Everyone can use some assistance from time to time.

If you’re at the stage in life where some assistance could make it easier for you to continue living in your own home or residence (including assisted living and shared living), you might be interested in learning about in-home services that offer assistance with transportation, meals, household chores, personal care, and much more.
Wondering if you qualify for services?

Home and Community-Based Services (HCBS) are delivered to you in your home or in a home-like setting in the community. For people with low income, HCBS are available through the Medicaid Long-Term Services and Supports (LTSS) program and are provided free or at a reduced cost. To qualify for Medicaid coverage, you must meet financial requirements and demonstrate need. If you don’t qualify for Medicaid, other options are available to you. We will help you learn more about all of the services available for your specific situation.

How does the process work?

Navigating the long-term care system can be challenging, but you don’t have to do it alone. We will work closely with you to create an individualized plan and determine your eligibility. We’re here to answer your questions and explain the details.

There are four basic steps:

1. Connecting you with a free Options Advisor
   We’ll get to know you as a person, discuss your goals, and learn what is most important to you. We’ll talk with you about how some extra help could make your life easier and more enjoyable.

2. Discussing your options
   Together, we’ll discuss different services to determine which may be the best fit for you. Of course, you are welcome to include a family member or friend in this conversation.

3. Preparing your plan
   Based on our conversations, we’ll prepare a written plan that will include where you want to live, the supports and services that are needed, and what’s needed to obtain them.

4. Determining your eligibility and getting started
   We’ll determine your eligibility for services and supports that would be covered by Medicaid as well as those that might need to be funded by you, your family, or through insurance or other possible programs.

Tell us how we can help.

When you’re ready to learn more, contact MyOptionsRI.

MyOptions.RI.gov | (401) 462-4205

Notes: