managed Care Performance Goal Program Background Changes in Methodology for the 2013 Performance Goal Program 2013 Rhode Island Medicaid Managed Care Performance Goal Program Results Monitoring Care and Service Provided to Special Enrollment Populations	21 22
IX.	HEDIS [®] PERFORMANCE MEASURES	.38
	HEDIS [®] Effectiveness of Care Measures HEDIS [®] Access to/Availability of Care Measures HEDIS [®] Use of Services Measures	41
х.	MEMBER SATISFACTION	47
	Adult CAHPS [®] 5.0H	47
XI.	QUALITY IMPROVEMENT PROGRAMS	50
	Quality Improvement Activities	50
XII.	CONCLUSIONS AND RECOMMENDATIONS	52
	Quality of Care Access to/Timeliness of Care Quality Improvement Program. EOHHS Responses and Follow-Up to Recommendations	54 55
XIII.	REFERENCES	56
APP	ENDIX 1: RHODE ISLAND STRATEGY FOR ASSESSING AND IMPROVING THE QUALITY OF MANAGED CARE SERVICES – OCTOBER 2012	.59
APP	ENDIX 2: QUALITY IMPROVEMENT ACTIVITY FORM TEMPLATE	76

List of Figures

Figure 1.	Corporate Profiles9
Figure 2.	2013 NCQA Accreditation Survey Findings12
Figure 3.	2013 NCQA Ranking by Category
Figure 4.	Rhode Island Medicaid Managed Care Enrollment by Health Plan – December 31, 201214
Figure 4a:	Health Plan Medicaid Enrollment by Category – December 31, 201214
Figure 5.	Health Plan Enrollment by Product Line – December 31, 201215
Figure 6.	Health Plan Enrollment by Product Line – December 31, 201215
Figure 7.	GeoAccess Provider Network Accessibility – 201317
Figure 8.	HEDIS® Board Certification Results 2011-201318
Figure 9.	Performance Goal Program Rates – 201325
Figure 10.	Performance Goal Program Results 2011-2013 – Medical Home/Preventive Care29
Figure 11.	Performance Goal Program Results 2011-2013 – Chronic Care32
Figure 12:	Performance Goal Program Results 2011-2013 – Behavioral Health33
Figure 13.	Performance Goal Program Results 2011-2013 – Cost Management
Figure 14.	Comparison of HEDIS [®] 2013 Performance for Core RIte Care Only
	versus All Populations
Figure 15.	Care Management for Special Populations Case Review Results – 201337
Figure 16.	HEDIS® Results 2011-2013 – Effectiveness of Care Measures
Figure 17.	HEDIS® Results 2011-2013 – Access to/Availability of Care Measures
Figure 18.	HEDIS® Results 2011-2013 – Use of Services Measures
Figure 19.	CAHPS® Results 2011-2013 – Member Satisfaction Measures

I. EXECUTIVE SUMMARY

Introduction

The Centers for Medicare and Medicaid Services (CMS) require that State agencies contract with an External Quality Review Organization (EQRO) to conduct an annual, external quality review (EQR) of the services provided by contracted Medicaid managed care organizations (MCOs). In order to comply with these requirements, the State of Rhode Island Executive Office of Health and Human Services (EOHHS) contracted with IPRO to assess and report the impact of its Medicaid managed care program and both of the participating Health Plans on the accessibility, timeliness and quality of services. It is important to note that the provision of health care services to each of the eligibility groups, including Core RIte Care, RIte Care for Children with Special Health Care Needs (CSHCN), RIte Care for Children in Substitute Care (SC)¹ and Rhody Health Partners (RHP) is evaluated in this report. RHP is a managed care option for adult populations with disabilities. As members of the Health Plans, each of these populations is included in all measure calculations, where applicable.

In addition to the Health Plan-specific Technical Reports that detail IPRO's independent evaluation of the services provided by each of the two (2) Health Plans (Neighborhood Health Plan of Rhode Island (NHPRI) and UnitedHealthcare Community Plan of Rhode Island (UHCP-RI)), the EOHHS requested that IPRO prepare an aggregate report that evaluates the performance of the State's Medicaid managed care program overall. Specifically, this report provides IPRO's independent evaluation of the combined services provided by the two Medicaid managed care Health Plans for Reporting Year 2013, and compares and contrasts the individual performance of both Health Plans. For comparative purposes, results for 2011 and 2012 are displayed when available and appropriate. The framework for this assessment is based on the guidelines established by CMS, as well as State requirements. IPRO reviewed pertinent information from a variety of sources, including State managed care standards, accreditation survey findings, member satisfaction surveys, performance measures and State monitoring reports.

The benchmarks and HEDIS^{®2} percentiles for Medicaid Health Plans cited in this Annual EQR Technical Report originated from the NCQA *Quality Compass*^{®3} 2013 for Medicaid, with the exception of those shown for the 2013 Performance Goal Program (PGP). Scoring percentiles for the PGP were derived from *Quality Compass*[®] 2012 for Medicaid.

Corporate Profiles

As indicated previously, in 2013 the Rhode Island Medicaid managed care program was comprised of two (2) Health Plans: NHPRI, which served the Medicaid population only, and UHCP-RI; which served Medicaid, Medicare and Commercial populations (refer to Figure 1 on page 9). Both Health Plans served the Core RIte Care, RIte Care for Children with Special Health Care Needs (CSHCN) and adults with disabilities/Rhody Health Partners (RHP) populations. Only NHPRI served the RIte Care for Children in Substitute Care (SC) population.

Accreditation

Notably, NHPRI was awarded an *Excellent* accreditation rating for its Medicaid product line by the National Committee for Quality Assurance (NCQA) in 2013. UHCP-RI achieved a *Commendable* rating by the NCQA (refer to Figure 2 on page 12). Although UHCP-RI has historically earned an *Excellent* rating, modifications made to the NCQA's Accreditation methodology affected the distribution of Health Plan ratings, with fewer Health Plans achieving an *Excellent* status. Although on-site accreditation occurs every three (3) years, ratings are

¹ The RIte Care for Children in Substitute Care (SC) population is served by NHPRI only.

² HEDIS[®] (Healthcare Effectiveness Data and Information Set) is a registered trademark of the National Committee for Quality Assurance (NCQA).

³ *Quality Compass*[®] is a registered trademark of the National Committee for Quality Assurance (NCQA).

recalculated annually by NCQA based on the most recent Accreditation Survey findings and the latest HEDIS[®] and CAHPS[®] results. As such, 2013 accreditation ratings are based on the results of the accreditation survey conducted in 2012 for UHCP-RI and in 2011 for NHPRI, while the HEDIS[®] and CAHPS^{®4} 2013 results were used for both Health Plans. Among all Medicaid Health Plans ranked by the NCQA, NHPRI and UHCP-RI ranked 4th and 8th, respectively, based on accreditation standards, HEDIS[®] results and CAHPS[®] scores (refer to Figure 3 on page 13). Both Health Plans ranked within the top ten (10) of the two hundred fifty-eight (258) Health Plans evaluated by the NCQA. NHPRI has been ranked by the NCQA within the top ten (10) Medicaid Health Plans nationally for nine (9) consecutive years, while UHCP-RI demonstrated improvement in 2013 by achieving a top ten (10) ranking.

Enrollment

The two Health Plans varied in the proportion of Medicaid membership served. According to Medicaid enrollment data for the period ending December 31, 2012, NHPRI comprised the majority (66%) of Rhode Island Medicaid managed care total enrollment with over 91,000 members, while UCHP-RI encompassed the remaining 34%, with over 47,000 members (refer to Figure 4 on page 14). Compared to year-end 2011, Medicaid enrollment remained stable for both Health Plans. UHCP-RI also reported enrollment data for its Medicare and Commercial product lines, which comprised 38% and 3% of its total enrollment, respectively, with the largest proportion of members enrolled in the Medicaid product line (59%) (refer to Figure 5 on page 15). UHCP-RI's Commercial HMO population continued to decline, as the Health Plan has been re-enrolling members into the Commercial PPO product line.

Provider Network Accessibility and GeoAccess

Both Health Plans received *Excellent* accreditation ratings on the *Access and Service* and *Qualified Providers* domains, and met or exceeded the Health Plan-established *GeoAccess* standards for all primary care and high-volume specialty types (refer to Figure 7 on page 17).

Rhode Island Medicaid's Performance Goal Program⁵

Rhode Island's Performance Goal Program (PGP) was established in 1998 to measure and reward performance in the areas of administration, access and clinical quality. Since then, the program has been steadily refined. In 2013, the Performance Goal Program (PGP) entered its fifteenth (15th) year. The PGP has been fully aligned with nationally recognized performance benchmarks through its performance categories, the majority of measures being HEDIS[®] and CAHPS[®] measures, and superior performance levels, which have been established as the basis for incentive awards. For the 2013 PGP, the assessment of performance on HEDIS[®] and CAHPS[®] 2013 is based upon comparisons to the *Quality Compass*[®] 2012 Medicaid benchmarks and percentiles.

For the 2011, 2012 and 2013 Reporting Years, the following performance categories were used to evaluate Health Plan performance:

- Member Services
- Medical Home/Preventive Care
- Women's Health
- Chronic Care
- Behavioral Health
- Resource Maximization
- Children with Special Health Care Needs (Added in 2010)

⁴ CAHPS[®] (Consumer Assessment of Healthcare Providers and Services) is a registered trademark of the federal Agency for Health Research and Quality (AHRQ).

⁵ The rates for NHPRI and UHCP-RI for all measures in the PGP include CSHCN, SC and RHP members, where eligible population criteria are met.

- Children in Substitute Care (Added in 2011)⁶
- Rhody Health Partners (Added in 2011)

Within each of these categories is a series of measures, including a variety of standard HEDIS[®] and CAHPS[®] measures, as well as State-specified measures, for areas of particular importance to the State and for which a national metric is not available (e.g., *New Member Welcome Call Attempts, Grievances and Appeals Processing, Initial Health Screens for Special Populations* and *Notify EOHHS of Third Party Liability (TPL)*). See Figure 9 on page 25 for the full results of the 2013 PGP.

Of the fifteen (15) state-specified measures, NHPRI met the *Contract* goal for nine (9) measures and UHCP-RI met the *Contract* goal for two (2) measures. It is important to note that because UHCP-RI does not serve the Children in Substitute Care population, the plan received an 'N/A' designation for three (3) measures specific to that population.

Among the HEDIS[®] and CAHPS[®] measures, UHCP-RI met or exceeded a *Quality Compass*[®] 2012 benchmark (90th, 75th or 50th percentiles) and qualified for a full or partial incentive award for twenty-six of forty-four (26 of 44) measures with fourteen (14) measures ranking in the 90th percentile, seven (7) in the 75th percentile and five (5) measures at the 50th percentile. NHPRI met or exceeded a *Quality Compass*[®] 2012 benchmark (90th, 75th or 50th percentiles) and qualified for a full or partial incentive award for thirty-three of forty-four (33 of 44) measures, with nineteen (19) measures ranking in the 90th percentile, thirteen (13) measures at the 75th percentile and one (1) in the 50th percentile. Nine (9) measures were ineligible for an incentive due to designation as a baseline measurement or inclusion in an aggregate measure.

Care Management for Special Enrollment Populations

In order to monitor access to and quality of care provided to special enrollment populations, specifically Children with Special Health Care Needs (CSHCN) and Rhody Health Partners (RHP) members, since 2010, EOHHS has required that the Health Plans annually submit HEDIS[®] data for *Core RIte Care Only* and for *All Populations*. The State analyzed the data to identify differences between the rates for the *Core RIte Care Only* group and those including *All Populations*. Performance was considered similar if both rates ranked in the same percentile band and dissimilar if the rates ranked in different percentile bands.

For the current reporting period, HEDIS[®] 2013, when performance was compared for *Core RIte Care Only* and *All Populations*, the results were as follows: for NHPRI, rates were similar for forty-one (41) measures and varied for three (3) measures; for UHCP-RI, rates were similar for thirty-eight (38) measures, dissimilar for four (4) measures and were not applicable for two (2) measures⁷ (refer to Figure 14 on page 36).

In addition, as part of the 2013 Performance Goal Program monitoring visit in May 2013, the State conducted a file review of special enrollment population case records. For each of the special populations enrolled in the Health Plans, PGP goals related to timely initial health screens upon enrollment, timely needs assessments and timely evaluation and update of active care management plans have been established (refer to Figure 15 on page 37).

⁶ The RIte Care for Children in Substitute Care (SC) population is served by NHPRI only.

⁷ Some measures were not reportable (NR) due to small eligible populations/denominators (< 30 members). Therefore, these rates could not be compared and, as such, were considered not applicable (N/A).

HEDIS[®] Performance Measures⁸

The assessment of performance on HEDIS[®] 2013 is based upon comparisons to the *Quality Compass*[®] 2013 Medicaid benchmarks and percentiles. Statewide rates are calculated by totaling numerators and denominators from each of the two (2) Health Plans.

In the HEDIS[®] Effectiveness of Care domain, which assesses preventive care and care for chronic conditions, performance was strong for *Cervical Cancer Screening, Childhood Immunizations: Combo 3, Follow-up After Hospitalization for Mental Illness (7 Days)* and *Follow-up After Hospitalization for Mental Illness (30 Days)*, with both Health Plans and the statewide rate achieving either the 75th or 90th percentile (refer to Figure 16 on page 39).

The Access to/Availability of Care domain evaluates the proportions of members who access PCPs, ambulatory services and preventive care, as well as timely prenatal and postpartum care. Both Health Plans and the statewide rate ranked at the 75th or 90th percentiles for the following measures: *Children's Access to Primary Care (12-24 Months, 25 Months-6 Years, 7-11 Years* and *12-19 Years)* and *Adults' Access to Preventive/ Ambulatory Health Services (20-44 Years, 45-64 Years* and *65+ Years)*. In addition, both Health Plans achieved the 75th or 90th percentile for the *Timeliness of Prenatal Care* measure (refer to Figure 17 on page 42).

Within the HEDIS[®] 2013 Use of Services measures, which assess members' utilization of Health Plan services, both Health Plans and the statewide rate achieved the 90th percentile for the measures *Well-Child Visits in the First 15 Months of Life: 6+ Visits* and *Adolescent Well-Care Visits*. The statewide rate also achieved the 75th percentile for the *Well-Child Visits in the 3rd*, 4th, 5th & 6th Years of Life and Frequency of Ongoing Prenatal Care measures (refer to Figure 18 on page 46).

Member Satisfaction: CAHPS[®] 5.0H

Overall performance on the 2013 Consumer Assessment of Healthcare Providers and Systems Medicaid Adult Survey (CAHPS[®] 5.0H) measures showed a generally high degree of member satisfaction statewide, with the statewide rate for all measures, except *Customer Service*, exceeding the 2013 Medicaid Mean. The statewide rate remained fairly stable over the three-year period for all measures, with the exception of *Rating of Specialist, Getting Needed Care* and *Rating of All Health Care* measures, which demonstrated an improvement in performance since 2012. NHPRI exceeded the *Quality Compass*[®] 2013 90th or 75th percentile for just two (2) measures, while UHCP-RI exceeded the 90th or 75th percentile for four (4) measures (refer to Figure 19 on page 48).

Conclusions and Recommendations

IPRO's external quality review concludes that the Rhode Island Medicaid managed care program and its participating Health Plans, NHPRI and UHCP-RI, have had an overall positive impact on the accessibility, timeliness and quality of services for Medicaid recipients. This is supported by the fact that both Health Plans ranked in the top ten (10) Medicaid Health Plans evaluated by the NCQA in 2013, with NHPRI ranking 4th and UHCP-RI ranking 8th. In addition, NHPRI continues to achieve an *Excellent* NCQA accreditation status.

Overall strengths for both Health Plans include: strong performance on access to care and provision of well care and preventive screening services for children and adolescents, excellent access to ambulatory and preventive care for adults, and generally high levels of member satisfaction.

Recommendations made in this report apply to both Health Plans, and as such, may be opportunities that EOHHS may wish to address. More specific data and recommendations are provided for both NHPRI and UHCP-

⁸ The rates for NHPRI and UHCP-RI for all HEDIS[®] measures include CSHCN, SC (NHPRI only) and RHP members, where eligible population criteria are met.

RI in the Health Plan-specific EQR Technical Reports. To improve the provision of care and services to members, overall recommendations are made in the following areas:

Quality of Care

- Board Certification
- Member Services
 - o ID Cards Sent within 10 Days
 - Member Handbook Sent within 10 Days
- Use of Imaging for Low Back Pain
- CAHPS[®] Rating of Personal Doctor
- CAHPS[®] How Well Doctors Communicate

Access to/Timeliness of Care

- Initial Health Screening for Special Populations
- Rate of ED Visits for Ambulatory Care Sensitive Conditions Decreased by 5 Percentage Points

THIS SPACE INTENTIONALLY LEFT BLANK

II. INTRODUCTION

The Centers for Medicare and Medicaid Services (CMS) require that State agencies contract with an External Quality Review Organization (EQRO) to conduct an annual external quality review (EQR) of the services provided by contracted Medicaid managed care organizations (MCOs). This EQR must include an analysis and evaluation of aggregated information on quality, timeliness and access to the health care services that an MCO furnishes to Medicaid recipients. Quality is defined in 42 CFR §438.320 as *"the degree to which an MCO or PIHP increases the likelihood of desired health outcomes of its enrollees through its structural and operational characteristics and through the provision of health services that are consistent with current professional knowledge."*

In order to comply with these requirements, the State of Rhode Island Executive Office of Health and Human Services (EOHHS) contracted with IPRO to assess and report the impact of its Medicaid managed care program and each of the participating Health Plans on the accessibility, timeliness and quality of services. In addition to Health Plan-specific EQR Technical Reports that present IPRO's independent evaluation of the services provided by each of the two Rhode Island Medicaid managed care Health Plans for the 2013 Reporting Year, EOHHS requested that IPRO prepare this aggregate report that evaluates, compares and contrasts both Health Plans' performance, as well as overall Statewide performance. For comparative purposes, results for 2011-2012 are also displayed when available and appropriate. The framework for IPRO's assessment is based on the guidelines and protocols established by CMS, as well as State requirements.

RIte Care, Rhode Island's Medicaid managed care program for children, families and pregnant women, began enrollment in August 1994 as a Section 1115 demonstration project with the following goals:

- To increase access to and improve the quality of care for Medicaid families
- To expand access to health coverage to all eligible pregnant women and all eligible uninsured children
- To control the rate of growth in the Medicaid budget for the eligible population

RIte Care operates as a component of the State's Global Consumer Choice Compact Waiver Section 1115(a) demonstration project, which is approved until December 31, 2013⁹.

As is typical for Section 1115 waivers, CMS defines "Special Terms and Conditions" (STCs) for the demonstration. The STCs addressing quality assurance and improvement are as follows:

"The State shall keep in place existing quality systems for the waivers/demonstrations/programs that currently exist and will remain intact under the Global 1115 (Rite Care, Rhody Health, Connect Care, Rite Smiles and PACE)."

Because Federal EQR requirements apply to Medicaid Managed Care, initially, this EQR had been focused on RIte Care. Since Reporting Year (RY) 2010, the managed care organization (MCO) system for adults with disabilities, Rhody Health Partners, was incorporated¹⁰. As members of the Health Plan, the RHP population is included in all measure calculations, where applicable. This marks the fourth reporting period for which RHP

⁹ In December 2013, the renewal request submitted by EOHHS was approved by CMS, resulting in an extension of the State's Global Consumer Choice Compact Waiver Section 1115(a) through December 31, 2018. The Special Terms and Conditions (STCs) of the renewed Waiver include Rhody Health Options, in addition to the care delivery systems included in the 2008 Waiver.

¹⁰ The option to enroll in a managed care organization was extended to adult Medicaid beneficiaries with disabilities in 2008. At that time, adults with disabilities without third-party coverage were given the option to enroll in an MCO with the provision that they could choose to return to Fee-For-Service (FFS) Medicaid ("opt out") at any time.

members met enrollment criteria for inclusion in HEDIS[®], CAHPS[®], the Performance Goal Program and Quality Improvement Projects.

Please see Appendix 1 for a description of the State's approach to quality and evaluation for RIte Care and Rhody Health Partners.

THIS SPACE INTENTIONALLY LEFT BLANK

III. METHODOLOGY

In order to assess the impact of the RIte Care and Rhody Health Partners Programs on access, timeliness and quality of services, IPRO reviewed pertinent information from a variety of sources including State managed care standards, *Medicaid Managed Care Services Contract* requirements, accreditation survey findings, member satisfaction surveys, performance measures and State monitoring reports.

The majority of measures reported herein are derived from HEDIS[®] or CAHPS[®]. For these measures, comparisons to national Medicaid benchmarks have been provided. The benchmarks utilized were the ones most currently available at the time of this writing. Unless otherwise noted, the benchmarks originate from the National Committee for Quality Assurance (NCQA) *Quality Compass*^{®11} 2013 for Medicaid and represent the performance of all Health Plans that reported HEDIS[®] and CAHPS[®] data to the NCQA for HEDIS[®] 2013 (Measurement Year (MY) 2012).

For comparative purposes, the results for 2011-2012 have also been displayed where available and appropriate. Unless otherwise noted, all statewide rates are true rates – calculated by combining numerators and denominators for both Health Plans. The exceptions are the State-specified Performance Goal Program (PGP) measures and CAHPS[®] rates, for which numerators or denominators were not uniformly available. Statewide rates for CAHPS[®] were calculated by averaging the individual ratings for both Health Plans. The methodology for calculating the PGP statewide rates differs by measure, and the relevant Figures have been annotated. It is important to note that this is the third EQR Aggregate Technical Report where statewide rates are calculated based on two (2) Health Plans' performance, rather than three (3), since BCBSRI opted not to seek a renewal of its Medicaid *Contract* in 2010.

For each key section, a description of the data, the methods used to monitor these requirements and key findings have been provided. The final section of the report provides summary conclusions, strengths and recommendations derived from this report, as well as each Health Plan's individual report. Additionally, the final section describes the communication of the findings by EOHHS to the Health Plans for follow-up, as well as a brief description of the Health Plans' progress related to the previous year's Annual External Quality Review Technical Report recommendations.

¹¹ Quality Compass[®] is a registered trademark of the National Committee for Quality Assurance (NCQA).

IV. CORPORATE PROFILES

Two (2) Health Plans comprised Rhode Island's Medicaid managed care program during 2013:

- <u>Neighborhood Health Plan of Rhode Island, Inc.</u> (NHPRI) is a local, not-for-profit HMO that served the Medicaid population only, including CSHCN, SC and RHP members.
- <u>UnitedHealthcare Community Plan Rhode Island</u> (UHCP-RI) is a not-for-profit HMO in Rhode Island, although it is part of a publicly traded company. It served Commercial, Medicare and Medicaid populations, including CSHCN and RHP members.

Figure 1 presents specific information for both Health Plans.

Plan	NHPRI	UHCP-RI
Type of Organization	HMO	НМО
Tax Status	Not-for-profit	Not-for-profit
Model Type	Network	Mixed
Year Operational	1994	1979
Year Operational (Medicaid)	1994	1994
Product Line(s)	Medicaid	Commercial, Medicare, Medicaid
Total Enrollment as of 12/31/12	91,219	80,026
Total Medicaid Enrollment as of 12/31/12	91,219	47,422
NCQA Medicaid Accreditation Status	Excellent	Commendable(Medicaid)
NCQA National Medicaid ranking	4 th	8 th

Figure 1. Corporate Profiles

V. ACCREDITATION SUMMARIES AND HEALTH PLAN RANKINGS

CMS' Final Rule 42 CFR §438.358, which defines mandatory activities related to the external quality review, requires a review to determine the Health Plan's compliance with structure and operations standards established by the State, to be conducted within the previous three-year reporting period. To guide the review process, CMS further established a protocol for monitoring the Health Plans, which states must use or demonstrate a comparative validation process. In order to comply with these requirements, EOHHS uses a validation process comparable to the CMS protocol that is described in detail in the State's October 2012 quality strategy, entitled *Rhode Island Strategy for Assessing and Improving the Quality of Managed Care Services under RIte Care*¹². EOHHS relies on the NCQA Accreditation standards, review process and findings, in addition to other sources of information, to assure Health Plan compliance with many of the structure and operations standards. The State also conducts an annual monitoring review to assess Health Plan processes and gather data for the State's Performance Goal Program metrics. In addition, EOHHS submitted a crosswalk to CMS, pertaining to NCQA's comparability to the regulatory requirements for compliance review, in accordance with 42 CFR 438.360(b)(4). This strategy was approved by CMS in April 2005 and again in April 2013.

NCQA Health Plan Accreditation

The NCQA began accrediting Health Plans in 1991 to meet the demand for objective, standardized, plan performance information. The NCQA's Health Plan Accreditation is considered the industry's gold standard for assuring and improving quality care and patient experience. It reflects a commitment to quality that yields tangible, bottom-line value. It also ensures essential consumer protections, including fair marketing, sound coverage decisions, access to care and timely appeals. NCQA accreditation is recognized or required by the majority of State Medicaid agencies and is utilized to ensure regulatory compliance in many states. The accreditation process is a rigorous, comprehensive and transparent evaluation process through which the quality of key systems and processes that define a Health Plan are assessed. Additionally, accreditation includes an evaluation of the actual results that the Health Plan achieves on key dimensions of care, service and efficiency. Specifically, the NCQA reviews the Health Plans' quality management and improvement, utilization management, provider credentialing and re-credentialing, members' rights and responsibilities, standards for member connections and HEDIS[®]/CAHPS[®] performance measures. The NCQA regularly revises and updates its standards to reflect clinical advances and evolving stakeholder needs and raises the bar, moves toward best practices and leads to continuous improvement¹³.

The survey process consists of on-site and off-site evaluations conducted by survey teams composed of physicians and managed care experts who interview Health Plan staff and review materials such as case records and meeting minutes. The findings of these evaluations are analyzed by a national oversight committee of physicians, and an accreditation level is assigned based on a Health Plan's compliance with the NCQA's standards and its HEDIS[®]/CAHPS[®] performance. Compliance with standards accounts for approximately 55% of the Health Plan's accreditation scores, while performance measurement accounts for the remainder.

¹² Rhode Island's initial quality strategy was approved by CMS in April 2005. An updated version was submitted in October 2012 and approved by CMS in April 2013. The most recent revision of the quality strategy, prepared in June 2014, is pending approval by CMS.

¹³ Beginning in 2011, the NCQA initiated a 5-year modification in the accreditation scoring methodology that raises the standards for NCQA Accreditation. Over 5 years (2011-2015), the NCQA will phase out the sampling variation scoring adjustment, which was previously added to any HEDIS[®] measures that were determined by sampling patient records. This change comes as a result of overall improvement and reliability of HEDIS[®] rates across all Health Plans. It is expected that this will modify the distribution of Health Plans among three levels (*Excellent, Commendable, Accredited*), with fewer plans achieving an *Excellent* rating.

Health Plans are scored along five dimensions using ratings of between one and four stars $(1 - lowest, 4 - highest)^{14}$:

- <u>Access and Service</u>: An evaluation of Health Plan members' access to needed care and good customer service: Are there enough primary care doctors and specialists to serve all Health Plan members? Do members report problems getting needed care? How well does the Health Plan follow-up on grievances?
- <u>Qualified Providers</u>: An evaluation of Health Plan efforts to ensure that each doctor is licensed and trained to practice medicine and Health Plan members are happy with their doctors: Does the Health Plan check whether physicians have had sanctions or lawsuits against them? How do members rate their personal doctors?
- <u>Staying Healthy</u>: An evaluation of Health Plan activities that help people maintain good health and avoid illness: Does the Health Plan give its doctors guidelines about how to provide appropriate preventive health services? Do members receive appropriate tests and screenings?
- <u>Getting Better</u>: An evaluation of Health Plan activities that help people recover from illness: How does the Health Plan evaluate new medical procedures, drugs and devices to ensure that patients have access to the most up-to-date care? Do doctors in the Health Plan advise patients to quit smoking?
- <u>Living with Illness</u>: An evaluation of Health Plan activities that help people manage chronic illness: Does the Health Plan have programs in place to help patients manage chronic conditions like asthma? Do diabetics, who are at risk for blindness, receive eye exams as needed?

Although the on-site accreditation occurs every three (3) years, ratings are recalculated annually by the NCQA based on the most recent Accreditation Survey findings and the latest HEDIS[®] and CAHPS[®] results. As such, 2011 accreditation ratings are based on the Accreditation Survey conducted in 2011 for NHPRI, and in 2012 for UHCP-RI, while the HEDIS[®]/CAHPS[®] 2013 results were used for both Health Plans.

The table below presents the most common overall NCQA accreditation outcomes, including the star ratings and definitions.

	Accreditation Survey Key:					
****	Excellent	Organizations with programs for service and clinical quality that meet or exceed rigorous requirements for consumer protection and quality improvement. HEDIS [®] results are in the highest range of national performance.				
***	meet rigorous requirements for consumer protection and quality improvement					
**	Accredited	Organizations with programs for service and clinical quality that meet basic requirements for consumer protection and quality improvement. Organizations awarded this status must take further action to achieve a higher accreditation status.				
*	Provisional	Organizations with programs for service and clinical quality that meet basic requirements for consumer protection and quality improvement. Organizations awarded this status must take significant action to achieve a higher accreditation status.				
(No stars)	Denied	Organizations whose programs for service and clinical quality did not meet NCQA requirements during the Accreditation Survey.				

¹⁴ www.ncqa.org

Figure 2 depicts the NCQA Accreditation findings for NHPRI and UHCP-RI in 2013.

		,				
Health Plan	Access and Service	Qualified Providers	Staying Healthy	Getting Better	Living with Illness	Accreditation Outcome
Medicaid						
NHPRI	****	****	****	***	***	Excellent
UHCP-RI	****	****	***	**	**	Commendable

Figure 2. 2013 NCQA Accreditation Survey Findings

NCQA Health Plan Rankings

Annually, the NCQA calculates rankings for Commercial, Medicare and Medicaid Health Plans, known as the *Health Plan Rankings*. In 2013, the NCQA evaluated 258 Medicaid Health Plans and ranked one-hundred thirty-one (131) of those based on clinical performance (HEDIS[®] results), member satisfaction (CAHPS[®] scores) and NCQA accreditation standards (quality, satisfaction, and systems and processes). To be eligible for ranking, Health Plans must authorize public release of their performance information and submit enough data for statistically valid analysis.

The NCQA's 2013-2014 *Health Insurance Plan Rankings* used the NCQA's established rankings methodology, which has been used and widely recognized since 2005¹⁵. The overall Health Plan score is comprised of satisfaction (Consumer Satisfaction) measures (25%), clinical (Prevention and Treatment) measures (60%) and NCQA Accreditation Standards scores (15%), defined below. These are then weighted and represented as a 0-100 score.

- <u>Consumer Satisfaction</u>: Composite of CAHPS[®] measures for consumer experience with getting care, as well as satisfaction with Health Plan physicians and with Health Plan services.
- <u>Prevention</u>: Composite of clinical HEDIS[®] measures for how often preventive services are provided (e.g., childhood and adolescent immunizations, women's reproductive health, cancer screenings), as well as measures of access to primary care and other preventive visits.
- <u>Treatment:</u> Composite of clinical HEDIS[®] measures for how well Health Plans care for people with conditions such as asthma, diabetes, heart disease, hypertension, osteoporosis, alcohol and drug dependence, and mental illness.

Since 2010, the NCQA has used a five-point numerical scale rating system, which compares the Health Plan's score to the national average. The scale and the definition for each level are provided below:

NCQA Health Plan Rankings Key:

- **5** The top 10 percent of plans which are also statistically different from the mean.
- **4** Plans in the top one-third that are not in the top 10 percent of Health Plans and are statistically different from the mean.
- **3** The middle one-third of plans, and plans that are not statistically different from the mean.
- **2** Plans in the bottom one-third that are not in the bottom 10 percent and are statistically different from the mean.
- **1** The bottom 10 percent of plans, which are also statistically different from the mean.

¹⁵ www.ncqa.org

The overall methodology is the same as was used for the 2013-2014 rankings, with the exception of minor changes to the list of HEDIS[®] and CAHPS[®] measures used for determination¹⁶. The Health Plan rankings are posted on the NCQA website and, since 2010, have been posted on the *Consumer Reports'* website and published in the November issue of *Consumer Reports* magazine.

NHPRI was ranked 4th nationally among Medicaid Health Plans ranked by the NCQA. NHPRI has consistently ranked among the top ten Medicaid Health Plans.

UHCP-RI was ranked 8th nationally among Medicaid Health Plans ranked by the NCQA. This is within the top ten (10) Medicaid Health Plans evaluated by the NCQA, and a substantial improvement from the 2012 ranking at 18th.

Figure 3 below presents the Health Plans' total scores and ranks along with the performance ratings across the three categories:

Figure 3. 2013 NCQA Ranking by Category

Health Plan	Consumer Satisfaction	Prevention	Treatment	2013 Score	National Rank
Medicaid					
NHPRI	4	5	5	85.7	4 th
UHCP-RI	4	5	4	85.2	8 th

THIS SPACE INTENTIONALLY LEFT BLANK

¹⁶ Measure changes to the 2013-2014 methodology for Medicaid Health Plans included: Treatment: added Use of Appropriate Medications for People with Asthma (Total), Medication Management for People with Asthma – Medication Compliance 75% (Total), HbA1c Control (<8%), Antidepressant Medication Management – Acute Phase, Antidepressant Medication Management – Continuation Phase, Pharmacotherapy Management of COPD Exacerbation – Systemic Corticosteroid and Pharmacotherapy Management of COPD Exacerbation.

VI. ENROLLMENT

Figures 4, 4a, 5 and 6 depict Health Plan enrollment as of December 31, 2012 according to data reported to the State.

Figure 4 presents Medicaid managed care enrollment for both Health Plans and the percentage total Medicaid managed care population enrolled in each. NHPRI's (a Medicaid-only Health Plan) membership comprised the majority (66%) of the total enrollment, with UHCP-RI's membership accounting for the remaining 34% of the population.

Health Plan	Medicaid Managed Care Enrollment	Percentage of Total Medicaid Managed Care Enrollment
NHPRI	91,219	66%
UHCP-RI	47,422	34%
Total	138,641	100%

Figure 4. Rhode Island Medicaid Managed Care Enrollment by Health Plan – December 31, 2012

Figure 4a provides additional detail, the enrollment by Medicaid eligibility category for NHPRI and UHCP-RI. For both Health Plans, the majority of members are Core RIte Care enrollees at 85% and 81%, respectively.

	NHPRI ²		UHCP-RI		Total		
Medicaid Managed Care Eligibility Group ¹	N	%	N	%	Ν	%	
Core RIte Care	77,778	85%	38,515	81%	116,293	84%	
RIte Care for CSHCN ³	5,192	6%	1,522	3%	6,714	5%	
RIte Care for Children in Substitute Care	2,024	2%	N/A ⁴	N/A ⁴	2,024	1%	
Rhody Health Partners	6,225	7%	7,385	16%	13,610	10%	
Total Medicaid Enrollment	91,219	100% ⁵	47,422	100% ⁵	138,641	100% ⁵	

Figure 4a. Health Plan Medicaid Enrollment by Category – December 31, 2012

¹ Refer to Appendix 1 for a description of how each of the eligibility groups is comprised.

² In addition to the populations shown here, NHPRI began enrolling a new population in November 2013, Rhody Health Options (RHO), which serves those individual who are dual-eligible for Medicaid and Medicare. This marked the first phase of Rhode Island's Integrated Care Initiative, which integrates the provision of primary care, acute care, behavioral health care, and long-term care services and supports through care management strategies focused on the person's needs. Further information regarding NHPRI's RHO population, including enrollment data and performance measures, will be made available in the Contract Year 2014 reporting cycle.

³ Children with Special Health Care Needs (CSHCN) were enrolled in RIte Care on a voluntary basis, effective 01/29/2003, because only one Health Plan was willing to enroll this population. As of 10/01/2008, managed care enrollment became mandatory for all RIte Care-eligible CSHCN who do not have another primary health insurance coverage. Both of the State's current Medicaid-participating Health Plans serve CSHCN.

⁴ UHCP-RI does not serve the RIte Care for Children in Substitute Care (SC) population.

⁵ Total may not equal 100% due to rounding.

Figure 5 presents the Health Plans' enrollment by product line, including the proportion of total Health Plan membership. As noted previously, NHPRI serves only Medicaid populations. As of December 31, 2012, the majority of UHCP-RI's membership was enrolled in the Medicaid product-line (59%), followed by Medicare (38%) and Commercial (3%). This information is represented graphically in Figure 6.

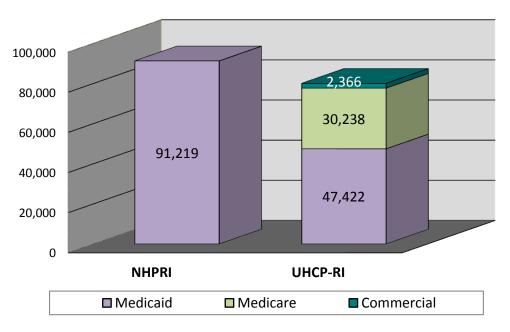
rigure 5. nearth Fian Enrollment by Froduct Line – December 51, 2012							
	NHPRI		UHCP-RI				
Product Line	N	%	N	%			
Medicaid	91,219	100%	47,422	59%			
Medicare	N/A ¹	N/A ¹	30,238	38%			
Commercial	N/A ¹	N/A ¹	2,366	3%			
Total Health Plan Enrollment	91,219	100%	80,026	100%			

Figure 5. Health Plan Enrollment by Product Line – December 31, 2012

¹ NHPRI did not serve Medicare or Commercial members.

Figure 6 graphically illustrates the data presented in Figure 5.





VII. PROVIDER NETWORK AND GEOACCESS

Health Plans must ensure that a sufficient number of primary and specialty care providers are available to members to allow a reasonable choice among providers. This is required by Federal Medicaid regulations, State licensure requirements, NCQA Accreditation Standards and the State *Medicaid Managed Care Services Contract*.

Both Health Plans monitor their provider networks for availability and network capability using the GeoAccess software program. This program assigns geographic coordinates to addresses so that the distance between provider locations and members' homes can be assessed. It can then be determined whether members have adequate access to care within a reasonable distance from their homes.

It is important to note that the *Medicaid Managed Care Services Contract* has never had "reasonable distance" standards. Regarding the provider network, Section 2.08.01 of the State's September 2010 *Medicaid Managed Care Services Contract* states:

"Contractor will establish and maintain a geographic network designed to accomplish the following goals: (1) offer an appropriate range of services, including access to preventive services, primary care services and specialty care services for the anticipated number of enrollees in the services area; (2) maintain providers in sufficient number, mix and geographic area and (3) make available all services in a timely manner."

For primary care, Section 2.08.02.06 of the *Contract* states:

"Contractor agrees to assign no more than fifteen hundred (1,500) Members to any single PCP in its network. For PCP teams and PCP sites, Contractor agrees to assign no more than one thousand (1,000) Members per single primary care provider within the team or site, e.g., a PCP team with three (3) providers may be assigned up to 3,000 Members."

With respect to access, the *Contract* has always contained service accessibility standards (e.g., days-to-appointment for non-emergency services) including a "travel time" standard in Section 2.09.02 of the State's September 2010 *Contract*, which stated as follows:

"Contractor agrees to make available to every Member a PCP whose office is located within or adjacent to the Member's local primary care area. Primary Care Areas for Rhode Island are available from the Department of Health, Division of Health Statistics. Members may, at their discretion, select PCPs located farther from their homes."

Consequently, the standards against which reasonable distances are assessed are developed by each Health Plan, based upon Health Plan-specific criteria. For NHPRI, the standard was two (2) clinicians within ten (10) miles for both PCP and OB/GYN providers. NHPRI's standard for high-volume specialists was one (1) within fifteen (15) miles. UHCP-RI's GeoAccess survey differed from NHPRI's in that its results were stratified based on whether members lived in urban, suburban or rural areas. In 2011, UHCP-RI revised its GeoAccess standards so that they were consistent across the three (3) geographic areas and, in 2013, began evaluating access by only one (1) standard. For primary care practitioners, pediatricians and OB/GYNs, the UHCP-RI standard for urban, suburban and rural members was two (2) providers within fifteen (15) miles. For high-volume specialists, the standard for urban, suburban and rural members was a *single* provider within thirty (30) miles.

Figure 7 shows the percentage of members for whom the Health Plans' respective geographic access standards were met for three (3) provider types: PCPs, OB/GYNs and high-volume specialists. The results of these surveys revealed that the Health Plan-specified standards were met or exceeded for both Health Plans for all provider

types displayed; NHPRI met/exceeded its goal of 97% for all provider types, and UHCP-RI met/exceeded its standard of 100% for all provider types. Additional access indicators are described in each of the Health Plan specific Technical Reports.

Figure 7. GeoAccess Provider Network Accessibility – 2013

Provider Type	Access Standard ¹	Percentage of Members for Whom Access Standard was Met				
	NHPRI (as of 1/2013)					
Primary Care Practitioners	2 within 10 miles	100%				
OB/GYNs	2 within 10 miles	98%				
High-volume Specialists ²	volume Specialists ² 1 within 15 miles					
	UHCP-RI (as of 2/2013)					
Primary Care Practitioners	2 within 15 miles (urban)	100%				
	2 within 15 miles (suburban)	100%				
	2 within 15 miles (rural)	100%				
OB/GYNs	2 within 15 miles (urban)	100%				
	2 within 15 miles (suburban)	100%				
	2 within 15 miles (rural)	100%				
High-volume Specialists ³	1 within 30 miles (urban)	100%				
	1 within 30 miles (suburban)	100%				
	1 within 30 miles (rural)	100%				

The Access Standard is measured by distance in miles to member. Both Health Plans established their respective GeoAccess standards, and all standards are compliant with the State *Medicaid Managed Care Services Contract* requirements.

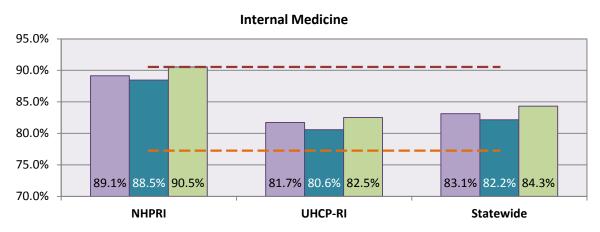
² High-volume specialists for NHPRI are defined as Allergists, Dermatologists, Ophthalmologists, Optometrists, Orthopedists, Otolaryngologists and Urgent Care.

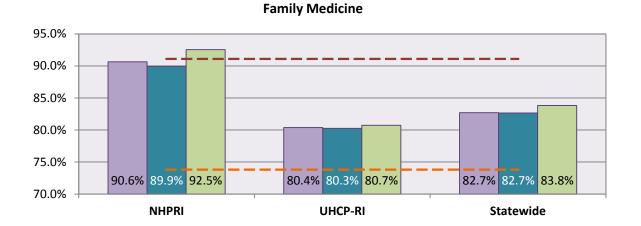
³ High-volume specialists for UHCP-RI are defined as OB/GYNs, Cardiologists, Dermatologists, ENTs, Gastroenterologists, General Surgeons, Ophthalmologists, Orthopedists, Rheumatologists and any others that generate more than 5% of total claims.

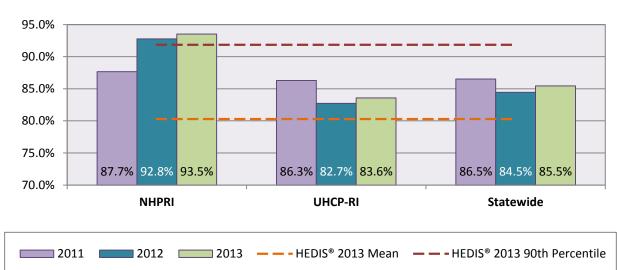
HEDIS[®] *Board Certification* rates illustrate the percentage of physicians in the provider network that are board certified. Figure 8 presents the results and ranking for both Health Plans for years 2011 through 2013.

Of the six (6) practitioner types displayed (*Pediatricians, Internal Medicine, Family Medicine, OB/GYNs, Geriatricians* and *Other Physician Specialists*), the statewide rate and both Health Plans' rates met or exceeded the Medicaid Mean for all provider types. In addition, although most statewide rates remained relatively stable over the reporting years shown below, the rate for one provider type, OB/GYNs, demonstrated improvement in 2013 by achieving the *Quality Compass*[®] 2013 90th Percentile benchmark. Conversely, the statewide *Board Certification* rate for Geriatricians declined from 2011 to 2013 by ten (10) percentage points.



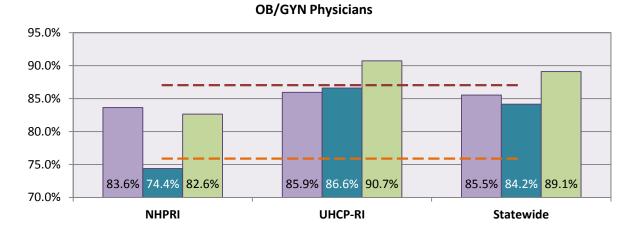


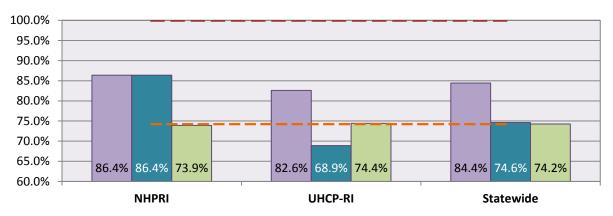




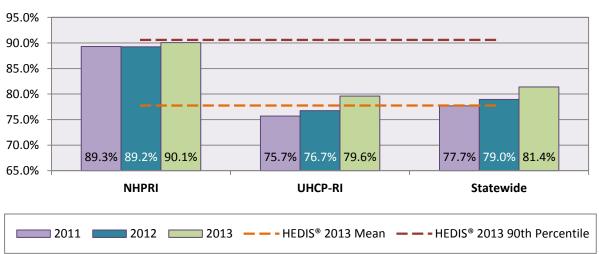
Pediatricians







Geriatricians



Other Physician Specialists

VIII. RHODE ISLAND MEDICAID'S PERFORMANCE GOAL PROGRAM¹⁷

In order to measure the quality of care provided by each of the Health Plans, the State prepares and reviews a number of reports on a variety of quality indicators – both national metrics (HEDIS[®] and CAHPS[®]) and State-specified measures.

Rhode Island Medicaid Managed Care Performance Goal Program Background

In 1998 the State initiated the Performance Goal Program, an incentive program that established benchmark standards for quality and access performance measures. Rhode Island was the second state in the nation to implement a value-based purchasing initiative for its Medicaid program. In 2013, the Performance Goal Program entered its fifteenth (15th) year.

The 2005 Reporting Year marked a particularly important transition for the Performance Goal Program, wherein the program was redesigned to be more fully aligned with nationally recognized performance benchmarks through the use of new performance categories and standardized HEDIS[®] and CAHPS[®] measures. In addition, superior performance levels were clearly established as the basis for incentive awards. Since the 2005 Reporting Year, six (6) of the following nine (9) performance categories have been used to evaluate Health Plan performance:

- Member Services
- Medical Home/Preventive Care
- Women's Health
- Chronic Care
- Behavioral Health
- Resource Maximization
- Children With Special Health Care Needs (added in 2010)
- Children in Substitute Care¹⁸ (added in 2011)
- Rhody Health Partners (added in 2011)

Within these categories is a series of measures, including a variety of standard HEDIS[®] and CAHPS[®] measures, as well as State-specified measures for areas of particular importance to the State that do not have national metrics for comparison. Many of the measures are calculated through the Health Plan's HEDIS[®] and CAHPS[®] data submissions. Other measures are derived from data collected during the annual on-site Health Plan monitoring visits conducted by EOHHS, and others are calculated by EOHHS using encounter data submitted by the Health Plan to EOHHS. For the reference period of Calendar Year 2012, the evaluation was conducted by EOHHS in May 2013.

Prior to 2005, the State specified performance goal standards in its contracts with Health Plans, and Health Plans received awards based on meeting or exceeding the specified targets. From 2005 to 2010, Rhode Island's Medicaid-participating Health Plans were benchmarked against the *Contract* standards, as well as national Medicaid HEDIS[®] percentiles. Health Plans that met or exceeded the 90th percentile received a full award for those measures, and Health Plans that met or exceeded the 75th percentile received a partial award for those measures.

¹⁷ The rates for all PGP measures for NHPRI and UHCP-RI include all Medicaid members where eligible population criteria are met.

¹⁸ UHCP-RI does not serve the Children in Substitute Care population.

RI EQR Technical Report 2013 - Aggregate

As of 2011, only *Quality Compass*[®] benchmarks are used to assess performance for all HEDIS[®] and CAHPS[®] measures, as directed in *Attachment M* of the State's 2009/2010 *Medicaid Managed Care Services Contract*. PGP 2011 was the first year that several measure benchmarks were set at the 75th percentile (full award) and the 50th percentile (partial award). The following measures were included: HEDIS[®] *Adult BMI Assessment*, HEDIS[®] *Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents* and HEDIS[®] *Antidepressant Medication Management*. State-selected targets continued to be used for the State-specified measures, as no national benchmark data exists. In addition, modifications made to the Performance Goal Program in 2011 included a change in the allocation of full incentive award percentages. Available percentage points were reduced for the Member Services domain and increased for the Behavioral Health domain.

Changes in Methodology for the 2013 Performance Goal Program

The 2013 Performance Goal Program underwent few changes from the 2012 PGP.

For 2013 PGP, the following measure was introduced: HEDIS[®] Members with Persistent Asthma Used Appropriate Meds (Total). This measure is an aggregate of the Members with Persistent Asthma Used Appropriate Meds age group stratified measures. Prior to the 2013 PGP, each age-stratified measures was eligible for the incentive award; however, only the total rate was used in calculation of the 2013 incentive. Although the age-stratified HEDIS[®] Members with Persistent Asthma Used Appropriate Meds in calculation of the 2013 incentive.

As in the past, any measure rate rotated by the Health Plans was not eligible for incentive awards.

THIS SPACE INTENTIONALLY LEFT BLANK

2013 Rhode Island Medicaid Managed Care Performance Goal Program Results

This report evaluates both Health Plans' results for the 2013 Performance Goal Program compared to HEDIS[®] percentiles derived from the NCQA's *Quality Compass*[®] 2012 for Medicaid. As such, these percentiles may differ from the *Quality Compass*[®] 2013 benchmark data displayed elsewhere in this report.

The **Member Services** domain is comprised of four (4) State-specified measures regarding Health Plan processes related to new members and appeals and grievances, *ID Cards Sent within 10 Days of Notification of Enrollment, Member Handbook Sent within 10 Days of Notification of Enrollment, Two Welcome Call Attempts within the First 30 Days of Enrollment* and Grievances and Appeals Resolved within Federal (BBA) Timeframes. NHPRI met the State-selected goal for two of the four (2 of the 4) measures, *Two Welcome Call Attempts within the First 30 Days of Enrollment* and Grievances and Appeals Resolved within Federal (BBA) Timeframes, demonstrating an improvement from the 2012 PGP. UHCP-RI did not meet the *Contract* goal for any of the four (4) measures. This represents a decline in performance for UHCP-RI, as the Health Plan met the *Contract* goal for one of the four (1 of the 4) measures during the previous reporting period. An important consideration is that the specification for the measure related to New Member Welcome Calls was revised from *Welcome Calls Completed within 30 Days of Enrollment* to *Two Welcome Call Attempts within the First 30 Days of Enrollment* and the goal increased from 65% to 98%.

Overall, the Health Plans performed well and demonstrated improvement in the **Medical Home/Preventive Care** domain, with rates exceeding the *Quality Compass*[®] 2012 90th or 75th percentiles for many measures. Both Health Plans achieved the *Quality Compass*[®] 2012 90th or 75th percentile goal for each of the following HEDIS[®]/CAHPS[®] measures: CAHPS[®] *Members Were Satisfied with Access to Urgent Care,* CAHPS[®] *Medical Assistance with Smoking/Tobacco Use Cessation, Adults' Access to Preventive/Ambulatory Care (20-44 years and 45-64 years), Children's Access to PCPs (12-24 Months, 25 Months-6 Years, 7-11 Years, 12-19 Years), Well-Child Visits in the First 15 Months of Life, Well-Child Visits in the Third, Fourth, Fifth and Sixth Years of Life, Adolescent Well-Care Visits, Adolescent Immunization Status, Childhood Immunization Status: Combo 3 and Combo 10, Lead Screening in Children, Pregnant Members Received Timely Prenatal Care and Frequency of Ongoing Prenatal Care (81% +).*

Both Health Plans exceeded the 50th or 75th percentile goal for all three (3) Weight Assessment & Counseling for Children and Adolescents (3-17 Years) measures: Weight Assessment and Counseling – Nutrition, Weight Assessment and Counseling – BMI Percentile and Weight Assessment and Counseling – Physical Activity. This demonstrated improvement for both NHPRI and UHCP-RI.

Only UHCP-RI achieved a rate that met a *Quality Compass*[®] 2012 75th percentile goal for the following HEDIS[®] measure: *Timely Postpartum Care*. In addition, neither Health Plan met the Quality Compass[®] benchmark goal for the HEDIS[®] *Use of Imaging for Low Back Pain* measure.

In regard to the State-specified measure *Five (5) Percentage Point Reduction In the Rate of Emergency Department (ED) Visits for Ambulatory Care Sensitive Conditions (ACSCs)*¹⁹, the Rhode Island State Medicaid Program demonstrates an opportunity for improvement as neither Health Plan achieved the State-selected goals any of the four (4) applicable populations (Core RIte Care, CSHCN, SC and RHP)²⁰. This represented a decline from the 2012 PGP when each Health Plan, NHPRI and UHCP-RI, met the State-selected goal for two (2) of the applicable populations.

¹⁹ The State's *Medicaid Managed Care Services Contract* (09/01/2010) requires that all Health Plans establish and maintain a *Communities of Care* program to decrease non-emergent and avoidable ED utilization and costs through service coordination, defined member responsibilities and associated incentives and rewards.

²⁰ UHCP-RI does not serve the Children in Substitute Care population.

In the Medical Home/Preventive Care domain, five (5) measures were reported as baseline measurements: *Monitoring of Persistent Medications – ACE/ARBs, Digoxin, Diuretics, Anticonvulsants* and *Total*.

In the **Women's Health** domain, performance varied between the two (2) Health Plans. For the three measures included, *Cervical Cancer Screening, Chlamydia Screening (16-20 Years)* and *Chlamydia Screening (21-24 Years)*, NHPRI maintained or improved its performance in the 2012 PGP by exceeding at least the *Quality Compass*[®] 2012 75th percentile goal for all measures. Conversely, UHCP-RI demonstrated an opportunity for improvement in this domain, as the Health Plan's rates for all three Women's Health measures failed to meet the 2012 Quality Compass[®] goal.

Of the five (5) applicable measures in the **Chronic Care** domain, only NHPRI met or exceeded the *Quality Compass*[®] 2012 75th percentile for the following HEDIS[®] measures: *Members with Persistent Asthma are Prescribed Appropriate Medications (Total), Members with Diabetes had HbA1c Testing* and *Controlling High Blood Pressure (<140/90)*. Both Health Plans exceeded the established goals for the *Pharmacotherapy for Management of COPD Exacerbation – Systemic Corticosteroid* and *Pharmacotherapy for Management of COPD Exacerbation – Systemic Corticosteroid* and *Pharmacotherapy for Management of COPD Exacerbation – Systemic Corticosteroid* and *Pharmacotherapy for Management of COPD Exacerbation – Bronchodilator* measures. The remaining four (4) measures in this domain, *Members with Persistent Asthma are Prescribed Appropriate Medications (5-11 Years, 12-18 Years, 19-50 Years and 51-64 Years)*, were recorded but were not eligible for an incentive award.

The 2012 PGP included an expansion of the **Behavioral Health** domain, adding a fourth (4th) HEDIS[®] measure, *Members 6 Years of Age and Older Get Follow-Up by 7 Days Post-Discharge*. For the 2013 PGP, NHPRI performed well, achieving an incentive for all four (4) measures. NHPRI exceeded the *Quality Compass*[®] 2012 90th percentile for *Members 6 Years of Age and Older Get Follow-Up by 7 Days Post Discharge, Members 6 Years of Age and Older Get Follow-Up by 7 Days Post Discharge, Members 6 Years of Age and Older Get Follow-Up by 7 Days Post Discharge, Members 6 Years of Age and Older Get Follow-Up by 30 Days Post Discharge* and *Follow-up Care for Children Prescribed Medication for ADHD: Initiation Phase.* Both NHPRI and UHCP-RI achieved the 50th percentile benchmark for the *Antidepressant Medication Management: Effective Acute Phase.* In addition, UHCP-RI met the 75th percentile benchmark for *Follow-up Care for Children Prescribed Medication for ADHD: Initiation Phase*; however, failed to meet the *Quality Compass*[®] goal for the *Members 6 Years of Age and Older Get Follow-Up by 7 Days Post-Discharge* and 30 Days Post-Discharge measures.

Both Health Plans continue to meet the sole measure in the **Cost Management** domain (formerly Resource Maximization), *Notify the State of TPL (Third Party Liability) within Five (5) Days of Identification.*

Overall, NHPRI demonstrated better performance for the 2013 PGP than UHCP-RI. The Health Plan met a total of forty-two (42) of the fifty (50) applicable PGP measures²¹, nine (9) of fifteen (15) State-specified measures (including six (6) of nine (9) measures related to the Special Enrollment Populations) and thirty-three (33) of thirty-five (35) HEDIS[®]/CAHPS[®] measures.

Comparatively, UHCP-RI's PGP evaluation was comprised of a total of forty-seven (47) PGP measures, as three (3) of fifteen (15) State-specified measures were designated 'N/A' due to UHCP-RI's lack of Children in Substitute Care (SC) population. This resulted in a total of forty-seven (47) total PGP measures, including twelve (12) State-specified measures. UHCPRI met a total of twenty-eight (28) of the forty-seven (47) applicable PGP measures, including two (2) of twelve (12) applicable State-specified measures and twenty-six (26) of thirty-five (35) HEDIS[®]/CAHPS[®] PGP measures.

²¹ For NHPRI, there were three (3) additional performance measures related to the special enrollment populations, as the Health Plan served SC enrollees, in addition to CSHCN and RHP enrollees. This resulted in NHPRI having at total of fifty (50) applicable PGP measures.

Counts for both Health Plans excluded PGP measures designated as baseline and those that were not eligible for an incentive award.

Figure 9 displays the Performance Goal Program scores for each of the Health Plans. It is important to note that a total of five (5) HEDIS[®]/CAHPS[®] PGP measures were baseline measurements and/or had no respective benchmark. In addition, four (4) measures related to *Members with Persistent Asthma Received Appropriate Medication* were noted as 'N/A' as these measures were not used for calculation of the incentive award.

Graphs of select measures follow Figure 9. Figures 10, 11, 12 and 13 graphically depict Health Plan and statewide performance on measures not displayed elsewhere in this report, including CAHPS[®], HEDIS[®] and State-specified measures in the Medical Home/Preventive Care (Figure 10), Chronic Care (Figure 11), Behavioral Health (Figure 12) and Cost Management (Figure 13) domains.

Certain measures are not graphed due to insufficient data points (e.g., new PGP measures) or because the 2013 PGP measures were based on HEDIS[®] or CAHPS[®] measures exhibited elsewhere in this report. In addition, the measure, *Members with Persistent Asthma Received Appropriate Medication (Total)*, was introduced for PGP 2013; therefore, there are insufficient data points to display the rates for this measure in Figure 10. The 2013 results for this measure are provided in Figure 9.

THIS SPACE INTENTIONALLY LEFT BLANK

Figure 9. Performance Goal Program Rates – 2013^{1, 2, 3}

	N	IHPRI	UHCP-RI	
RI Medicaid Managed Care 2012 Performance Measures	2013	<i>Quality</i> <i>Compass</i> [®] 2012 90 th /75 th /50 th Percentile Met ³	2013	<i>Quality</i> <i>Compass</i> [®] 2012 90 th /75 th /50 th Percentile Met ³
Member Services				
ID Cards Sent within 10 Days of Notification of Enrollment ⁴	NM		NM	
Member Handbook Sent within 10 Days of Notification of Enrollment ⁴	NM		NM	
Two Welcome Call Attempts within the First 30 Days of Enrollment ⁴	M/E		NM	
Grievances and Appeals Resolved within Federal (BBA) Timeframes ⁴	M/E		NM	
Medical Home/Preventive Care				
CAHPS [®] Members Were Satisfied with Access to Urgent Care	86.9%	90 th	86.0%	75 th
Reduce ED Visits for ACSCs by 5 Percentage Points – Core RC Members ^{4,5}	NM		NM	
Reduce ED Visits for ACSCs by 5 Percentage Points – RC for CSHCN ^{4,5}	NM		NM	
Reduce ED Visits for ACSCs by 5 Percentage Points – RC for SC ^{4,5,6}	NM		N/A	
Reduce ED Visits for ACSCs by 5 Percentage Points – RHP ^{4,5}	NM		NM	
CAHPS [®] Medical Assistance with Smoking /Tobacco Use Cessation ⁷	81.0%	75 th	84.4%	90 th
HEDIS [®] Adults Had Ambulatory/Preventive Care Visit (20-44 Years)	88.9%	90 th	88.6%	90 th
HEDIS [®] Adults Had Ambulatory/Preventive Care Visit (45-64 Years)	91.3%	90 th	92.9%	90 th
HEDIS [®] Infants Had Well-Child Visits in First 15 Months of Life (6+ Visits)	81.2%	90 th	83.1%	90 th
HEDIS [®] Children Had Well-Child Visits in 3 rd , 4 th , 5 th & 6 th Years of Life	83.1%	90 th	81.2%	75 th
HEDIS [®] Children Received Immunizations by 2 nd Birthday – Combination 3	80.3%	75 th	83.0%	90 th
HEDIS [®] Children Received Immunizations by 2 nd Birthday – Combination 10 ⁸	55.2%	90 th	56.2%	90 th
HEDIS [®] Adolescents Received Immunizations by 13 th Birthday	84.6%	90 th	84.0%	90 th
HEDIS [®] Children Received Periodic PCP Visits (12-24 Months)	98.4%	90 th	98.6%	90 th
HEDIS [®] Children Received Periodic PCP Visits (25 Months-6 Years)	94.4%	90 th	95.3%	90 th
HEDIS [®] Children Received Periodic PCP Visits (7-11 Years)	96.7%	90 th	97.2%	90 th
HEDIS [®] Children Received Periodic PCP Visits (12-19 Years)	95.0%	90 th	96.5%	90 th
HEDIS [®] Lead Screening in Children	86.0%	75 th	83.9%	75 th

M/E = Met or Exceeded *Contract* goal

NM = Did not meet *Contract* goal

BM = Baseline measurement

N/A = Not applicable for measurement

RI Medicaid Managed Care 2012 Performance Measures	NHPRI		UHCP-RI	
	2013 Rate	Quality Compass [®] 2012 90 th /75 th /50 th Percentile Met ³	2013 Rate	<i>Quality</i> <i>Compass</i> [®] 2012 90 th /75 th /50 th Percentile Met ³
Medical Home/Preventive Care (continued)				
HEDIS [®] Pregnant Members Received Timely Prenatal Care	94.4%	90 th	91.8%	75 th
HEDIS [®] Postpartum Members Received Timely Postpartum Care	69.9%	NM	72.0%	75 th
HEDIS [®] Adolescent Well-Care Visits	66.7%	90 th	66.5%	90 th
HEDIS [®] Frequency of Ongoing Prenatal Care (<u>></u> 81% of Expected Visits)	80.1%	75 th	73.2%	75 th
HEDIS [®] Adult BMI Assessment (15-74 Years) ⁹	76.1%	75 th	67.2%	50 th
HEDIS [®] Weight Assessment /Counseling (3-17 Years) – BMI Percentile ⁹	68.6%	75 th	54.0%	50 th
HEDIS [®] Weight Assessment /Counseling (3-17 Years) – Nutrition ⁹	71.3%	75 th	65.9%	50 th
HEDIS [®] Weight Assessment /Counseling (3-17 Years) – Physical Activity ⁹	56.5%	75 th	55.7%	50 th
HEDIS [®] Monitoring of Persistent Medications – ACE/ARB ¹⁰	84.7%	BM	85.6%	BM
HEDIS [®] Monitoring of Persistent Medications – Digoxin ¹⁰	84.2%	BM	80.0%	BM
HEDIS [®] Monitoring of Persistent Medications – Diuretics ¹⁰	84.2%	BM	84.8%	BM
HEDIS [®] Monitoring of Persistent Medications – Anticonvulsants ¹⁰	69.5%	BM	73.6%	BM
HEDIS [®] Monitoring of Persistent Medications – TOTAL ¹⁰	82.9%	BM	83.7%	BM
HEDIS [®] Use of Imaging for Low Back Pain ¹¹	72.0%	NM	66.9%	NM
Women's Health				
HEDIS [®] Women Received Cervical Cancer Screening (21-64 Years)	81.9%	90 th	72.0%	NM
HEDIS [®] Women Received Chlamydia Screening (16-20 Years)	64.2%	75 th	59.2%	NM
HEDIS [®] Women Received Chlamydia Screening (21-24 Years)	70.9%	75 th	65.1%	NM
Chronic Care				
HEDIS [®] Members with Persistent Asthma Used Appropriate Meds (5-11 Years) ^{11,12}	92.9%	N/A	92.9%	N/A
HEDIS [®] Members with Persistent Asthma Used Appropriate Meds (12-18 Years) ^{11,12}	92.0%	N/A	83.1%	N/A
HEDIS [®] Members with Persistent Asthma Used Appropriate Meds (19-50 Years) ^{11,12}	82.8%	N/A	75.4%	N/A
HEDIS [®] Members with Persistent Asthma Used Appropriate Meds (51-64 Years) ^{11,12}	81.0%	N/A	68.6%	N/A
HEDIS [®] Members with Persistent Asthma Used Appropriate Meds (Total) ^{12,13}	89.3%	75 th	81.3%	NM
HEDIS [®] Members with Diabetes Had HbA1c Testing (18-75 Years)	88.8%	75 th	83.7%	NM

Figure 9. Performance Goal Program Rates – 2013^{1, 2, 3} (continued)

M/E = Met or Exceeded *Contract* goal

NM = Did not meet *Contract* goal

BM = Baseline measurement

N/A = Not applicable for measurement

RI EQR Technical Report 2013 - Aggregate Page 26 of 81

Rhode Island Medicaid Managed Care 2012 Performance Measures	NHPRI		UHCP-RI	
	2013 Rate	Quality Compass [®] 2012 90 th /75 th /50 th Percentile Met ³	2013 Rate	<i>Quality</i> <i>Compass</i> [®] 2012 90 th /75 th /50 th Percentile Met ³
Chronic Care (continued)				
HEDIS [®] Controlling High Blood Pressure (< 140/90) (18-85 Years)	64.5%	75 th	61.1%	NM
HEDIS [®] Pharmacotherapy for Management of COPD Exacerbation – Bronchodilators	88.7%	90 th	91.6%	90 th
HEDIS [®] Pharmacotherapy for Management of COPD Exacerbation – Systemic Corticosteroids ¹¹	83.2%	90 th	77.3%	90 th
Behavioral Health				
HEDIS [®] Members 6 Years of Age and Older Get Follow-up by <i>30 Days</i> Post-Discharge	85.0%	90 th	77.0%	NM
HEDIS [®] Members 6 Years of Age and Older Get follow-up by <i>7 Days</i> Post-Discharge	71.6%	90 th	55.8%	NM
HEDIS [®] Antidepressant Medication Management: Effective Acute Phase ⁹	51.2%	50 th	52.0%	50 th
HEDIS [®] Follow-up Care for Children Prescribed Medication for ADHD: Initiation Phase	59.1%	90 th	48.5%	75 th
Cost Management				
Notify the State of TPL (third party liability) within 5 Days of Identification ⁴	M/E		M/E	
Children With Special Health Care Needs (CSHCN)				
Initial Health Screen Completed within 45 Days ^{4,14}	M/E		NM	
Active Care Management Plans Evaluated and Updated as Needed, But No Less Than				
Every 6 Months ^{4, 14}	M/E		N/A	
Children in Substitute Care (Foster) ⁶				
Initial Health Screen Completed within 45 Days ^{4,14}	M/E		N/A	
Active Care Management Plans Evaluated and Updated as Needed, But No Less Than				
Every 6 Months ^{4,14}	M/E		N/A	
Rhody Health Plan Partners (RHP)				
Initial Health Screen Completed within 45 Days ^{4,14}	M/E		NM	
Active Care Management Plans Evaluated and Updated as Needed, But No Less Than				
Every 6 Months ^{4,14}	M/E		M/E	

Figure 9. Performance Goal Program Rates – 2013^{1, 2, 3} (continued)

M/E = Met or Exceeded *Contract* goal

NM = Did not meet *Contract* goal

BM = Baseline measurement

N/A = Not applicable for measurement

- ¹ Performance Goal Program data are based on the previous Contract Year (i.e., 2013 rates are based on Contract Year 2012). Rates may differ slightly from other data published in this report, as this figure reflects preliminary HEDIS[®] and CAHPS[®] rates, while rates in all other figures reflect final data submitted to the NCQA. In addition, it is important to note that, where applicable and eligible population criteria are met, all Medicaid members (Core, CSHCN, SC and RHP) are included in the rates, including State-specified measures, unless noted otherwise.
- ² For State-specified measures, national benchmarks were not available. Incentive awards were determined using State-selected benchmarks. These are defined in the September 2010 *Medicaid Managed Care Services Contract, Attachment M*.
- ³ For HEDIS[®]- and CAHPS[®]-based measures, incentive awards were based, where applicable and available, on national Medicaid *Quality Compass*[®] 2012 90th, 75th and 50th percentile benchmarks (unless otherwise noted).
- ⁴ State-specified measure.
- ⁵ Reduction in Emergency Department (ED) Visits for Ambulatory Care-Sensitive Conditions (ACSCs) was reported by product line for the first time for the 2011 PGP. Previously, an aggregate rate was reported across Health Plan membership. The measure goal was a 5 percentage point reduction, year over year, in the rate calculated by the State for each of the applicable populations.
- ⁶ Children in Substitute Care (Foster) are served only by NHPRI.
- ⁷ Due to changes in HEDIS[®] methodology, the CAHPS[®] measure, *Medical Assistance with Smoking/Tobacco Use Cessation*, was not included in the Performance Goal Program for 2010 or 2011. This measure was re-introduced in 2012.
- ⁸ The 2013 PGP was the first year that Health Plans' findings for the following measures were eligible for incentive awards, as benchmarks were included for the first time in *Quality Compass*[®] 2012 for Medicaid: *Childhood Immunization: Combination 10.*
- ⁹ The benchmarks for incentive awards were the 75th percentile (full award) and the 50th percentile (partial award) for the following measures: Adult BMI Assessment, Weight Assessment and Counseling (3-17 Years) for BMI Percentile, Nutrition and Physical Activity and Antidepressant Medication Management: Effective Acute Phase.
- ¹⁰ Benchmarks were available in *Quality Compass*[®] 2012 for *Monitoring of Persistent Medications ACE/ARB, Diuretics, Digoxin, Anticonvulsants* and *Total;* however, the rates continue to serve as a baseline for PGP 2013.
- ¹¹ Rates for the following measures are presented for PGP 2013; however, they were not eligible for an incentive award: HEDIS[®] Members with Persistent Asthma Used Appropriate Meds (5-11 years), HEDIS[®] Members with Persistent Asthma Used Appropriate Meds (12-18 years), HEDIS[®] Members with Persistent Asthma Used Appropriate Meds (19-50 years) and HEDIS[®] Members with Persistent Asthma Used Appropriate Meds (51-64 years).
- ¹² Prior to PGP 2012, the HEDIS[®] Members with Persistent Asthma Used Appropriate Meds reported a single rate for the age group 12-50 years old. For the 2012 PGP, this age group was split, with rates reported separately for ages 5-11 years, 12-18 years, 19-50 years and 51-64 years. For PGP 2013, all age groups were reported, in addition to an aggregate measure, HEDIS[®] Members with Persistent Asthma Used Appropriate Meds (Total); however, the incentive award calculation was based solely on the total rate.
- ¹³ The following was a first-year measure for the 2013 PGP: HEDIS[®] *Members with Persistent Asthma Used Appropriate Meds (Total).* This rate was not considered a baseline measurement as this measure is an aggregate of previously reported PGP measures and *Quality Compass*[®] 2012 benchmarks were available.
- ¹⁴ The following State-specified measures were eligible for incentive awards: *Initial Health Screens within 45 Days of Enrollment* and *Active Care Management Plans are Evaluated and Updated, as Needed, No Less than Every 6 Months* for the CSHCN, Children in Substitute Care (NHPRI only) and RHP special enrollment populations. The 2013 PGP monitoring visits marked the third year in which new member engagement and care management files were reviewed for the RHP and RIte Care for Children in Substitute Care (NHPRI only) special enrollment populations.

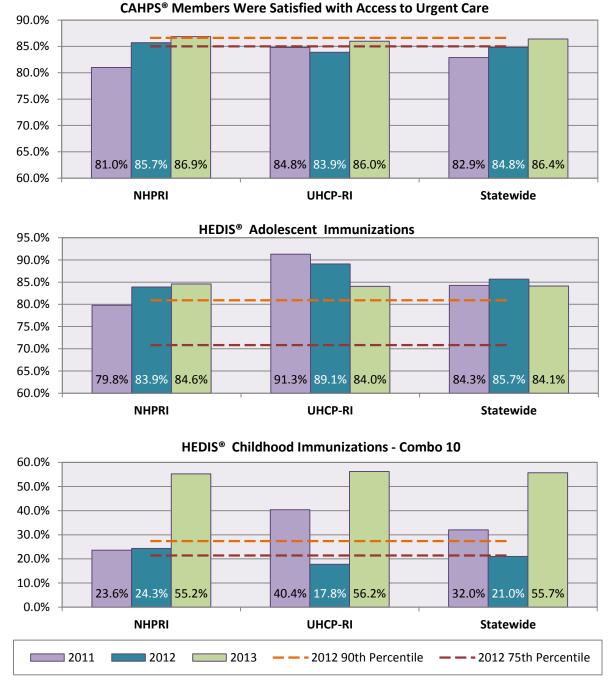


Figure 10. Performance Goal Program Results 2011-2013 – Medical Home/Preventive Care^{1, 2}

¹ Statewide rates for the CAHPS[®] measures were determined by calculating an unweighted average of the two (2) Health Plans' rates since the size of the survey populations were similar and numerators and denominators were not available.

² The statewide rates for the remaining measures, including *Reduce ED Visits for ACSCs by 5 Percentage Points,* were calculated following HEDIS[®] methodology, totaling numerators and denominators for the two (2) Health Plans.

³ Benchmarks for Adult BMI Assessment and Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents were at the 75th percentile (full award) and 50th percentile (partial award).

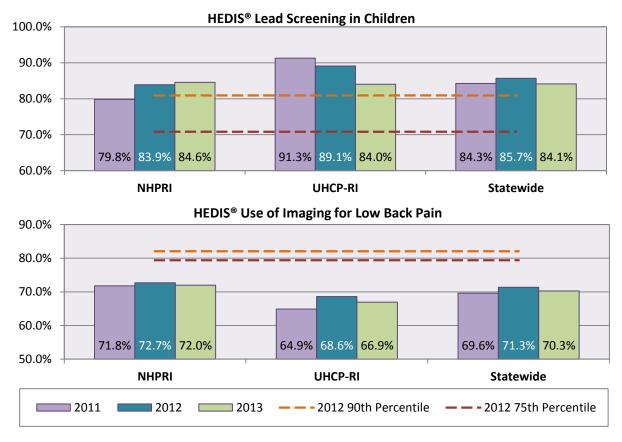
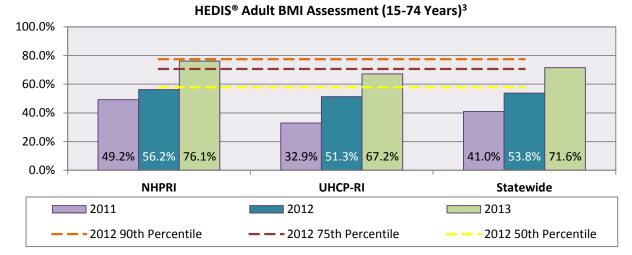


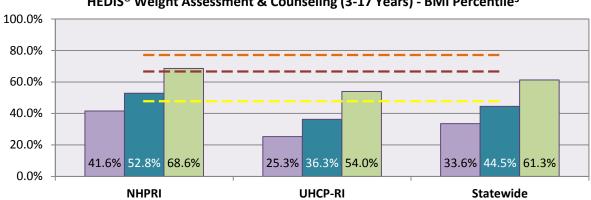
Figure 10. Performance Goal Program Results 2011-2013 – Medical Home/Preventive Care^{1, 2} (continued)

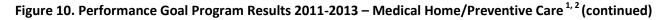


¹ Statewide rates for the CAHPS[®] measures were determined by calculating an unweighted average of the two (2) Health Plans' rates since the size of the survey populations were similar and numerators and denominators were not available.

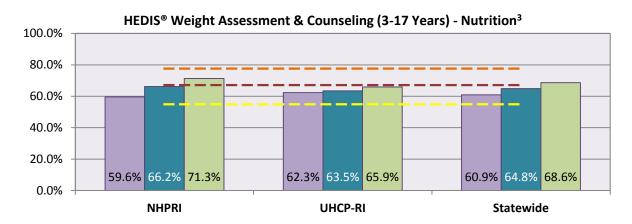
² The statewide rates for the remaining measures, including *Reduce ED Visits for ACSCs by 5 Percentage Points*, were calculated following HEDIS[®] methodology, totaling numerators and denominators for the two (2) Health Plans.

³ Benchmarks for Adult BMI Assessment and Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents were at the 75th percentile (full award) and 50th percentile (partial award).

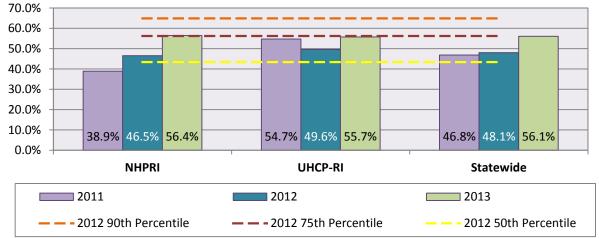




HEDIS® Weight Assessment & Counseling (3-17 Years) - BMI Percentile³



HEDIS® Weight Assessment & Counseling (3-17 Years) - Physical Activity³

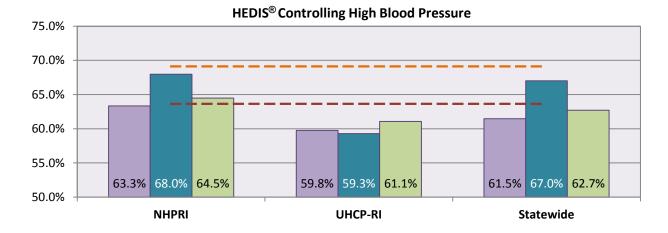


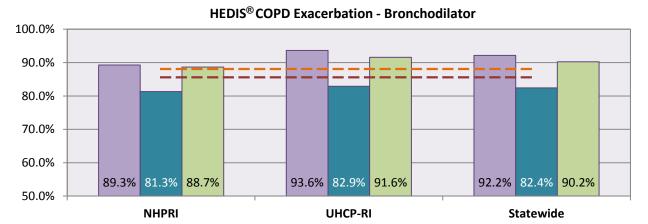
1 Statewide rates for the CAHPS[®] measures were determined by calculating an unweighted average of the two (2) Health Plans' rates since the size of the survey populations were similar and numerators and denominators were not available.

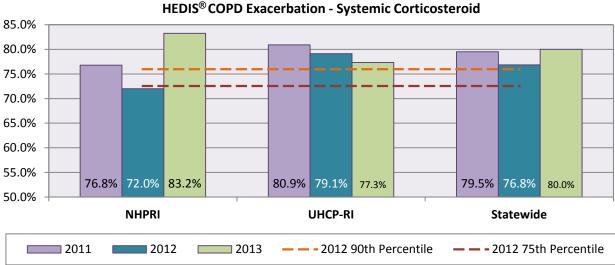
2 The statewide rates for the remaining measures, including Reduce ED Visits for ACSCs by 5 Percentage Points, were calculated following HEDIS[®] methodology, totaling numerators and denominators for the two (2) Health Plans.

3 Benchmarks for Adult BMI Assessment and Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents were at the 75th percentile (full award) and 50th percentile (partial award).









1 Members with Persistent Asthma Used Appropriate Medications (Total) not shown as 2013 was the first year of the PGP which included this measure.

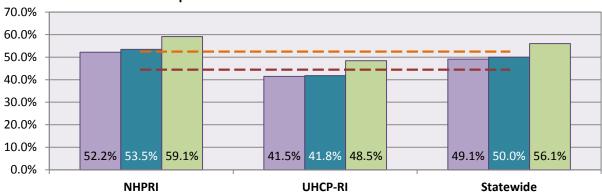
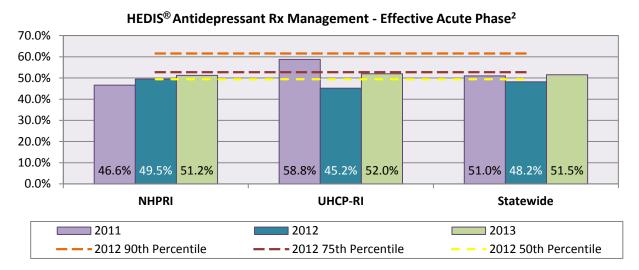


Figure 12: Performance Goal Program Results 2011-2013 – Behavioral Health^{1, 2}



HEDIS® Follow-up Care for Children Prescribed ADHD Medication - Initiation

For these bar charts, statewide rates were calculated by totaling numerators and denominators for the two Health Plans.
 Penchmarks for Antidepresent Medication Management: Effective Acute Phase were at the 75th percentile (full)

Benchmarks for Antidepressant Medication Management: Effective Acute Phase were at the 75th percentile (full award) and 50th percentile (partial award).

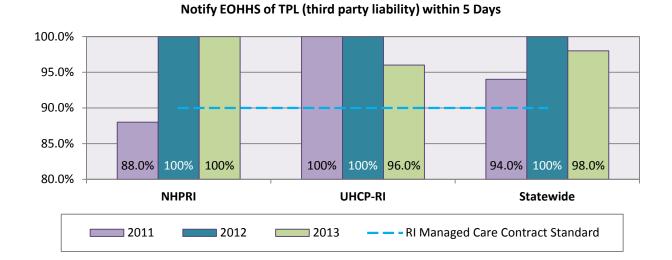


Figure 13. Performance Goal Program Results 2011-2013 – Cost Management

THIS SPACE INTENTIONALLY LEFT BLANK

RI EQR Technical Report 2013 – Aggregate Page 34 of 81

Monitoring Care and Service Provided to Special Enrollment Populations

HEDIS® Performance for Core RIte Care versus All Populations

The *Quality Compass*[®] 2012 for Medicaid percentile rankings were used to make comparisons between the HEDIS[®] and CAHPS[®] measure rates for *Core RIte Care Only* members and the rates for *All Populations* (Core RIte Care, RIte Care for CSHCN, RIte Care for SC (NHPRI only) and RHP members). Performance was considered similar if the rates ranked within the same percentile band and dissimilar if the rates ranked in different percentile bands.

A comparison of NHPRI's rates for the two (2) groups for HEDIS[®] 2013 demonstrated that performance was similar for forty-one (41) measures and dissimilar for three (3) measures, based on the *Quality Compass*[®] 2012 for Medicaid percentile rankings. Of the three (3) measures with dissimilar rates, the rates ranked higher comparatively for *All Populations* (i.e., with the special enrollment population members included) for two (2) measures and lower for one (1) measure.

For the current reporting period, HEDIS[®] 2013, UHCP-RI's performance was similar for thirty-eight (38) measures, dissimilar for four (4) measures and was not applicable for two (2) measures, based on the *Quality Compass*[®] 2012 for Medicaid percentile rankings. All four (4) measures with dissimilar ranking demonstrated lower rates for *All Populations* (i.e., with the special enrollment population members included) as compared to *Core RIte Care Only*.

These findings are displayed in the table on the following page.

THIS SPACE INTENTIONALLY LEFT BLANK

Figure 14. Comparison of HEDIS [®] 2013 Performance for Core RIte Care Only vers HEDIS [®] Measure Name	NHPRI	UHCP-RI
Adults Access to Preventive/Ambulatory Care (Ages 20-44 Years)	S	S
Adults Access to Preventive/Ambulatory Care (Ages 45-64 Years)		S
Children's and Adolescents' Access to PCPs (Ages 12-24 Months)	S	S
Children's and Adolescents' Access to PCPs (Ages 25 Months-6 Years)	S	S
Children's and Adolescents' Access to PCPs (Ages 7-11 Years)	S	S
Children's and Adolescents' Access to PCPs (Ages 12-19 Years)	S	S
Well-Child Visits in the First 15 Months of Life – 6+ Visits	S	S
Well-Child Visits in the Third, Fourth, Fifth and Sixth Years of Life	S	S
Adolescent Well-Care Visits	S	S
Childhood Immunization: Combo 3	S	S
Childhood Immunization: Combo 10	S	S
Lead Screening in Children	S	S
Immunizations for Adolescents	S	S
Prenatal and Postpartum Care – Timeliness of Prenatal Care	S	S
Prenatal and Postpartum Care – Postpartum Care Visit within 21 – 56 Days	S	S
Frequency of Ongoing Prenatal Care > 81+ Percent Expected Visits	S	S
Cervical Cancer Screening in Women (Ages 21-64 Years)	S	
Chlamydia Screening in Women (Ages 16-20 Years)	S	S
Chlamydia Screening in Women (Ages 21-24 Years)	S	S
Adult BMI Assessment	S	S
Weight Assessment and Counseling for Children/Adolescents – BMI Percentile	S	S
Weight Assessment and Counseling for Children/Adolescents – Physical Activity	S	S
Weight Assessment and Counseling for Children/Adolescents – Nutrition	S	S
Annual Monitoring for Patients on Persistent Medications – Digoxin	S	S
Annual Monitoring for Patients on Persistent Medications – Diuretics	S	S
Annual Monitoring for Patients on Persistent Medications – ACE/ARBs	S	S
Annual Monitoring for Patients on Persistent Medications – Anticonvulsants	S	S
Annual Monitoring for Patients on Persistent Medications – TOTAL	S	S
Use of Appropriate Medications for People with Asthma (Ages 5-11 Years)	S	S
Use of Appropriate Medications for People with Asthma (Ages 12-18 Years)	S	S
Use of Appropriate Medications for People with Asthma (Ages 19-50 Years)	S	S
Use of Appropriate Medications for People with Asthma (Ages 51-64 Years)	▼	•
Use of Appropriate Medications for People with Asthma (Total)	S	S
Comprehensive Diabetes Care – HbA1c Testing	S	S
Pharmacotherapy Management of COPD Exacerbation – Bronchodilators	S	S
Pharmacotherapy Management of COPD Exacerbation – Systemic Corticosteroids	S	S
Controlling High Blood Pressure < 140/90	S	S
Antidepressant Medication Management – Effective Acute Phase Treatment	S	S
Follow-Up Care for Children Prescribed ADHD Medication – Initiation Phase	S	S
Follow-Up Care for Hospitalization for Mental Illness – 30 Days	S	•
Follow-Up Care for Hospitalization for Mental Illness – 7 Days	S	•
Use of Imaging Studies for Low Back Pain ¹	S	S
CAHPS [®] Urgent Care – Get care as soon as you thought you needed it?	S	N/A
CAHPS [®] Medical Assistance with Smoking /Tobacco Use Cessation		N/A

1 A lower rate is better for this measure

S Similar (ranking within the same percentile band)

Rate for All Populations (includes special enrollment populations) ranks in a higher percentile band

Rate for All Populations (includes special enrollment populations) ranks in a lower percentile band ▼

N/A Not applicable due to population < 30 members or a rate is not available

Initial Health Screens and Care Management for Special Enrollment Populations

Beginning with the 2011 PGP, two measures, *Initial Health Screens within 45 Days of Enrollment* and *Active Care Management Plans were Evaluated and Updated As Needed, but No Less than Every 6 Months,* were examined for each of the three (3) member populations: CSHCN, SC (NHPRI only) and RHP. The State monitoring review was comprised of an assessment of policies and procedures, documentation tools and processes, tracking and follow-up, as well as a case review for a random sample of newly enrolled members of all three (3) populations. NHPRI met the State-selected goal of 95% compliance for conduct of timely initial health screens, for all applicable populations; however, UHCP-RI failed to meet the goal for both the CSHCN and RHP populations. Regarding care management plan updates, NHPRI achieved 100% compliance for all of its member populations (CSHCN, SC and RHP), while UHCP-RI met or exceeded the goal for the RHP population. The *Level II Needs Review* and *Timely Care Plan Updates* measures were not applicable for UHCP-RI's CSHCN population either because no members in the random case file samples were in need of case management or the members' care plans were not due for update during the review period.

Special Enrollment Population Cohort	Initial Health Screen	Level I Needs Review	Level II Needs Review	Timely Care Plan Update
Neighborhood Health Plan of Rhode Island (NHPRI)				
Children with Special Health Care Needs (CSHCN)	M/E	M/E	M/E	M/E
Children in Substitute Care (SC)	M/E	M/E	M/E	M/E
Rhody Health Partners (RHP)	M/E	NM	M/E	M/E
UnitedHealthcare Community Plan – Rhode Island (UHCP-RI)				
Children with Special Health Care Needs (CSHCN)	NM	M/E	N/A ¹	N/A ²
Rhody Health Partners (RHP)	NM	M/E	M/E	M/E

Figure 15. Care Management for Special Populations Case Review Results – 2013

NM = Not Met

M/E = Met/Exceeded

N/A = Not Applicable

¹ The 'N/A' designation for the *Level II Needs Review* measure for the CSHCN population indicates that none of the members in the case review sample required a Level II Review.

² The 'N/A' designation for the *Active Care Management Plans are Evaluated and Updated as Needed, but No Less Than Every 6 Months* measure for the CSHCN population indicates that none of the members in the case review sample required care management services, or the members' care plan did not require an update within the review period.

IX. HEDIS® PERFORMANCE MEASURES

Since NCQA Accreditation is required for participation in Rhode Island's Medicaid managed care program and HEDIS[®] performance is an accreditation domain, both of the Health Plans report HEDIS[®] annually to the NCQA and the State. The two (2) Health Plans' HEDIS[®] measure calculations were audited by NCQA-certified audit firms, in conformity with the HEDIS[®] 2013 *Compliance Audit: Standards, Policies and Procedures*. Both Health Plans were found compliant with all HEDIS[®] IS (Information Systems) and HD (HEDIS[®] Measure Determination) standards. Both Health Plans passed the medical record review validation. As a result, all measures detailed in this report were deemed "Reportable".

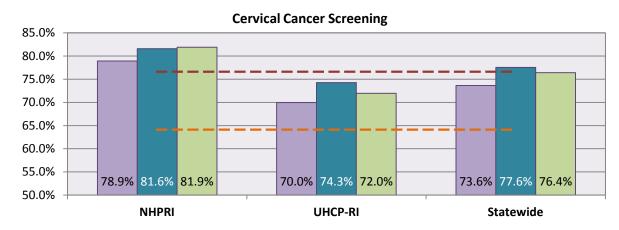
Graphs depicting Health Plan and statewide rates for HEDIS[®] Effectiveness of Care and Access and Availability measures for Reporting Years 2011 through 2013 and comparative national benchmarks are displayed on the following pages. Additionally, utilization of services was examined via selected HEDIS[®] Use of Services rates, while Health Plans' provider networks were evaluated by examining the *Board Certification* measure rates. The benchmarks utilized are those reported in the NCQA's *Quality Compass[®]* 2013 for Medicaid. Statewide rates were calculated by totaling numerator and denominator counts for both Health Plans.

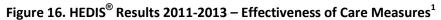
HEDIS[®] Effectiveness of Care Measures

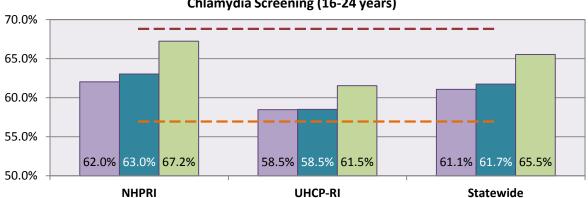
HEDIS[®] **Effectiveness of Care** measures evaluate how well a Health Plan provides preventive screenings and care for members with acute and chronic illnesses. Figure 16 displays selected Effectiveness of Care measure rates for HEDIS[®] 2011 through 2013, for each Health Plan and the statewide rate, compared to Quality *Compass*[®] 2013 national Medicaid benchmarks. For HEDIS[®] 2012, the upper age limit for the *Use of Appropriate Asthma Medications* measure was increased to 64 years of age. In previous years, the upper age limit was 50 years of age. Therefore, trending was not possible from HEDIS[®] 2011 to HEDIS[®] 2012/HEDIS[®] 2013 and, as such, the measure is not displayed in Figure 16.

Overall performance on the HEDIS[®] 2013 Effectiveness of Care measures was strong. Both Health Plans met or exceeded the *Quality Compass*[®] 2013 Medicaid Mean for all six (6) measures shown in Figure 16, (*Use of Appropriate Asthma Medications* excluded). Both Health Plans met either the 75th or 90th percentile for the following measures: *Cervical Cancer Screening, Childhood Immunizations (Combo 3), Follow-up After Hospitalization for Mental Illness (30 Days)* and *Follow-up After Hospitalization for Mental Illness (7 Days)*.

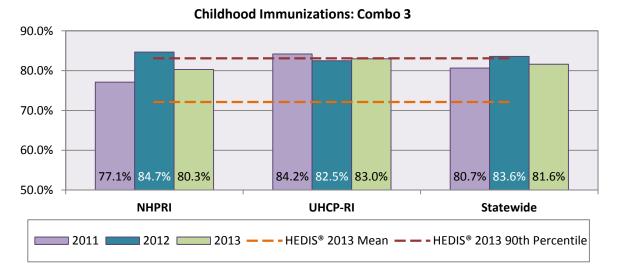
The statewide rates met or exceeded the *Quality Compass*[®] 2013 Medicaid Mean for all six (6) measures shown. All statewide rates remained relatively stable or improved from HEDIS[®] 2012 to HEDIS[®] 2013, with one (1) rate (*Chlamydia Screening*) demonstrating an increase of nearly four (4) percentage points.



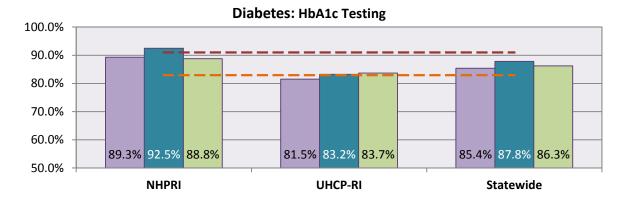




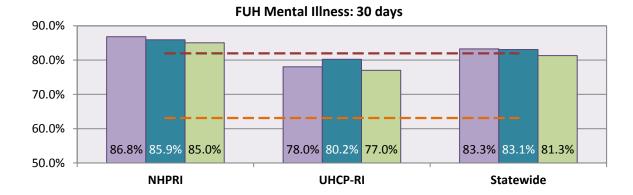
Chlamydia Screening (16-24 years)



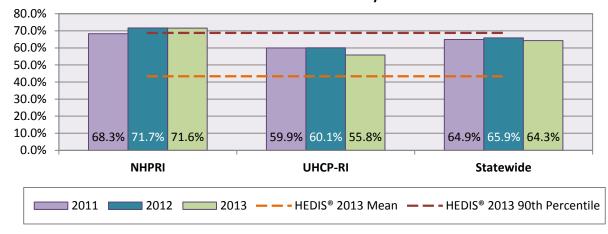
1 For these bar charts, statewide rates were calculated by totaling numerators and denominators for the two Health Plans.







FUH Mental Illness: 7 days



¹ For these bar charts, statewide rates were calculated by totaling numerators and denominators for the two Health Plans.

HEDIS® Access to/Availability of Care Measures

The HEDIS[®] Access to/Availability of Care measures examine the percentages of Medicaid children/adolescents, child-bearing women and adults who receive PCP/preventive care services, ambulatory care (adults only) or receive timely prenatal and postpartum services. *Children's Access to Primary Care* measures the percentage of children aged twelve (12) months through six (6) years who had one (1) or more visits with a Health Plan primary care practitioner during the Measurement Year and the percentage of children aged seven through nineteen (7 through 19) years who had one (1) or more visits with a Health Plan primary care practitioner during the Measurement Year or the year prior. *Adults' Access to Preventive/Ambulatory Health Services* measures adults aged twenty (20) years and older who had one (1) or more ambulatory or preventive care visits during the Measurement Year. *Prenatal and Postpartum Care* measures the percentage of women who received a prenatal care visit in the first trimester or within forty-two (42) days of enrollment in the Health Plan and the percentage of women who had a postpartum visit on or between twenty-one and fifty-six (21 and 56) days after delivery.

Figure 17 presents the Access to/Availability of Care Measure rates for the two (2) Health Plans and the statewide rate for HEDIS[®] 2011 through HEDIS[®] 2013 as compared to national Medicaid benchmarks.

Both Health Plans and the statewide rates ranked at or above the Medicaid Mean rate for all nine (9) of the HEDIS[®] 2013 Access to/Availability of Care measures displayed in Figure 17. Statewide rates exceeded the *Quality Compass*[®] 2013 90th percentile for the following five (5) measures: *Children's Access to Primary Care* measures (25 Months-6 Years; 7-11 Years; 12-19 Years) and *Adults' Access to Preventive/Ambulatory Health Services* (20-44 Years and 45-64 Years). While all rates for the *Children's Access to Primary Care* measure remained relatively stable for both Health Plans and the statewide rate, the rates for *Adults' Access to Preventive/Ambulatory Health Services* (65+ Years) and *Access to/Timeliness of Prenatal and Postpartum Care* improved over the time period 2011-2013. The *Prenatal and Postpartum* care measures demonstrated improvement for the UHCP-RI and statewide rates; however, these rates declined for NHPRI from 2012 to 2013.

THIS SPACE INTENTIONALLY LEFT BLANK

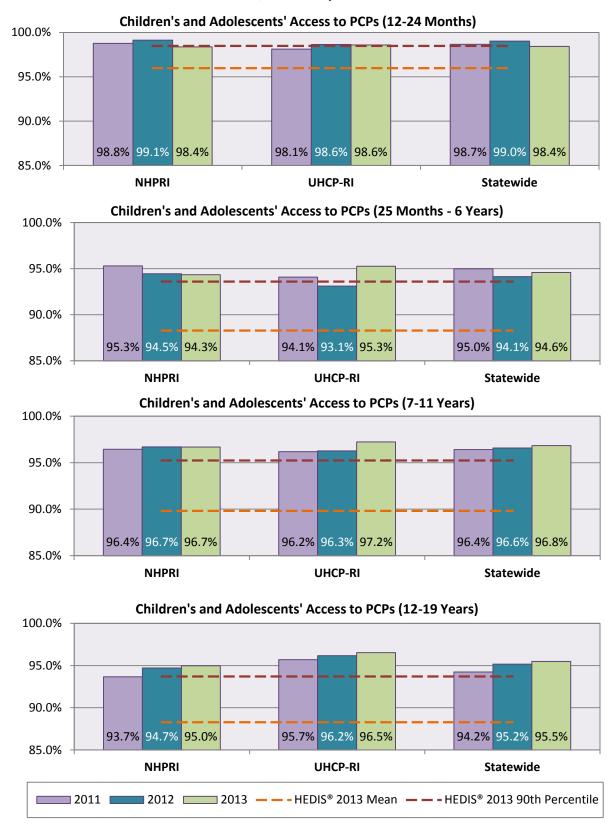
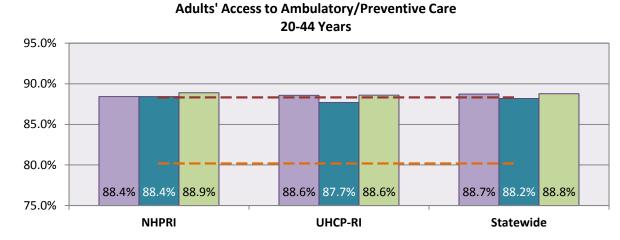
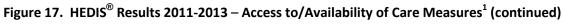


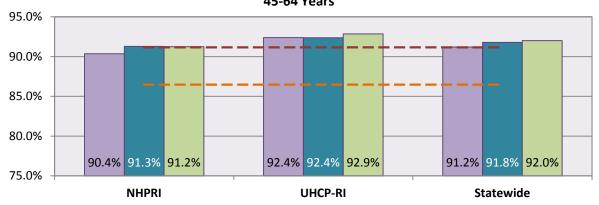
Figure 17. HEDIS[®] Results 2011-2013 – Access to/Availability of Care Measures¹

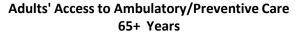
¹ For these bar charts, statewide rates were calculated by totaling numerators and denominators for the two Health Plans.

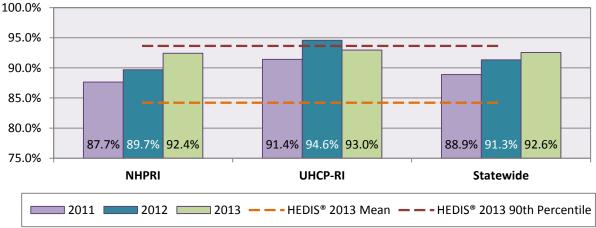




Adults' Access to Ambulatory/Preventive Care 45-64 Years







For these bar charts, statewide rates were calculated by totaling numerators and denominators for the two Health Plans.

1

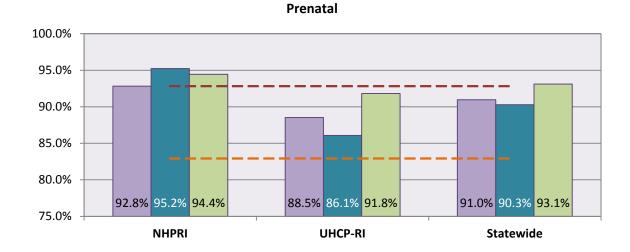
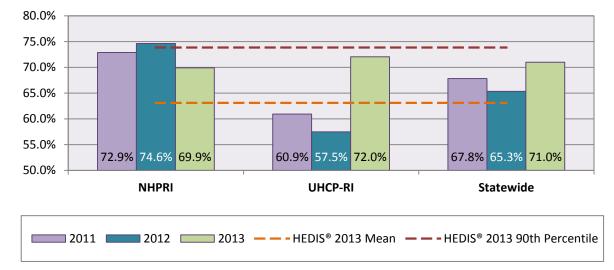


Figure 17. HEDIS[®] Results 2011-2013 – Access to/Availability of Care Measures¹ (continued)

Postpartum



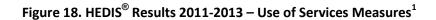
¹ For these bar charts, statewide rates were calculated by totaling numerators and denominators for the two Health Plans.

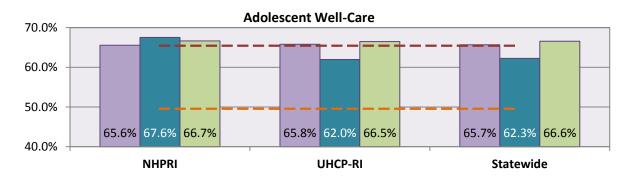
HEDIS[®] Use of Services Measures

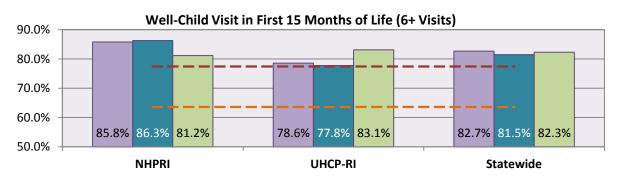
The HEDIS[®] **Use of Services** measures evaluate member utilization of Health Plan services. For this domain of measures, performance is assessed by comparison to *Quality Compass*[®] 2013 national Medicaid benchmarks. Figure 18 displays selected measure rates for HEDIS[®] 2011 through 2013, as well as comparisons to the national Medicaid Means and the *Quality Compass*[®] 2013 90th percentiles for Medicaid.

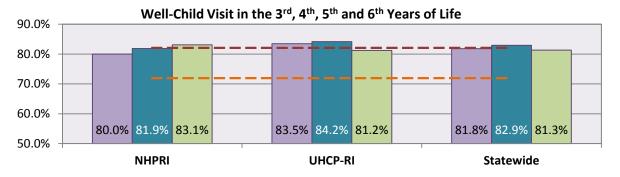
For HEDIS[®] 2013, both Health Plans and the statewide rate met or exceeded the *Quality Compass*[®] 2013 Medicaid Mean rate for all measures displayed: *Frequency of Ongoing Prenatal Care (81%+) Expected Visits, Well-Child Visits 15 Months (6+ Visits), Well-Child Visits in the 3rd, 4th, 5th & 6th Years of Life* and *Adolescent Well-Care Visits*. Both Health Plans and the statewide rate achieved the 90th percentile for the measures *Well-Child Visits in the First 15 Months of Life: 6+ Visits* and *Adolescent Well-Care Visits*. NHPRI's rates for three of the four (3 of the 4) measures declined from HEDIS[®] 2012 to 2013; however, all rates continue to exceed the *Quality Compass*[®] 90th percentile. UHCP-RI demonstrated improvement in regard to two measures, *Adolescent Well-Care Visit* and *Well-Child Visit in the First 15 Months of Life (6+ Visits)*. Overall, the statewide rates fluctuated for all measures between 2011 and 2013; however, all 2013 statewide rates exceeded at least the *Quality Compass*[®] 2013 75th percentile.

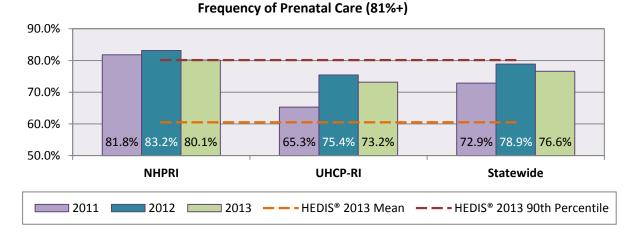
THIS SPACE INTENTIONALLY LEFT BLANK











¹ For these bar charts, statewide rates were calculated by totaling numerators and denominators for the two (2) Health Plans.

X. MEMBER SATISFACTION

Adult CAHPS[®] 5.0H²²

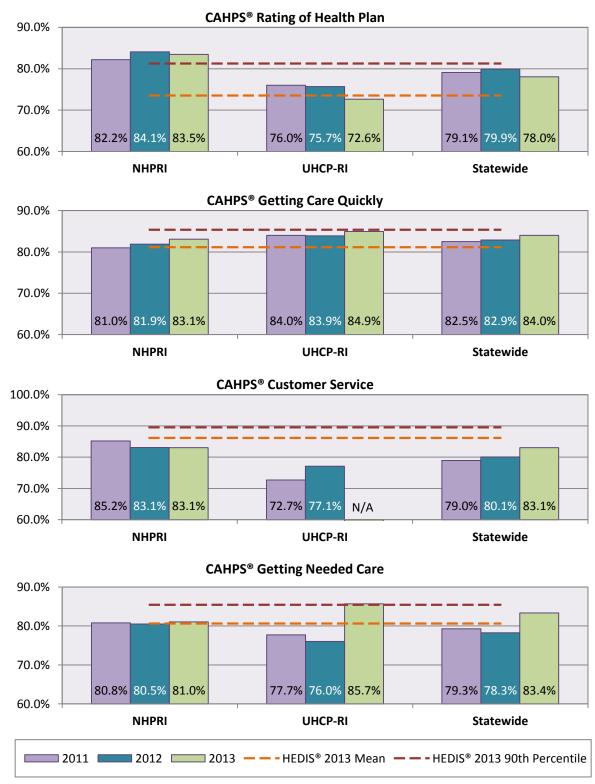
The Rhode Island EOHHS requires, as part of its *Medicaid Managed Care Services Contract*, that each Health Plan collect member satisfaction data through an annual survey of a representative sample of its members. In 2013, the *Consumer Assessment of Healthcare Providers and Services Health Plan Survey 5.0H* (CAHPS[®]5.0H) for adult Medicaid members was conducted on behalf of each Health Plan by NCQA-certified survey vendors. Figure 19 presents the survey item/composite and each Health Plan's 2013 statistical rating and the statewide rate compared to *Quality Compass*[®] 2013 Medicaid national benchmarks. The composite measure, *Shared Decision Making*, was new to the 2011 EQR Annual Technical reports. Further, the measure underwent changes in 2013 with the introduction of the CAHPS[®] 5.0H Survey²³ and, therefore, was not included in Figure 19; however, rates for this measure for Reporting Years 2011-2013 were included in the individual Health Plan reports.

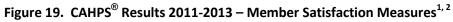
Performance for CAHPS[®] 2013 revealed a generally high degree of member satisfaction across both Health Plans and for statewide rates. Collectively, both Health Plans and the statewide rate exceeded the *Quality Compass*[®] 2013 Medicaid Mean rate for six (6) of the eight (8) measures displayed. NHPRI met or exceeded the Quality Compass[®] 2013 Medicaid Mean for seven (7) measures and met or exceeded the 75th or 90th percentiles for two (2) of eight (8) measures. Measures for which NHPRI did not perform well include: *Rating of Specialist* (50th percentile), *Customer Service* (10th percentile), *Getting Care Quickly* (50th percentile), *Getting Needed Care* (50th percentile), *How Well Doctors Communicate* (50th percentile) and *Rating of Personal Doctor* (50th percentile). UHCP-RI exceeded the Medicaid Mean for six (6) of seven (7) applicable measures. One measure, *Customer Service*, was not reported due to a small sample size. UHCP-RI achieved the 75th or 90th percentile for four (4) measures. Of the remaining measures, two (2) (*How Well Doctors Communicate* and *Rating of Personal Doctor*) ranked at the 50th percentile and one (1) measure, *Rating of Health Plan*, ranked at the 25th percentile.

In addition to the Adult CAHPS[®] Survey, UHCP-RI elected to distribute and report the Child CAHPS[®] 5.0 Survey in 2013. The Child Member Satisfaction results are not displayed here as only one Health Plan conducted this survey and, therefore, no comparison can be made. Specific results of this survey can be found in the individual Plan Technical Report for UHCP-RI.

²² NHPRI and UHCP-RI 's rates for all Medicaid Adult CAHPS[®] measures include RHP members, as they were included in the random survey sample of adult members.

²³ With the introduction of the 2013 CAHPS[®] 5.0H survey, the *Shared Decision Making* composite measure was modified to include the following questions: Q9 - In the last 12 months, did you and a doctor or other health provider talk about starting or stopping a prescription medicine? Q10.a – When you talked about starting or stopping a prescription medicine? Q10.a – When you talked about starting or stopping a prescription or other health provider talk about the reasons you might want to take a medicine? Q10.b – When you talked about starting or stopping a prescription medicine, how much did a doctor or other health provider talk about the reasons you might want to take a medicine? Q10.b – When you talked about starting or stopping a prescription medicine, how much did a doctor or other health provider talk about the reasons you might not want to take a medicine? Q11 – When you talked about starting or stopping a prescription medicine, did a doctor or other health provider ask you what you thought was best for you?





¹ The statewide rate for each of these bar charts was determined by calculating an unweighted average of the Health Plans' rates since the size of the survey populations was similar and numerators and denominators were not available.

² The measure, *Shared Decision Making*, was not displayed due changes in the measure specification, which prevent trending from 2012 to 2013.

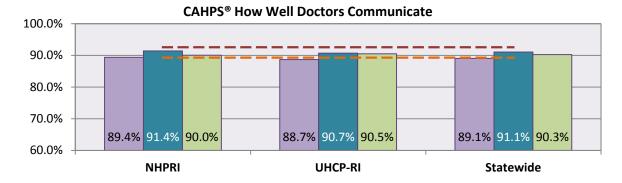
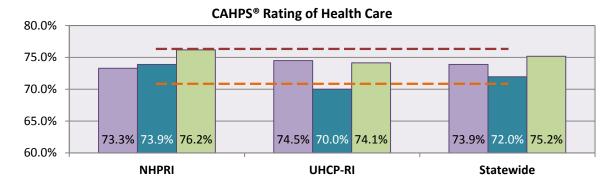
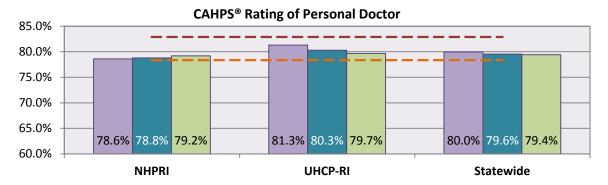
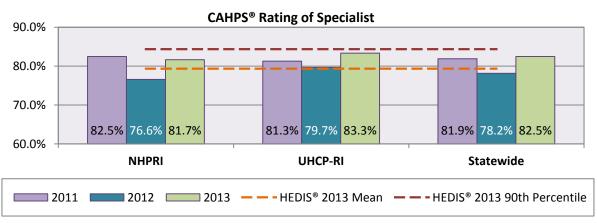


Figure 19. CAHPS[®] Results 2011-2013 – Member Satisfaction Measures^{1, 2} (continued)







¹ The statewide rate for each of these bar charts was determined by calculating an unweighted average of the Health Plans' rates since the size of the survey populations was similar and numerators and denominators were not available.

² The measure, *Shared Decision Making*, was not displayed due changes in the measure specification, which prevent trending from 2012 to 2013.

XI. Quality Improvement Programs

The State of Rhode Island Executive Office of Health and Human Services requires that contracted Health Plans have a written quality assurance (QA) or quality management (QM) plan that monitors, assures and improves the quality of care delivered over a wide range of clinical and health service delivery areas, including all subcontractors. Emphasis shall be placed on, but need not be limited to, clinical areas relating to management of chronic diseases, mental health and substance abuse care, members with special needs and access to services for members.

The QA/QM plan shall include:

- Measurement of performance, using objective quality indicators
- Implementation of system interventions to achieve improvement in quality
- Evaluation of the effectiveness of interventions
- Planning and initiation of activities for increasing or sustaining improvement

The Quality Assurance Plan also shall:

- Be developed and implemented by professionals with adequate and appropriate experience in QA
- Detect both under-utilization and over-utilization of services
- Assess the quality and appropriateness of care furnished to enrollees
- Provide for systematic data collection of performance and patient results
- Provide for interpretation of this data to practitioners
- Provide for making needed changes when problems are found

Full descriptions of each Health Plans' Quality Improvement Program Structure can be found in the individual Plan Technical Reports.

Quality Improvement Activities

During the Reporting Year (RY) under study, Health Plans were required to perform at least four (4) quality improvement projects (QIPs) annually directed at the needs of the Medicaid-enrolled population, including Core RIte Care, Children with Special Health Care Needs (CSHCN), Children in Substitute Care (SC)²⁴ and Rhody Health Partners (RHP), as well as for the Health Plan-established Communities of Care²⁵ programs. All QIPs were to be documented on the NCQA Quality Improvement Activity (QIA) Form, as has been the case since 2008. The QIA Form can be found in Appendix 2.

Topic selection guidelines were revised for 2010/2011. Starting in 2008, one (1) area of focus was chosen by the State and addressed by all Health Plans, another QIP topic was chosen by the State based on each Health Plan's individual performance and the third QIP topic was of the Health Plan's own choosing. For the period 2009/2010, two (2) QIP topics were chosen by the State to be addressed by all Health Plans; and one (1) QIP topic was of the Health Plan's own choosing, with the State's approval. Beginning in 2011 and for the most recent contract period, 2012/2013, three (3) QIP topics were chosen by the State that would address the quality improvement needs of both Health Plans. Of those, the State directed both Health Plans to conduct QIPs related to the following topics: *Initial Health Screens for Special Enrollment Populations*, HEDIS[®] *Chlamydia Screening in Women* and the HEDIS[®] *Follow-up Care for Children Prescribed ADHD Medication*. The fourth QIP topic was of the Health Plan's own choosing, with the State's approval, from among State-

²⁴ NHPRI is the sole Health Plan to provide services for the SC population.

²⁵ The State's *Medicaid Managed Care Services Contract* (09/01/2010) requires that all Health Plans establish and maintain a *Communities of Care* program to decrease non-emergent and avoidable ED utilization and costs through service coordination, defined member responsibilities and associated incentives and rewards.

suggested topic areas for each Health Plan. For RY 2013, NHPRI elected to perform a QIP targeting the HEDIS[®] Antidepressant Medication Management measure, and UHCP-RI elected to perform a QIP targeting the HEDIS[®] Cervical Cancer Screening measure.

In accordance with 42 CFR §438.358, IPRO conducted a review and validation of these quality improvement projects using methods consistent with the CMS protocol for validating performance improvement projects. Summaries of each of the QIPs conducted by the Health Plans can be found in Section XI of the individual Plan Technical Reports.

THIS SPACE INTENTIONALLY LEFT BLANK

XII. CONCLUSIONS AND RECOMMENDATIONS

IPRO's external quality review concludes that, in 2013, the Rhode Island Medicaid managed care program and both of the participating Health Plans have had a positive impact on the accessibility, timeliness and quality of services for Rhode Island Medicaid recipients. This is supported by the fact that both Health Plans were ranked in the top ten (10) of Medicaid Health Plans nationally by the NCQA based on HEDIS[®] results, CAHPS[®] scores and NCQA accreditation results, with NHPRI ranked at 4th and UHCP-RI ranked at 8th. In addition, NHPRI has consistently received an *Excellent* NCQA accreditation status.

With the exception of those shown for the Performance Goal Program (PGP), the Medicaid benchmarks and HEDIS[®] percentiles cited in this Annual EQR Technical Report originated from the NCQA's *Quality Compass*[®] 2013. Scoring benchmarks for the 2013 Performance Goal Program were derived from *Quality Compass*[®] 2012.

In addition to the overall conclusions of the State's Medicaid managed care program, both Health Plans demonstrated various strengths and opportunities for improvement. Each Health Plan was also issued individual recommendations. These findings are described in detail in Section XII of each Health Plan's individual Annual External Quality Review Technical Report.²⁶

Quality of Care

This section provides a description of the strengths and opportunities for improvement exhibited by both Health Plans and the Medicaid managed care program overall, as well as recommendations in regard to the quality of care provided to Medicaid enrollees.

In the domain of Quality, the Health Plans and the Medicaid managed care program demonstrated the following strengths:

- As noted above, NHPRI achieved an *Excellent* NCQA accreditation status. Both received *Excellent* ratings for the NCQA accreditation domain related to *Qualified Providers* and received five of five (5 of 5) stars for the NCQA Health Plan Rankings category *Prevention*.
- Overall, the Health Plans performed well in the Medical Home/Preventive Care domain of the 2013 PGP, with rates exceeding the *Quality Compass*[®] 2012 90th or 75th percentiles for most measures. Related to children's and adolescents' preventive care, both Health Plans achieved the 75th or 90th percentile for each of the following measures: *Childhood Immunization Status: Combo 3, Childhood Immunization Status: Combo 10, Adolescent Immunization Status* and *Lead Screening in Children*. Both Health Plans also exceeded either the 50th or 75th percentile goal for all three (3) of the *Weight Assessment & Counseling for Children and Adolescents (ages 3-17 Years)* numerators: *BMI Percentile, Counseling for Nutrition,* and *Counseling for Physical Activity.* In regard to *Adult BMI Assessment*, both Health Plans achieved the 50th or 75th percentile goal for the measure.
- In regard to the Performance Goal Program Chronic Care domain, both Health Plans achieved the 90th percentile benchmark for the HEDIS[®] Pharmacotherapy for COPD Exacerbation Bronchodilator and HEDIS[®] Pharmacotherapy for COPD Exacerbation Systemic Corticosteroids measures. In addition, NHPRI achieved rates which met the Quality Compass[®] Contract goal for three (3) additional measures in this domain: Members with Persistent Asthma Used Appropriate Medications (Total), Members with Diabetes had Hba1C Testing and Controlling High Blood Pressure (<140/90).
- Care Management for Special Populations demonstrated a strength as both Health Plans exceeded the State-specified *Contract* goal for the *Level II Needs Review* and *Timely Care Plan Update* measures for all population samples for which member(s) were in need of these services.

²⁶ For further information, refer to each Health Plan's Annual External Quality Review Technical Report.

- In the HEDIS[®] Effectiveness of Care domain, both Health Plans and the statewide rate met or exceeded the Quality Compass[®] 2013 75th percentile for the four (4) measures: Cervical Cancer Screening, Childhood Immunizations: Combo 3, Follow-up after Hospitalization for Mental Illness 30 Days and Follow-up after Hospitalization for Mental Illness 7 Days.
- Performance on the Consumer Assessment of Healthcare Providers and Systems Survey (CAHPS[®] 5.0H) showed a generally high degree of member satisfaction in several areas between the two (2) Health Plans and statewide. The Health Plans' and the statewide rates exceeded the *Quality Compass*[®] 2013 Medicaid Mean rate for six of eight (6 of 8) Adult measures. In addition, both Health Plans exceeded the *Quality Compass*[®] 2013 75th percentile for the *Rating of All Healthcare* measure.

Several areas are noted in which there are opportunities for improvement common to both Health Plans. Continued collaboration on QI initiatives may drive both individual and statewide successes. Through such collaborations, the Health Plans can share successful intervention strategies to be implemented statewide, as well as lessons learned.

In the domain of Quality, the Health Plans and the Medicaid managed care program demonstrated the following opportunities for improvement:

- In regard to the provider network, both Health Plans demonstrate an opportunity for improvement as rates for *Geriatricians* exceeded only the *Quality Compass*[®] 2013 50th percentile.
- The Member Services domain of the 2013 PGP demonstrated an area for improvement for both Health Plans. Neither Health Plan met the State-specified goal for the *Member Handbook Sent within 10 Days of Notification of Enrollment* and *ID Card Sent within 10 Days of Notification of Enrollment*.
- In the Medical Home/Preventive domain, neither Health Plan met the *Contract* goal for the *Use of Imaging for Low Back Pain* measure.
- Member Satisfaction demonstrates an opportunity for improvement in several areas. For both Health Plans, several CAHPS[®] measures benchmarked at or below the *Quality Compass*[®] 2013 50th percentile.

The following recommendations are made:

- The Health Plans should routinely evaluate and expand upon interventions described in the Health Plans' response to the previous year's recommendations that aim to improve PGP and HEDIS[®] rates that continuously fail to meet *Contract* goals and benchmark performance goals. The Health Plans should also continue the conduct of QIPs aimed at improving these areas of care.
- As both Health Plans continue to report several CAHPS[®] rates below the *Quality Compass*[®] 2013 75th percentile, the Health Plans should routinely monitor Member Satisfaction, evaluate the effectiveness of the interventions described in the Health Plans' responses to the previous year's recommendations and modify these interventions as needed.
- The "Use of Imaging for Low Back Pain" QIP was discontinued in 2013 as improvement was not achieved. RI should consider conducting a new QIP related to this area of care as both Health Plans continue to perform below the 75th percentile benchmark for the HEDIS[®] measure.
- As both Health Plans achieved the 50th percentile benchmark for *Board Certification* rate for *Geriatricians*, the Health Plans, along with EOHHS, should develop a strategy to enhance its network of Geriatric providers available to Medicaid enrollees. As RI Medicaid Managed Care is expanding to include those individuals who are dual-eligible for Medicare and Medicaid, it is imperative that each Health Plan have adequate provider networks to serve its growing elderly population.

Access to/Timeliness of Care

This section provides a description of the strengths and opportunities for improvement exhibited by both Health Plans and the Medicaid managed care program overall, as well as recommendations in regard to the access to/timeliness of care provided to Medicaid enrollees.

In the domain of Access to/Timeliness of Care, the Health Plans and the Medicaid managed care program demonstrated the following strengths:

- Both Health Plans received *Excellent* ratings for the NCQA accreditation domain related to *Access and Service*. In addition, both Health Plans met or exceeded their plan-specified, GeoAccess standards for all provider types.
- Related to children's and adolescents' preventive care, both Health Plans achieved the Quality Compass[®] 2013 75th or 90th percentile for each of the following measures: Children's Access to PCPs (12-24 Months, 25 Months-6 Years, 7-11 Years and 12-19 Years), Well-Child Visits in the First 15 Months of Life, Well-Child Visits in the 3rd, 4th, 5th and 6th Years of Life and Adolescent Well-Care Visits.
- In regard to adults' access to care, both Health Plans exceeded the Quality Compass[®] 2013 75th or 90th percentile for all age groups of the HEDIS[®] Adults' Access to Preventive/Ambulatory Health Services measure.
- Both Health Plans achieved rates at or above the Quality Compass[®] 2013 75th percentile benchmark for the *Timeliness of Prenatal Care* measure, as well as the *Frequency of Ongoing Prenatal Care* (81%+) measure.

Several areas are noted in which there are opportunities for improvement common to both Health Plans. Continued collaboration on QI initiatives may drive both individual and statewide successes. Through such collaborations, the Health Plans can share successful intervention strategies to be implemented statewide, as well as lessons learned.

In the domain of Access to/Timeliness of Care, the Health Plans and the Medicaid managed care program demonstrated the following opportunities for improvement:

- In regard to the Care Management for Special Populations Case Review, both Health Plans failed to meet the state-specified goal for at least one (1) measure. In addition, UHCP-RI received an 'N/A' for two measures as a result of the tracer methodology which is used to analyze the engagement of a randomized cohort of new enrollees with special needs.
- Both of the Health Plans failed to meet the 2013 *Contract* goal for the State-specified PGP measure, *Reduce ED Visits for ACSCs by 5 Percentage Points,* for all applicable populations. This represented a decline in performance statewide, as each Health Plan met this goal for at least two (2) populations in the 2011 and 2012 Performance Goal Programs.

The following recommendations are made:

- As the Health Plans continue to struggle with the State-specified *Reduce ED Visit for ACSCs by 5 Percentage Points* measure, the Health Plans should evaluate the effectiveness of the interventions previously implemented and modify them as needed. The Health Plans should also consider any barriers that may be specific to each of the special populations.
- The Health Plans continue should work to improve PGP rates that failed to meet *Contract* goals. For measures that perform poorly over several measurement periods, the Health Plans should routinely evaluate the effectiveness of implemented interventions and modify them as needed.
- As the methods used to sample the population remain unchanged from the previous year and the Health Plans continue to receive 'N/A' designations for categories of the Care Management for Special Populations Case Review due to use of a tracer methodology, EOHHS should consider modifying its sampling process to ensure that all review categories (*Initial Health Screen, Level I, Level II* and *Timely Care Plan Update*) are represented in the case files.

Quality Improvement Program

The overall strengths of each of the Health Plans' Quality Improvement Programs included a variety of staff resources and committees across all levels of the organizations. Full descriptions of the Health Plans' Quality Improvement Programs can be found in Section XI of the Health Plan-specific Annual EQR Technical Reports. In addition, the Quality Improvement Activity Form template is included in Appendix 2 of the Health Plan-specific reports.

In 2012/2013, each Health Plan undertook four (4) Quality Improvement Projects (QIPs). The four (4) contractually mandated QIPs comprised multi-faceted intervention strategies that targeted providers and member populations, as well as system-level changes to Health Plan processes. As a result of the 2012/2013 quality improvement activities, mixed results were achieved; some performance measures showed improvement, while others demonstrated decline. The Health Plans presented the results of each of the four (4) QIPs to EOHHS in December 2013. Summaries of the QIPs can be found in Section XI of the individual Health Plan Annual EQR Technical Reports.

EOHHS Responses and Follow-Up to Recommendations

As required by Federal regulations, the EQR must annually assess the degree to which the Health Plans effectively addressed the previous year's recommendations. In order to ensure that each had information required to achieve this, EOHHS provided feedback to the Health Plans regarding their HEDIS[®] and CAHPS[®] scores, PGP outcomes, State monitoring visit findings, as well as the EQR Technical Report. Information regarding these is detailed below.

2013 Performance Goal Program/On-site Monitoring Feedback

EOHHS issued the results of the 2013 PGP to the Health Plans in October 2013 accompanied by a cover letter containing commendations for the Health Plans' accomplishments and improvements and delineating opportunities for improvement, as well as the EOHHS expectation that the Health Plans develop an action plan to address the noted opportunities for improvement. The Health Plans' progress related to improvement was a topic of discussion at the monthly *Contract* oversight meetings.

Reporting Year (RY) 2012 EQR Technical Report Feedback

Also during December 2013, a separate correspondence was sent by the State in conjunction with the transmittal of the EQR Technical Report, which focused on RY 2012. The report was accompanied by a cover letter providing commendations for the Health Plans' accomplishments and improvements. In addition, the report outlined the Health Plans' opportunities for improvement and included EOHHS' expectation that the Health Plans develop an action plan to address the noted opportunities for improvement.

As was done in the past, EOHHS indicated that its intent was to include the Health Plans' performance as an agenda item in its *Contract*-oversight meetings. The Health Plans' progress related to improvement was a topic of discussion at the monthly meetings. In addition, the Health Plans were required to make a presentation to EOHHS in December 2013 regarding the RY 2012 EQR Technical Report, as well as any recommendations issued by the EQRO.

For Reporting Year 2012, an additional EQR activity was completed in order to comply with CMS requirements. For the first time, the State's EQRO produced an evaluation of the Health Plans' efforts in rectifying the identified opportunities for improvement issued in the RY 2012 Technical Report. This Addendum was issued to the Health Plans in March 2014. For those opportunities and recommendations for which the EQRO deemed Partially Addressed or Not Addressed, the Health Plans were asked to respond with additional information regarding their efforts.

XIII. REFERENCES

Introduction

- Department of Health and Human Services, Centers for Medicare and Medicaid Services, Federal Register, Part II, 42 CFR Parts 433 and 438, Medicaid Program; External Quality Review of Medicaid Managed Care Organizations, Final Rule; §438.320, Page 3635.
- Department of Health and Human Services, Centers for Medicare and Medicaid Services, Rhode Island Global Consumer Choice Compact Section 1115 Demonstration (Project No. 11-W-00242/1) Special Terms and Conditions, December 9, 2009.
- Rhode Island Executive Office of Health and Human Services, Code of Rules, Medical Assistance, §0300 Medical Assistance Program Overview, §0348 RIte Care Program, §0374 Managed Care Program Options for Adults, https://www.policy.dhs.ri.gov/0300. (accessed June 18, 2012).
- Rhode Island Executive Office of Health and Human Services, *Medicaid Managed Care Services Contract*, September 1, 2010.
- Rhode Island Department of Human Services, *Rhode Island's Strategy for Quality Assessment and Performance Improvement*, April 2005.
- Rhode Island Executive Office of Health and Human Services, *Rhode Island Strategy for Assessing and Improving the Quality of Managed Care Services*, October 2012.

Corporate Profiles

- NCQA, *Health Insurance Plan Rankings 2013 2014*, available at <u>www.ncqa.org</u> (accessed July 14, 2014).
- NHPRI Enrollment as of December 31, 2012, provided by RI EOHHS, June 11, 2014.
- UHCP-RI Enrollment as of December 31, 2012, provided by RI EOHHS, June 19, 2014.

Accreditation Summaries

- NCQA, Health Insurance Plan Rankings 2013 2014, Medicaid Plans, NHPRI ranking data, available at: <u>http://healthplanrankings.ncqa.org/default.aspx (accessed July 14, 2014).</u>
- NCQA Health Insurance Plan Rankings 2013-2014; Medicaid Plans Summary, June 30, 2013, available at: www.ncqa.org (accessed July 14, 2014).
- NCQA, Health Insurance Plan Rankings 2013 2014, Methodology Overview, July 2013, available at: www.ncqa.org (accessed July 14, 2014).
- NCQA, Health Plan Report Card, Rhode Island Medicaid, Neighborhood Health Plan of Rhode Island, available at: <u>http://reportcard.ncqa.org/plan/external/PlanSummary.aspx?WipsPlanId=178</u> (accessed July 14, 2014).
- NCQA, Health Plan Report Card, Rhode Island Medicaid, UnitedHealthcare of New England, available at: <u>http://reportcard.ncqa.org/plan/external/PlanSummary.aspx?WipsPlanId=432</u> (accessed July 14, 2014).
- NCQA, Quality Gains Spark Change to Accreditation Scoring, available at: <u>http://www.ncqa.org/Portals/0/Programs/Accreditation/Accred_Scoring_Change-May_10_2011.pdf</u> (accessed November 22, 2013).
- Rhode Island Executive Office of Health and Human Services, *Medicaid Managed Care Services Contract*, September 1, 2010.

Enrollment and Provider Network

- NCQA, HEDIS[®] 2011, 2012, 2013 Interactive Data Submission System Medicaid, NHPRI.
- NCQA, HEDIS[®] 2011, 2012, 2013 Interactive Data Submission System Medicaid, UHCP-RI.
- NCQA, HEDIS[®] 2013 Quality Compass[®] Measure Benchmarks for Medicaid.
- NHPRI, Operation & Service Improvement Committee Assessment of Network Practitioner Availability, Members' Cultural, Ethnic, Racial and Linguistic Needs, August 22, 2013.

- UHCP-RI, Memorandum: GeoAccess Analysis Summary Report CY 2012 for the Service Quality Improvement Subcommittee (SQIS), Casey, Elizabeth. February 22, 2013.
- NHPRI Enrollment as of December 31, 2012, provided by RI EOHHS, June 11, 2014.
- UHCP-RI Enrollment as of December 31, 2012, provided by RI EOHHS, June 19, 2014.

Utilization

- NCQA, HEDIS[®] 2011, 2012, 2013 Interactive Data Submission System Medicaid, NHPRI.
- NCQA, HEDIS[®] 2011, 2012, 2013 Interactive Data Submission System Medicaid, UHCP-RI.
- NCQA, HEDIS[®] 2013 *Quality Compass*[®] *Measure Benchmarks for Medicaid.*

Rhode Island Medicaid Managed Care Performance Goal Program

- Attest Health Care Advisors, LLC, HEDIS[®] Compliance Audit[™] Final Audit Report: HEDIS[®] 2013, Neighborhood Health Plan of Rhode Island, June 28, 2013.
- Attest Health Care Advisors, LLC, NCQA Certified HEDIS[®] Compliance Audit™ of 2013 HEDIS[®] Reports, Final Audit Findings, UnitedHealthcare of New England, June 28, 2013.
- Attest Health Care Advisors, LLC, HEDIS[®] 2013 Final Rates: Audit Review Table, Neighborhood Health Plan of Rhode Island, 2013.
- Attest Health Care Advisors, LLC, *HEDIS[®] 2013 Final Rates: Audit Review Table, UnitedHealthcare of New England, Medicaid Managed Care Operations,* 2013.
- NCQA, HEDIS[®] 2011, 2012, 2013 Interactive Data Submission System Medicaid, NHPRI.
- NCQA, HEDIS[®] 2011, 2012, 2013 Interactive Data Submission System Medicaid, UHCP-RI.
- NCQA, HEDIS[®] 2013 Quality Compass[®] Measure Benchmarks for Medicaid.
- NCQA, HEDIS[®] 2012 Quality Compass[®] Measure Benchmarks for Medicaid.
- Rhode Island Executive Office of Health and Human Services, *Medicaid Managed Care Services Contract*, September 1, 2010.
- Rhode Island Executive Office of Health and Human Services, Rhode Island's 2013 Performance Goal Program, Summary of Findings for Calendar Year 2012: Neighborhood Health Plan of Rhode Island (NHPRI), Site Visit conducted, May 7, 2013 & May 8, 2013.
- Rhode Island Executive Office of Health and Human Services, Rhode Island's Medicaid Managed Care Performance Goal Program (2011 and 2012 Results).
- Rhode Island Executive Office of Health and Human Services, Rhode Island's 2013 Performance Goal Program, Preliminary HEDIS[®] and CAHPS[®] rates, Core RIte Care Only and All Populations NHPRI, June 2013.
- Rhode Island Executive Office of Health and Human Services, Rhode Island's Performance Goal Program, Summary of Findings for CSHCN and Substitute Care, Measurement Period Calendar Year 2012, Neighborhood Health Plan of Rhode Island.
- Rhode Island Executive Office of Health and Human Services, Rhode Island's Performance Goal Program, Summary of Findings for Rhody Health Partners, Measurement Period Calendar Year 2013, Neighborhood Health Plan of Rhode Island.
- Rhode Island Executive Office of Health and Human Services, Rhode Island Medicaid Managed Care Performance Goal Program – 2013, Summary of Findings for Calendar Year 2012: UnitedHealthcare Community Plan – Rhode Island (UHCP-RI), Site Visit Conducted May 1, 2013 and May 2, 2013.
- The Myers Group, Neighborhood Health Plan of Rhode Island 2013 Medicaid Adult CAHPS[®] Survey 5.0H Final Report, Project Number: 412989 & 412990, June 2, 2012.
- UHCP-RI, *Memorandum: UHCNE Community Plan 2013 Adult and Child CAHPS[®] Analysis for the Service Quality Improvement Subcommittee (SQIS),* Willis-Gebhardt, Susan. July 16, 2013.

Quality Improvement Program

- Rhode Island Executive Office of Health and Human Services, *Medicaid Managed Care Services Contract*, September 1, 2010.
- NHPRI, Neighborhood Health Plan of Rhode Island: 2012 Quality Improvement Annual Evaluation.
- Beacon Health Strategies, *Quality Management and Improvement Program Evaluation*, 2012.
- Beacon Health Strategies, *Quality Management and Improvement Program Description*, 2013.
- NHPRI, Quality Improvement Activity (QIA) Form: Quality Improvement Activity: Antidepressant Medication Management: Acute Phase, December 2012.
- NHPRI, Quality Improvement Activity (QIA) Form: Quality Improvement Activity: Chlamydia Screening in Women, December 2013.
- NHPRI, Quality Improvement Activity (QIA) Form: Quality Improvement Activity: Follow-up Care for Children Prescribed ADHD Medication, December 2013.
- NHPRI, Quality Improvement Activity (QIA) Form: Quality Improvement Activity: Initial Health Screen for Special Populations (CSN, SC, RHP), December 2013.
- NHPRI, Neighborhood Health Plan of Rhode Island: Quality Improvement Program Description 2013, May 9, 2013.
- UHCP-RI, UnitedHealthcare Community Plan Rhode Island, Inc., Medicaid 2012 Quality Improvement Program Evaluation, 2013.
- UHCP-RI, 2013 UnitedHealthcare Community Plan Rhode Island, Quality Improvement Program Description, Contract Period September 1, 2010 - June 30, 2014.
- UHCP-RI, UHCP-RI/Medicaid, Quality Improvement Activity (QIA) Summary: Initial Health Screens for Special Population, December 2013.
- UHCP-RI, UHCP-RI/Medicaid, Quality Improvement Activity (QIA) Summary: Cervical Cancer Screening, December 2013.
- UHCP-RI, UHCP-RI/Medicaid, *Quality Improvement Activity (QIA) Summary: Chlamydia Screening in Women,* December 2013.
- UHCP-RI, UHCP-RI/Medicaid, Quality Improvement Activity (QIA) Summary: Follow-up Care for Children Prescribed ADHD Medication, December 2013.

Conclusions and Recommendations

- Rhode Island Executive Office of Health and Human Services, *Medicaid Managed Care Services Contract*, September 1, 2010.
- IPRO, on behalf of the Rhode Island Executive Office of Health and Human Services, Annual External Quality Review Technical Report for Neighborhood Health Plan of Rhode Island (NHPRI), Reporting Years 2011-2012.
- NHPRI, Neighborhood Health Plan of Rhode Island: 2012 Quality Improvement Annual Evaluation.
- NHPRI, Neighborhood Health Plan of Rhode Island: Quality Improvement Program Description 2013, May 9, 2013.
- IPRO, on behalf of the Rhode Island Executive Office of Health and Human Services, Annual External Quality Review Technical Report for UnitedHealthcare of New England (UHCP-RI), Reporting Years 2011-2012.
- UHCP-RI, UnitedHealthcare Community Plan, Inc., Medicaid 2012 Quality Improvement Program Evaluation, 2013.
- UHCP-RI, 2013 UnitedHealthcare Community Plan Rhode Island, Quality Improvement, Program Description, Contract Period September 1, 2010 June 30, 2014.

APPENDIX 1: Rhode Island Strategy for Assessing and Improving the Quality of Managed Care Services – October 2012¹

CHAPTER 1

OVERVIEW OF FEDERAL QUALITY ASSESSMENT AND PERFORMANCE IMPROVEMENT REQUIREMENTS

This chapter describes the various Federal quality assessment and performance improvement requirements applicable to RIte Care, including:

- Medicaid Managed Care Final Regulations
- Medicaid External Quality Review Final Regulations
- Waivers and Special Terms and Conditions
- Children's Health Insurance Program (CHIP) Quality Requirements

Each set of requirements is described in separate sections below. Detailed descriptions of these requirements are provided in Appendix A to this strategy document.

1.1 Medicaid Managed Care Final Regulations

Except for those Federal legal requirements specifically waived in the *approval letter* for the demonstrations, the State must meet all other applicable, Federal legal requirements. Salient requirements include those contained in the June 14, 2002 *Final Rule* implementing the managed care provisions of the Balanced Budget Act of 1997 (BBA)². States had until June 16, 2003 "to bring all aspects of their managed care programs (that is, contracts, waivers, State plan amendments and State operations) into compliance with the *Final Rule* provisions."³

This strategy document is essentially a required element of the June 14, 2002 *Final Rule*. Specifically, Subpart D of the *Final Rule* "implements Section 1932(c)(1) of the Act and sets forth specifications for quality assessment and performance improvement strategies that States must implement to ensure the delivery of quality health." It also establishes "standards" that States and Health Plans must meet. Section 438.204 of the *Final Rule* delineates the following minimum elements of the State's quality strategy:

- Health Plan "contract provisions that incorporate the standards specified in this subpart"
- Procedures that:
 - Assess the quality and appropriateness of care and services furnished to all Medicaid recipients enrolled in Health Plans
 - Identify the race, ethnicity, and primary language spoken of each enrollee
 - Monitor and evaluate Health Plan compliance with the standards regularly
- Arrangements for annual, external independent reviews of the quality outcomes and timeliness of, and access to, the services covered under each Health Plan contract
- Appropriate use of intermediate sanctions, at a minimum, to meet Subpart I of the June 14, 2002 *Final Rule*

¹ The Quality Strategy included in this appendix was submitted by EOHHS in October 2012, and approved by CMS on April 25, 2013. Chapters 1 – 4 of the approved Quality Strategy have been provided in Appendix 1.

² *Federal Register*, 67(115), June 14, 2002, 41094-41116. The BBA also created the State Children's Health Insurance Program (SCHIP).

³ *Ibid.*, 40989.

- An information system that supports initial and ongoing operation and review of the State's quality strategy
- Standards, at least as stringent as those in Subpart D, for access to care, structure and operations, and quality measurement and improvement

1.2 Medicaid External Quality Review Final Regulations

On January 24, 2003, the Centers for Medicare and Medicaid Services (CMS) published an external quality review (EQR) *Final Rule* in the *Federal Register* to implement Section 4705 of the BBA.⁴ The effective date of this *Final Rule* is March 25, 2003 and provides⁵:

"Provisions that must be implemented through contracts with MCOs, PIHPs, and external quality review organizations (EQROs) are effective with contracts entered into or revised on or after 60 days following the publication date. States have until March 25, 2004 to bring contracts into compliance with the *Final Rule* provisions."

The basic requirements of the January 24, 2003 *Final Rule* are as follows:

- EQRO Must Perform an Annual EQR of Each Health Plan The State must ensure that: "a qualified external quality review organization (EQRO) performs an annual EQR for each contracting MCO."⁶
- EQR Must Use Protocols The January 24, 2003 Final Rule stipulates how the EQR must be performed. It should be noted that this includes the requirement⁷ that "information be obtained through methods consistent with the protocols established under §438.352."
- EQRO Must Produce a Detailed Technical Report The January 24, 2003 Final Rule requires⁸ that the EQR produce a "detailed technical report" that "describes the manner in which the data from all activities conducted in accordance with §438.358 were aggregated and analyzed, and conclusions were drawn as to the quality, timeliness, and access to the care furnished by the MCO or PIHP."
- States Must Perform Mandatory EQR Activities The January 24, 2003 Final Rule distinguishes between "mandatory" and "optional" EQR-related activities. Apart from the required "detailed technical report", the "mandatory" activities include⁹:
 - Validation of performance improvement projects
 - Validation of MCO performance measures reported
 - Review to determine the MCO's compliance with standards

It would appear that, at a minimum, the "detailed technical report" must be prepared by an EQRO. Other "mandatory" EQR activities need not be performed by an EQRO, although enhanced FMAP is not available unless an EQRO performs them¹⁰.

"Optional" activities¹¹ include:

- Validation of encounter data
- Administration or validation of consumer or provider surveys of quality of care

¹⁰ Federal Register. Op. Cit., 3611.

⁴ Essentially Section 1932(c) of the Social Security Act.

⁵ *Federal Register*, 68(16), January 24, 2003, 3586.

⁶ 42 CFR 438.350(a).

⁷ 42 CFR 438.350(e).

⁸ 42 CFR 438.364.

⁹ 42 CFR 438.358(b).

¹¹ 42 CFR 438.358(c).

- Calculation of additional performance measures¹²
- Conduct of additional quality improvement projects¹³
- Conduct of studies that focus on a particular aspect of clinical or non-clinical services at a point in time

Table 1-1 shows these obligations in tabular form.

Activity	Mandatory Activity ¹⁴	Must Be Performed by EQRO ¹⁵
Prepare detailed technical report	Yes ¹⁶	Yes
Validation of performance	Yes	No
improvement projects	Yes	No
Validation of MCO performance	Yes	Νο
measures reported	Tes	NO
Review to determine MCO	Yes	No
compliance with standards	163	NO
Validation of encounter data	No	No
Administration or validation of		
consumer or provider surveys of	No	No
quality of care		
Calculation of additional	No	Νο
performance measures	110	NO
Conduct of additional quality	No	No
improvement projects		
Conduct of studies that focus on a		
particular aspect of clinical or non-	No	No
clinical services at a point in time		

Table 1-1 EXTERNAL QUALITY REVIEW (EQR) ACTIVITIES

1.3 Waivers and Special Terms and Conditions

The *waivers* approved by CMS, which have allowed the State to operate RIte Care (and now RIte Share), were actually waivers of specific provisions of the Social Security Act (SSA). These waivers include ones to permit the State to receive Federal funds "not otherwise matchable" except under the authority of Section 1115 of the Act. For Medicaid, this provides Federal matching for the expansion populations. For CHIP, this provided Federal matching for eligible parents and relative caretakers, as well as eligible pregnant women.

The approval of these waivers and Federal matching was contingent upon the State's compliance with Special Terms and Conditions (STCs). These STCs also delineated the "nature, character, and extent of anticipated Federal involvement" in the **demonstration**.

Demonstration has been highlighted because RIte Care was a "demonstration project," according to the DHHS approval letter¹⁷.

¹² Any "additional" performance measures must be validated by an EQRO.

¹³ Any "additional" performance improvement projects must be validated by an EQRO.

¹⁴ Defined as "mandatory" under the January 24, 2003 *Final Rule*.

¹⁵ According to the provisions of the January 24, 2003 *Final Rule*.

¹⁶ Not listed in the *Final Rule* as a "mandatory" activity in 42 CFR 438.358(b) but "required" by 42 CFR 438.364.

¹⁷ The most recent version of the approval letter with both the waivers and the STCs explicated was June 18, 2008.

The STCs contained a number of elements germane to quality assessment and performance improvement, as follows:

- Encounter Data Requirements The State had to have an encounter data "minimum data set," and must perform "periodic reviews, including validation studies, to ensure compliance." The State had to have a "plan for using encounter data to pursue health care quality improvement." This plan had to, at a minimum, focus on:
 - Childhood immunizations
 - Prenatal care and birth outcomes
 - Pediatric asthma
 - One additional clinical condition to be determined by the State based on the population(s) served
- Quality Assurance Requirements The State had to fulfill the following quality assurance requirements:
 - Develop a methodology to monitor the performance of the Health Plans, that will include, at a minimum, monitoring the quality assurance activities of each Health Plan
 - Contract with an external quality review organization (EQRO) for an independent audit each year of the demonstration
 - Establish a quality improvement process for bringing Health Plans that do not meet State requirements up to an acceptable level
 - Collect and review quarterly reports on complaints and grievances received by the Health Plans, and their resolution
 - Conduct by the EQRO of a focused study of emergency room services, including inappropriate emergency room utilization by RIte Care enrollees
 - Require, by contract, that Health Plans meet certain State-specified standards for Internal Quality Assurance Programs (QAPs) as required by 42 CFR 438.240 and monitor on a periodic basis each Health Plan's adherence to these standards
 - As noted at the beginning of this update, the STCs¹⁸ for the Global Compact Choice Waiver specified with respect to Quality Assurance and Improvement:

"The state shall keep in place the existing quality systems for the waivers/demonstrations/programs that currently exist and will remain intact under the Global 1115 Waiver (RIte Care, Rhody Health Partners, Connect Care Choice, RIte Smiles, and PACE).

- General Administrative/Reporting Requirements The State was required to report quarterly and annually in writing to CMS on¹⁹:
 - Events affecting health care delivery, the enrollment process for newly-eligible individuals, enrollment and outreach activities, access, complaints and appeals, the benefit package, quality of care, access, financial results, and other operational and policy issues
 - Utilization of health services based on encounter data, including physician visits, hospital admissions, and hospital days

These STCs basically remained the same since RIte Care was first implemented in 1994.

¹⁸ STCs dated January 16, 2009.

¹⁹ Three quarterly and one annual report were required to be submitted to CMS. All reports could be combined Medicaid and CHIP reports.

1.4 CHIP Quality Requirements

CHIP, too, has quality requirements. Specifically, 42 CFR 457.495 addresses "access to care and procedures to assure quality and appropriateness of care²⁰. The State CHIP Plan must describe how it will assure:

- Access to well-baby care, well-child care, well-adolescent care, and childhood and adolescent immunizations
- Access to covered services, including emergency services
- Appropriate and timely procedures to monitor and treat enrollees with chronic, complex, or serious medical conditions, including access to an adequate number of visits to specialists experienced in treating the specific medical condition and access to out-of-network providers when the network is not adequate for the enrollee's medical condition
- Decisions related to the prior authorization of health services are completed in accordance with the medical needs of the patient, within 14 days after receipt of a request for services, with an extension possible under certain circumstances, and in accordance with State law²¹

THIS SPACE INTENTIONALLY LEFT BLANK

²⁰ *Federal Register*, 66(8), January 11, 2002, 2666-2688.

²¹ *Federal Register*, 66(122), June 25, 2001, 33810-33824.

CHAPTER 2

COMPONENTS OF RITE CARE'S QUALITY ASSESSMENT AND PERFORMANCE IMPROVEMENT STRATEGY

From the very beginning of RIte Care, the State has taken to heart the fact that it is a *demonstration* initiative. RI Medicaid developed a plan for monitoring RIte Care Health Plans early on. The plan included the following mechanisms for monitoring 13 areas of Health Plan operations:

- Annual Site Visit Protocol
- Disenrollment Grievance Log
- Informal Complaints and Grievance and Appeals Log
- Primary Care Provider (PCP) Survey
- Enhanced Services Report
- MMIS Special "Runs"
- Member Satisfaction Survey
- Self-Assessment Tool for Health Plan Internal Quality Assurance Plan Compliance with HCQIS
- Access Study Format
- PCP Open Practice Report
- Other Provider Report
- Financial Reporting Requirements
- Third-Party Liability Report

The State also crafted and has implemented an extensive research and evaluation program to determine how well RIte Care has done in accomplishing its goals. In fact, research began before RIte Care was actually implemented in order to have some baseline data for comparison with *demonstration* results.

2.1 Principles Forming the Foundation of RIte Care's Quality Strategy

As with the earlier monitoring plan, principles have been developed to frame the strategy as follows:

- Principle 1: The strategy must embrace the unique feature of the program while fulfilling the Federal requirements Chapter 2 described the Federal requirements applicable to the demonstration with respect to quality assessment and performance improvement. The strategy must incorporate all of the requirements in order to comply fully with the regulations and STCs. Yet, the strategy must make sense given the features of RIte Care²², what the State has been attempting to accomplish, and how it has been assessing accomplishments.
- Principle 2: The strategy must build on, not duplicate or supplant, other requirements The service delivery system for RIte Care does not exist in isolation. The State made a policy decision²³ in the very beginning that only State-licensed health maintenance organizations (HMOs) would be allowed to participate in RIte Care. HMOs in the State are overseen by the Division of Facility

²² The focus here is RIte Care and not RIte Share, because RIte Care is the mandatory managed care program. RIte Share, while there is mandatory enrollment, does **not** have mandatory enrollment into a *managed care plan*.

²³ When Blue Cross and Blue Shield of Rhode Island (BCBSRI) made a decision to give up its HMO license for CHIP effective January 1, 2005, the State changed its requirements that non-HMO RIte Care Health Plans had to meet, including NCQA accreditation and certain HMO requirements that plans had to meet under Rhode Island Department of Health regulations. These requirements were incorporated into the *RIte Care Health Plan Contract* effective January 1, 2005. BCBSRI ceased participating in Medicaid managed care in December 2010, when it declined to bid on the State's new Medicaid managed care procurement.

Regulation (DFR) within the Rhode Island Department of Health (DOH) and by the Department of Business Regulation (DBR). In Rhode Island, this also means that the HMOs are accredited by the National Committee for Quality Assurance (NCQA), since this is a requirement of State law²⁴. So, the strategy should build on, not duplicate or supplant these requirements.

- Principle 3: The strategy must recognize and not interfere with the relationships between the Health Plans and their networks and between the networks and their patients Failure to do so could undermine these relationships, thereby jeopardizing the Health Plans' ability to maintain viable operations and RIte Care as a whole. Nonetheless, quality assessment needs to include these relationships to assure they are working well and meet all legal requirements.
- Principle 4: The strategy must include, among other things, the requirements levied on the Health Plans through the contracts between the Health Plans and the State – Health Plans cannot be held accountable for operations or performance for which they are not contractually obligated (or obligated as a matter of law, ethics, or sound business practice) to meet.

2.2 The Components of Rhode Island's Quality Strategy for Managed Care

Using the above principles as a backdrop, the following will constitute the various components of the strategy for quality assessment and performance improvement. Table 2-1 shows the various components of RIte Care's CMS-approved quality strategy. In order to track compliance with Federal requirements, the table is organized first according to those minimum elements delineated in the June 14, 2002 *Final Rule* and then according to the applicable STCs for the RIte Care waivers.

In this update to the quality strategy, the State has set forth its quality design for Rhody Health Partners, Connect Care Choice, and RIte Smiles, building upon the core principles that have been previously approved by CMS for RIte Care. Table 4–1 delineates the components of the quality design for Rhody Health Partners, the State's MCO-based Medicaid managed care program for disabled adults; Table 5-1 outlines the quality design for the State's primary care case management program for disabled adults, Connect Care Choice²⁵. The quality design for RIte Smiles, the State's dental managed care program for Medicaid-enrolled children born on or after May 1, 2000, has been provided in Table 6-1.

²⁴ All three MCOs that were participating in RIte Care during Reporting Year 2010 (the most recent EQR period) had full, three-year accreditation from NCQA. All three Health Plans – BCBSRI, Neighborhood Health Plan of Rhode Island (NHPRI), and United HealthCare of New England (UHCNE) – received an "excellent" designation from NCQA. Both BCBSRI and UHCNE had their Medicaid product lines accredited separately by NCQA and both were Medicare Advantage participating plans (and had their Medicare product lines separately accredited by NCQA).

²⁵ Rhody Health Partners and Connect Care Choice serve disabled adults whose only source of health insurance coverage is Rhode Island Medicaid.

QUALITY/PERFORMANCE IMPROVEMENT AREA	MECHANISM	COMMENTS
1. Assess the quality and appropriateness of care and services to enrollees	 Performance incentive program Encounter Data System NCQA information Member Satisfaction Survey Complaint, grievance, and appeals reporting EQRO studies Special studies Contract compliance review 	
2. Identify the race, ethnicity, and primary language spoken of each enrollee	MMIS data	
3. Arrange for annual, external independent reviews of the quality and timeliness of, and access to, the services covered under each Health Plan contract	 Performance incentive program Encounter Data System NCQA information Member Satisfaction Survey Complaint, grievance, and appeals reporting EQRO studies Special studies Contract compliance review 	The State's EQRO is responsible for preparing an annual, plan- specific detailed technical report that assesses the quality, timeliness, and access to the care furnished by each Health Plan.
4. Appropriate use of intermediate sanctions	Contract compliance review	Provisions for levying intermediate sanctions have always been a part of the RIte Care Health Plan Contract. Contracts were amended to incorporate Subpart I of the June 14, 2002 <i>Final Rule</i> requirements.

Table 2-1 COMPONENTS OF RITE CARE'S QUALITY ASSESSMENT AND PERFORMANCE IMPROVEMENT STRATEGY

QUALITY/PERFORMANCE IMPROVEMENT AREA	MECHANISM	COMMENTS
5. Standards for Access to Care, Structure and Operations, and Quality Measurement and Improvement		
5.a. Access Standards		
5.a.1 Availability of services	 Performance incentive program Encounter Data System MMIS data Risk-share reporting NCQA information Member Satisfaction Survey Complaint, grievance, and appeals reporting EQRO activities Special studies Contract compliance review 	As Table 2-2 shows, the State has quantitative access standards and has since 1994.
5.a.2 Assurances of adequate capacity and services	Provider network reportingNCQA informationContract compliance review	As Table 2-2 shows, the State has quantitative capacity standards and has since 1994.
5.a.3 Coordination and continuity of care	 Complaint, grievance, and appeals reporting NCQA information EQRO activities Special studies Contract compliance review 	The State defers principally to NCQA standards in this area.
5.a.4 Coverage and authorization of services	 Encounter Data System MMIS data Risk-share reporting NCQA information Member Satisfaction Survey Complaint, grievance, and appeals reporting EQRO activities Contract compliance review 	The State defers principally to NCQA standards in this area.
5.b. Structure and Operation Standards		
5.b.1 Provider selection	 Provider network data NCQA information Complaint, grievance, and appeals reporting Contract compliance review 	The State defers principally to NCQA standards in this area.

QUALITY/PERFORMANCE IMPROVEMENT AREA	MECHANISM	COMMENTS
5.b.2 Enrollee information	 Performance incentive program On-site reviews NCQA information Complaint, grievance, and appeals reporting Special studies Contract compliance review 	The State defers to NCQA standards in this area, except for certain State-specific requirements to be met in the contract.
5.b.3 Confidentiality	 NCQA information Complaint, grievance, and appeals reporting Contract compliance review 	The State defers principally to NCQA standards in this area.
5.b.4 Enrollment and disenrollment	 MMIS data NCQA information Complaint, grievance, and appeals reporting Contract compliance review 	State requirements must be met as specified in the contract.
5.b.5 Grievance systems	 NCQA information Annual Member Satisfaction Survey Complaint, grievance, and appeals reporting Special studies Contract compliance review 	The State defers to NCQA standards in this area, except for certain requirements that must be met under State law.
5.b.6 Subcontractual relationships and delegation	 NCQA information Complaint, grievance, and appeals reporting Special studies Contract compliance review 	The State defers principally to NCQA standards in this area.
5.c. Quality Measurement and Improvement Standards		
5.c.1 Practice guidelines	NCQA informationSpecial studiesContract compliance review	The State defers principally to NCQA standards in this area.
5.c.2 Quality assessment and performance improvement program	 Performance incentive program Encounter Data System Complaint, grievance, and appeals reporting NCQA information 	The State defers to NCQA standards in this area, except for certain State-specific requirements to be met under the contract.

QUALITY/PERFORMANCE IMPROVEMENT AREA	MECHANISM	COMMENTS
	Special studiesContract compliance review	
5.c.3 Health information systems	 Encounter Data System Risk-share reporting NCQA information EQRO activities Special studies Contract compliance review 	The State defers to NCQA standards in this area, except for certain State-specific requirements to be met under the contract.
6. Encounter Data Requirements	 Encounter Data System EQRO activities Special studies Contract compliance review 	The Encounter Data System has been used to produce reports since 1998. It is supplemented by EQRO studies and special studies in areas of access and clinical care interest.
7. Quality Assurance Requirements		
7.a. Methodology to monitor performance	All mechanisms	Previously, the State had a <i>Plan</i> <i>for Monitoring RIte Care Health</i> <i>Plans</i> . That plan is superseded by this strategy document with respect to quality.
7.b. Contract with EQRO	EQRO activities	The State's EQRO contract was reprocured in 2003, 2006, and 2012 ²⁶ .
7.c. Quarterly reports on complaints and grievances	 Complaint, grievance, and appeals reporting Contract compliance review 	Complaint, grievance, and appeals reporting have been in place since 1994.
7.d. EQRO focused study of emergency room services	EQRO study	Study report was submitted to CMS (HCFA) in 1998.
7.e. Require that Health Plans meet certain quality assurance requirements	NCQA informationContract compliance review	Contracts were amended to conform to the <i>Final Rule</i> .
8. General Administrative/Reporting Requirements – quarterly and annual reports	All mechanisms	

²⁶ In 2012, Rhode Island issued its Request for Proposals (RFP) for the managed care EQR functions.

Table 2-2 shows those areas where the State has established quantitative standards for access.

Area	Quantitative Standards for Access and Mechanism	Mechanism for Measuring It
Availability of services	 Emergency services are available 24 hours a day, 7 days a week Make services available immediately for an "emergent" medical condition including a mental health or substance abuse condition Make treatment available within 24 hours for an "urgent" medical problem including a mental health or substance abuse condition Make services available within 30 days for treatment of a non- emergent, non-urgent medical condition, except for routine physical examinations or for regularly scheduled visits to monitor a chronic medical condition for visits less frequently than once every 30 days Make services available within 5 business days for diagnosis or treatment of a non-emergent, non- urgent mental health or substance abuse condition 	 Complaint, grievance, and appeals data Contract compliance review Member Satisfaction Survey
Adequate capacity and services	 No more than 1,500 RIte Care members for any single PCP in a Health Plan network No more 1,000 RIte Care members per single PCP within the team or site No more than 4,000 members per network mental health provider No more than 10,000 members per network psychiatrist Members may self-refer for up to 4 	 Provider network reporting Informal complaints reporting Encounter Data System

 Table 2-2

 RIte Care's Quantitative Standards for Access and Mechanisms for Measuring Them

Area	Quantitative Standard	Mechanism for Measuring It
	GYN/family planning (FP) visits annually or for FP services, without obtaining a referral from the PCP	
Coverage and authorization of services	 obtaining a referral from the PCP Assignment of a PCP within 20 days of enrollment, if none selected by the enrollee For children with special health care needs, completion of an Initial Health Screen within 45 days of the effective date of enrollment For children with special health care needs for whom it is applicable, completion of a Level I Needs Review and Short Term Care Management Plan within 30 days of the effective date of enrollment Provide initial assessments of RIte Care members within 90 days of enrollment Provide initial assessments of pregnant women and members with complex and serious medical conditions within 30 days of the date of identification Allow women direct access to a women's health care specialist within the Health Plan's network for women's routine and preventive services Resolution of a standard appeal of an adverse decision within 14 days 	 On-site review Member Satisfaction Survey Complaint, grievance, and appeals data
	 Resolution of an expedited appeal of an adverse decision within 3 days 	

The State's "standards" are "at least as stringent" as required by 42 CFR 438.204(g).

As noted in Chapter 2, information gathering for EQR must be consistent with *protocols* established under 42 CFR 438.352. Table 2-3 describes the entity that will perform each EQRO activity and the *protocol* used/to be used to guide the activity.

Activity	Who Has, Will, or May Perform	Protocol Used/To Be Used
Prepare detailed technical report	EQRO	No protocol specified by CMS
Validation of performance improvement projects	EQROXerox State Healthcare, LLCState staff	Methods consistent with CMS protocols
Validation of MCO performance measures reported	NCQA auditors	NCQA audit standards and protocols, which the State has found to be consistent with CMS protocols
Review to determine MCO compliance with standards	State staffXerox State Healthcare, LLC	State-specific protocols consistent with CMS protocols
Validation of encounter data	Xerox State Healthcare, LLCMay be the EQRO	Validate against bills and/or against medical records
Administration or validation of consumer or provider surveys of quality of care	Xerox State Healthcare, LLCState staffMCH Evaluation	State-specific consumer survey consistent with CMS protocols and CAHPS [®] standards
Calculation of additional performance measures	Xerox State Healthcare, LLCMCH Evaluation	Methods consistent with CMS protocols
Conduct of additional quality improvement projects	 State staff Xerox State Healthcare, LLC MCH Evaluation 	Methods consistent with CMS protocols
Conduct of studies that focus on a particular aspect of clinical or non- clinical services at a point in time	EQRO	EQRO's methods consistent with CMS protocols

Table 2-3 Protocols Used/To Be Used for EQR

Xerox State Healthcare, LLC, (formerly ACS) is the State's management assistance contractor. MCH Evaluation is the State's research and evaluation contractor. IPRO, Incorporated is the State's EQRO.

CHAPTER 3

PROCESS FOR INVOLVING RECIPIENTS AND OTHER STAKEHOLDERS

To fulfill the requirements of 42 CFR 438.202(b) to "obtain the input of recipients and other stakeholders in the development of the strategy and make the strategy available for public comment before adopting it in final," the State used the following process:

- RI Medicaid posted the "final draft" on the RI Medicaid Website.
- RI Medicaid put a notice in English and Spanish in The Providence Journal, the newspaper of widest circulation in the State, making the public aware that the "final draft" was available for review and how to obtain a copy of it. RI Medicaid had a 30-day comment period.
- RI Medicaid put the "final draft" on the agenda of the Child and Family Health Consumer Advisory Council for discussion.
- With there being no comments received from the public, the document was finalized and copies were forwarded to CMS Central and Regional Offices.

The State will review the Quality Strategy periodically with the EOHHS' Consumer Advisory Committee (CAC) and the Global Waiver's Quality and Evaluation Workgroup to assess the strategy's effectiveness and to update it, as needed. In addition, Rhode Island will review its Quality Strategy whenever the following temporal events occur: a) new population groups are to be enrolled in managed care delivery systems; and b) Medicaid managed care re-procurement takes place.

THIS SPACE INTENTIONALLY LEFT BLANK

CHAPTER 4

RHODY HEALTH PARTNERS

The option to enroll in a managed care organization (MCO)²⁷ was extended to adult Medicaid beneficiaries with disabilities in 2008. At that time, adults with disabilities without third-party coverage were given the option to enroll in an MCO with the provision that they could choose to return to fee-for-service (FFS) Medicaid ("opt out") at any time. Effective September 1, 2010, all adults residing in the community without third-party coverage were required to either enroll in a Health Plan (i.e., MCO) through Rhody Health Partners or in the State's FFS programs, which are Connect Care Choice and Connect Care. The Connect Care Choice program is a primary care practice-based model that includes care coordination and nurse care management. Connect Care is not a focus of the quality strategy, given that it is not a managed care product.

Eligibility for enrollment in Rhody Health Partners is based on State determination of Medicaid beneficiaries who meet the following criteria:

- Age twenty-one (21) or older
- Categorically eligible for Medicaid
- Not covered by other third-party insurance, including Medicare
- Residents of Rhode Island
- Not residing in an institutional facility

Beneficiaries have a choice of Health Plans in which to enroll. Following ninety (90) days after their initial enrollment into a Health Plan, beneficiaries are restricted to that Health Plan until the next open enrollment period or unless they are disenrolled by the State under certain conditions (e.g., placement in a nursing facility for more than 30 consecutive days).

Rhody Health Partners members have the same comprehensive benefits package as RIte Care members, with the exception of Home Care Services. However, Rhody Health Partners members do have Home Health Services benefits. In addition, Rhody Health Partners have access to out-of-plan benefits covered prior to the Global Waiver by Section 1915 waivers including, for example, homemaker services, environmental modification, home-delivered meals, supportive living arrangements, adult companion services, respite services, and assisted living. As noted previously, the State's former 1915(c) waiver services were integrated into Rhode Island's Global Waiver.

An important component of Rhody Health Partners is a Care Management program, for which the Health Plan must comply with the *Rhode Island Department of Human Services Care Management Protocols for Adults Enrolled in Rhody Health Partners.* Key elements of this program are:

- Initial Adult Health Screen completed within forty-five (45) days of enrollment in the Health Plan
- Level I Needs Review completed within thirty (30) days of completion of the Initial Health Screen
- Level II Needs Review completed within thirty (30) days of completion of the Initial Health Screen or Level I Review, including development of an Intensive Care Management Plan as needed
- Short-Term Care Management completed within thirty (30) days of completion of the Initial Health Screen
- Intensive Care Management as deemed necessary

²⁷ Prior to the State's *Medicaid Managed Care Services* re-procurement in September of 2010, NHPRI and UHCNE were the MCOs available to adults with disabilities in which to enroll; BCBSRI never made itself available to this population.

As part of its Contract with the State, each Health Plan agrees to conduct at least one quality improvement project annually directed at Rhody Health Partners members.

Table 4-1 shows the quality design for Rhody Health Partners.

Rhody Health Partners Quality Design						
Date Collection Method	Type of Method	Performed By				
Administrative data and hybrid measures, as set forth annually by the NCQA	The HEDIS [®] methodology.	Medicaid-participating Health Plans serving Rhode Island's RHP enrollees				
Quality Improvement Project (QIP)	NCQA's Quality Improvement Assessment (QIA) methodology that meets CMS protocol requirements.	Medicaid-participating Health Plans serving Rhode Island's RHP enrollees				
Annual External Quality Review	Elements as mandated by 42 CFR 438.350(a).	Rhode Island's designated External Quality Review Organization (IPRO)				
Informal Complaints, Grievances, and Appeals	Informal complaint reports are submitted electronically in a spreadsheet template established by RI Medicaid.	Medicaid-participating Health Plans serving Rhode Island's RHP enrollees				
Health Plan Member Satisfaction Survey	The CAHPS [®] 4.0 Survey Methodology for Adults in Medicaid.	NCQA-certified CAHPS [®] vendor				
Care Management Report for RHP	Care management reports are submitted electronically in a spreadsheet template established by RI Medicaid.	Medicaid-participating Health Plans serving Rhode Island's RHP enrollees				
Encounter Data Reporting and Analysis	The managed care encounter dataset is designed to identify services provided to an individual and track utilization over time and across service categories, provider types, and treatment facilities.	Medicaid-participating Health Plans serving Rhode Island's RHP enrollment population				
Access to Health Care for Adults with Disabilities on Medicaid Survey	Telephone survey of a sample of Rhode Island's ABD (Aged, Blind, and Disabled) population, including RHP enrollees.	Independent Contractor				

Table 4-1
Rhody Health Partners Quality Design

APPENDIX 2: Quality Improvement Activity Form Template

QUALITY IMPROVEMENT FORM

NCQA Quality Improvement Activity Form

Activity Name:					
Section I: Activity Selection a	nd Methodology				
A. Rationale. Use objective information (data) to explain your rationale for why this activity is important to members or practitioners and why there is an opportunity for improvement.					
	nd define <i>all</i> quantifiable measures used in this activity. Include a goal or benchmark for each measure. If a goal was established, e the source. Add sections for additional quantifiable measures as needed.				
Quantifiable Measure #1:					
Numerator:					
Denominator:					
First measurement period dates:					
Baseline Benchmark:					
Source of benchmark:					
Baseline goal:					
Quantifiable Measure #2:					
Numerator:					
Denominator:					
First measurement period dates:					
Benchmark:					
Source of benchmark:					
Baseline goal:					

Quantifiable Measure #3:	
Numerator:	
Denominator:	
First measurement period dates:	
Benchmark:	
Source of benchmark:	
Baseline goal:	
C. Baseline Methodology.	
C.1 Data Sources.	
 Medical/treatment records Administrative data: Claims/encounter data Hybrid (medical/treatment recor Pharmacy data Survey data (attach the survey for a survey data describe): 	[] Complaints [] Appeals [] Telephone service data [] Appointment/access data ds and administrative) cool and the complete survey protocol)
administrative database from N	ss database to track all pregnant members as part of our Healthy First Steps Program. Although this database was not used as an CQA perspective, it was used by local Plan team members to identify and outreach to pregnant members. In addition, we used this embers who participated in our Diaper Reward

If medical/treatment records, check below: Medical/treatment record abstraction If survey, check all that apply: Personal interview Mail Phone with CATI script Phone with IVR Internet Incentive provided Other (list and describe): 	If administrative, check all that apply: Image: Programmed pull from claims/encounter files of all eligible members Image: Programmed pull from claims/encounter files of a sample of members Image: Programmed pull from claims/encounter files of a sample of members Image: Programmed pull from claims/encounter files of a sample of members Image: Programmed pull from claims/encounter files of a sample of members Image: Programmed pull from claims/encounter files of a sample of members Image: Programmed pull from claims/encounter files of a sample of members Image: Programmed pull from claims/encounter files of a sample of members Image: Programmed pull from claims/encounter files of a sample of members Image: Programmed pull from claims/encounter files of a sample of members Image: Programmed pull from claims/encounter files of a sample of members Image: Programmed pull from claims/encounter files of a sample of members Image: Programmed pull from claims/encounter Image: Progra
--	---

C.3 Sampling. If sampling was used, provide the following information.

Measure	Sample Size	Population	Meth	nod for Determining Size (describe)	Sampling Method (describe)	
C.4 Data Collection Cycle.			Data Analysis Cycle.	·		
] Once a year] Twice a year] Once a season] Once a quarter] Once a month] Once a week] Once a day] Once a day [] Other (list and describe): _Annual HEDIS data col Summer preceding close 	llection in Spring, and	id interim measure in		 [] Once a year [] Once a season [] Once a quarter [] Once a month [] Continuous [] Other (list and describe): 		

C.5 Other Pertinent Methodological Features. Complete only if needed.

D. Changes to Baseline Methodology. Describe any changes in methodology from measurement to measurement.

Include, as appropriate:

- Measure and time period covered
- Type of change
- Rationale for change
- Changes in sampling methodology, including changes in sample size, method for determining size, and sampling method
- Any introduction of bias that could affect the results

#1 Quantifiable Measu	ire:						
Time Period Measurement Covers	Measurement	Numerator	Denominator	Rate or Results	Comparison Benchmark	Comparison Goal	Statistical Test and Significance*
	Baseline:						
#2 Quantifiable Measu	ire:						
Time Period Measurement Covers	Measurement	Numerator	Denominator	Rate or Results	Comparison Benchmark	Comparison Goal	Statistical Test and Significance*

#3 Quantifiable Measu	ıre:						
Time Period Measurement Covers	Measurement	Numerator	Denominator	Rate or Results	Comparison Benchmark	Comparison Goal	Statistical Test and Significance*
	Baseline:						

* If used, specify the test, p value, and specific measurements (e.g., baseline to remeasurement #1, remeasurement #1 to remeasurement #2, etc., or baseline to final remeasurement) included in the calculations. NCQA does not require statistical testing.

Section III: Analysis Cycle

Complete this section for ÉACH analysis cycle presented.

A. Time Period and Measures That Analysis Covers.

B. Analysis and Identification of Opportunities for Improvement. Describe the analysis and include the points listed below.

B.1 For the quantitative analysis:

B.2 For the qualitative analysis:

- Opportunities identified through the analysis
- Impact of interventions
- <u>Next steps</u>

Section IV: Interventions Table

Interventions Taken for Improvement as a Result of Analysis. List chronologically the interventions that have had the most impact on improving the measure. Describe only the interventions and provide quantitative details whenever possible (e.g., "hired 4 UM nurses" as opposed to "hired UM nurses"). Do not include intervention planning activities.

Date Implemented (MM / YY)	Check if Ongoing	Interventions	Barriers That Interventions Address

Section V: Chart or Graph (Optional)

Attach a chart or graph for any activity having more than two measurement periods that shows the relationship between the timing of the intervention (cause) and the result of the remeasurements (effect). Present one graph for each measure unless the measures are closely correlated, such as average speed of answer and call abandonment rate. Control charts are not required, but are helpful in demonstrating the stability of the measure over time or after the implementation.