

CCBHC Evidence-Based Practices & Fidelity Resource Guide

Last Updated February 2024

Contributors and Contacts

This comprehensive resource guide on CCBHC Evidence-Based Practices (EBPs) and Fidelity is the result of collaborative efforts with Brandeis University's Institutes of Health Services and Behavioral Health and representatives from Rhode Island's CCBHC grantee organizations. Below, you'll find a list of individuals, along with their respective organizations and email contacts, who participated in and contributed to the development of this resource guide. Their expertise and input were invaluable.

Palmira Santos (Brandeis University, psantos@brandeis.edu)
Adam Vose-O'Neal (Brandeis University, avoseoneal@brandeis.edu)
Jessica Lifton (Brandeis University, jesslifton@brandeis.edu)
Emily Steely (Community Care Alliance, esteely@communitycareri.org)
Kimberly Epler (East Bay Community Action Program, kepler@ebcap.org)
Deidre Graustein (East Bay Community Action Program, dgraustein@ebcap.org)
Emily Fickenwirth (Family Service of RI, fickenwirthem@familyserviceri.org)
Rachel Small (Family Service of RI, smallra@familyserviceri.org)
Donna Rodrigues (Gateway - Pawtucket, Drodrigues8@lifespan.org)
Erin Goodman (Gateway - Washington, EGoodman@lifespan.org)
Abigail Steiblin (Newport Mental Health, asteiblin@newportmh.org)
David Whitty (The Providence Center, DWhitty@carene.org)
Lynda Stein (University of Rhode Island, lynda_stein@uri.edu)

CCBHC EBP Resource Guide, February 2024

Comprehensive EBP training resources designed for CCBHCs:

[Relias](#)

[National Council on Mental Well Being](#)

Topic ¹	Train the trainer	Online	In-person
Motivational Interviewing/Motivational Enhancement Therapy	Description: client-centered, evidence-based, directive method for enhancing intrinsic motivation to change by exploring and resolving ambivalence		
Behavioral Health & Homeless Prevention Training Group			Motivational Interviewing and Stages of Change Toolkit Free
CODAC Behavioral Health			In-person, on-site MI Training (Min 3, Max 25) – ask about Zoom. \$790 for 3-hour Foundations, Intermediate, and Advance trainings \$1,300 for 6-hour MI Mentor Training Contact Beth Bennett for more info – bbennett@codacinc.org or 401-207-7788
Health Education and Training Institute	Train the trainer workshops occur twice per year. \$450/trainer for 3 full day training	Live Foundational MI via Zoom \$175/person for 4 half day training or 3 full day training For groups: \$150 per instruction hour Live MI Coding Training via Zoom \$250/person for 3 full day training	Foundational MI \$100/person for 2 full day training in Portland, ME For groups: \$150 per instruction hour + travel expenses

¹ Separate clusters for Adults, Adults and Children and Children – blue merge line before the cluster separations

CCBHC EBP Resource Guide, February 2024

Topic ¹	Train the trainer	Online	In-person
MINT: Excellence in Motivational Interviewing	Training New Trainers \$425/person for 3-day training *Group discounts may be available	Upcoming Online – Introductory, Intermediate, Advanced, Supervision & Coaching, Coding Ranges from \$0-\$675/person, most under \$200/person	Upcoming Events Range from \$150 - \$450 depending on level. Nearest in Portland, ME (HETI). \$650/person for 3-day training *Group discounts may be available
UMass Chan Medical School Center for Integrated Primary Care		Certificate of Intensive Training in Motivational Interviewing \$1550/person for a semester-long (22 hours) course that includes feedback on recorded MI sessions and individual coaching. Group discount for 10+ people. Building Knowledge in Motivational Interviewing \$700 for 10 video lessons	
ATTC Network (New England Region 1)		Webinar on MI: Conversation and Compassionate Listening and its Impact During COVID-19 Free Theory & Practice of MI - Part 1 & Part 2 Free	Contact NewEnglandATTC@brown.edu for more information on private trainings.
Crisis & Trauma Resource Institute		Live Virtual Workshop \$223.47/person regular rate, \$201.05/person early rate for 1 day workshop On-Demand Workshop \$139/person On-Demand Webinar \$24.99 or Member plan starting at \$8.97 a month per viewer	

CCBHC EBP Resource Guide, February 2024

Topic ¹	Train the trainer	Online	In-person
Psychwire		MI Foundational Training \$450/person for 10-hour, 6-week course	
Fidelity Tool(s)	Motivational Interviewing Treatment Integrity (MITI) instrument Webinar - Ensuring Fidelity to Motivational Interviewing Among Frontline Service Providers		
Cognitive Behavioral Therapy (CBT) Age/population appropriate	Description: problem-oriented strategy. It focuses on current problems and finding solutions for them.		
RICBT			Charles Boisvert (charlesboisvert@ricbt.com) for Foundation and topical lectures in CBT. Through RICBT 1130 Ten Rod Road, Suite e305, North Kingstown, RI 02852.
Beck Institute: Cognitive Behavior Therapy	Train the trainer	Full training catalog \$400-\$600/person for 2 or 3-day live training. \$75-\$500/person for on-demand training. Live and on-demand organization-wide trainings	
Boston University School of Social Work: The Network for Professional Education	Train the trainer certificate program	Full training catalog \$100-\$200/person for webinars and online courses. \$1250/person for 12-week interactive certificate program. *Group discounts available Organizations-wide training	
Crisis & Trauma Resource Institute		Live Virtual Workshop \$223.47/person regular rate, \$201.05/person early rate for 1 day workshop On-Demand Workshop \$139/person	

CCBHC EBP Resource Guide, February 2024

Topic ¹	Train the trainer	Online	In-person
		On-Demand Webinar \$24.99 or Member plan starting at \$8.97 a month per viewer	
Psychwire		Courses include Foundational CBT, CBT for Anxiety, CBT for Trauma, among others. \$440/person for 12-hour, 6-week course	
Fidelity Tool(s)	Beck Institute CBT Checklist CBT Compliance Checklist from Kansas (see page 2)		
Coordinated Specialty Care (CSC) 16-25	Description: Recovery-oriented, team approach to treating early psychosis that promotes easy access to care and shared decision-making among specialists, the person experiencing psychosis, and family members		
Newport Mental Health			Gina Mullen, NMH Healthy Transitions Team Leader and Healthy Transitions Community Trainer gmullen@newportmh.org
National Association of State Mental Health Program Directors		Online Courses Free access to webinars/talks.	
Yale School of Medicine, Specialized Treatment Early in Psychosis (STEM)		Webinars and talks Free access to webinars/talks.	
Mental Health Technology Transfer Center Network (MHTTC)		Upcoming online and in-person trainings and events Cost varies. Some trainings are free. Basics of Coordinated Specialty Care for Early Psychosis Free online 5-hour course	
SAMHSA toolkit on CSC			
Fidelity Tool(s)	First Episode Psychosis Services Fidelity Scale CSC for First Episode Psychosis Manual II-Implementation – See Appendix 12 (pg. 72) for Recommended Performance Measures/Fidelity Requirements for FPE Programs		

CCBHC EBP Resource Guide, February 2024

Topic ¹	Train the trainer	Online	In-person
Dialectical Behavioral Therapy (DBT)	Description: Structured program of psychotherapy with a strong educational component designed to provide skills for managing intense emotions and negotiating social relationships		
DBT Consultant, Alison McNeil		Basic, Advanced, and topical DBT lectures live via Zoom. Contact davalinee@comcast.net	
ATTC Network (New England Region 1)		Private Training available, for information contact NewEnglandATTC@brown.edu	
Bridge Training Institute		DBT Training Series \$500/person for 24-hour, 6-part series Full Training Catalog	
Portland DBT Institute		2-day Introductory Trainings , \$349/person. Offers discounted rates for groups registration of 3 or more (\$325/person) and for students (\$315/student). See all upcoming trainings here.	
Behavioral Tech		Upcoming online and in-person trainings \$375/person for 2-day DBT Introduction Course \$1595/person for 5-day intensive Foundational Training. Training information for agencies and systems	
Crisis & Trauma Resource Institute		Live Virtual Workshop – MI Strategies for Supporting Change \$223.47/person regular rate, \$201.05/person early rate for 1 day workshop On-Demand Workshop – DBT Balancing Acceptance and Change \$139/person On-Demand Webinar \$24.99 or Member plan starting at \$8.97 a month per viewer	
Psychwire		DBT Skills Courses \$590/person for 12-hour, 6-week course	

CCBHC EBP Resource Guide, February 2024

Topic ¹	Train the trainer	Online	In-person
Fidelity Tool(s)	DBT Program Fidelity Scale DBT Fidelity Checklist		
Family Psychoeducation (FPE)/ Family to Family	Description: Help families, support persons and individuals with a mental illness better understand mental illness while working together towards recovery		
NAMI Rhode Island		NAMI Family-to-Family course Free 8-session virtual educational program for family, significant others, and friends of people living with mental illness.	
Improving Michigan Practices		Family Psychoeducation 4 one-hour courses (and other resources) available. Some courses may be free.	
Relias		Overview of Family Psychoeducation \$19.95/person or Academy All Access Subscription \$249 annually	
SAMHSA toolkit for training frontline staff on FPE			
Fidelity Tool(s)	Family Psychoeducation Fidelity Scale		
Integrated Dual Diagnosis Treatment (IDDT)	Description: Improves quality of life for people with co-occurring severe mental illness and substance use disorders by combining substance abuse services with mental health services.		
Case Western Reserve University, Jack, Joseph, and Morton Mandel School of Applied Social Sciences		Menu of training opportunities Training and consultation available online and in-person. Contact for cost.	Menu of training opportunities Training and consultation available online and in-person. Contact for cost.
NAADAC, The Association for Addiction Professionals		Webinar Two-hour, self-paced webinar on integrated treatment for co-occurring disorders. Free of charge.	
IDDT Resources, Case Western University			
SAMHSA IDDT toolkit for training frontline staff			

CCBHC EBP Resource Guide, February 2024

Topic ¹	Train the trainer	Online	In-person
Fidelity Tool(s)	IDDT Fidelity Scale IDDT Inpatient Fidelity Index		
Medication Treatment, Evaluation and Management (MedTEAM)	Description: Medication management to people with serious mental illnesses.		
Relias		Relias is subscription-based. Contact for information on cost.	
National Council for Mental Wellbeing		Contact NCMW to request their consulting services	
SAMHSA toolkit for training frontline staff on MedTEAM			
Fidelity Tool(s)	MedTEAM fidelity scales (see Appendices A, B, and C) from “Evaluating Your Program” EBP KIT		
Screening, Brief Intervention, and Referral to Treatment (SBIRT)	Description: Early intervention and treatment services for persons with substance use disorders, as well as those who are at risk of developing these disorders		
RI SBIRT, Rhode Island College	Services offered, including Train the Trainer plan	Trainings and resources, including PowerPoints, literature and SBIRT tools Need to contact for information on cost.	Trainings and resources, including PowerPoints, literature and SBIRT tools Need to contact for information on cost.
Massachusetts Screening, Brief Intervention and Referral to Treatment - Training & Technical Assistance	Overview of services, including supporting organizational implementation	On-Demand virtual courses Need to contact for information on cost.	Contact to set up in-person training and get information on cost
ATTC Network (New England Region 1)	Other Regions (Northeast & Caribbean ATTC) have offered Training of Trainers, contact NewEnglandATTC@brown.edu for more information	Intro to SBIRT Training Videos Free	
University of Missouri Kansas City SBIRT		SBIRT for Health and Behavioral Health Professionals Free, 3-hour self-paced online course	
National Council for Mental Wellbeing		SBIRT and YSBIRT Intro/Refresher Trainings \$65/registrant, 3-hour live Zoom training	

CCBHC EBP Resource Guide, February 2024

Topic ¹	Train the trainer	Online	In-person
Institute for Research, Education & Training in Addictions (IRETA) has a large resource library on SBIRT.			
Fidelity Tool(s)	SBIRT Proficiency Checklist		
Trauma informed care (population and age appropriate)	Description: understand a patient's life experiences in order to deliver effective care and has the potential to improve patient engagement, treatment adherence, health outcomes, and provider and staff wellness.		
Behavioral Health & Homelessness Prevention Training Group		Trauma Informed Care Free, most recently offered Jan 2024 . Check BHHP Eventbrite for up-to-date offerings.	
Ocean State Trauma-Informed Community Coalition			Various trauma informed trainings for community and professional organizations. Contact for information on cost.
Family Services of Rhode Island			Trauma Training Institute offers trauma-informed trainings for any agency in RI. Trauma-informed CBT (TF-CBT) trainings for clinicians throughout RI to be trained with Baystate along with ongoing year-long consultation to become certified in TF-CBT. Grant-funded, so free to the community. Goal to train 60 clinicians beginning January 2025. Contact Tory Kouame for more information on both kouameto@familyserviceri.org
Trauma-Informed Care training out of University of Rhode Island			Brandi Colesanti (brandi.via210b@gmail.com), out of URI has done 4-hour CEU trainings for The Providence Center's clinicians, case managers, and direct care staff.
New England Summer School of Addiction Studies		Intensive 4-day hybrid learning experience (June 10-14, 2024); earn up to 26 contact hours. Schedule for this summer not released yet. Last year's program included trauma-informed approaches. Contact for cost.	

CCBHC EBP Resource Guide, February 2024

Topic ¹	Train the trainer	Online	In-person
Trauma-Informed Care Training Center		Trauma-Informed Care Practitioner Training \$298/person for 20 hours of instruction, self-paced.	Virtual-Live Trauma-Informed Training Need to contact for information on cost.
Horizon Health		Horizon Health Provides a “ trauma-sensitive training program ” for staff. Contact for cost.	
UMass Chan Medical School, Lifeline for Kids		Trauma-informed care trainings for MH professionals Need to contact for information on cost.	Trauma-informed care trainings for MH professionals Need to contact for information on cost.
Crisis & Trauma Resource Institute	Train the Trainer Trauma Informed Care – Building a Culture of Strength	On Demand Webinar – Trauma Informed Care Building a Culture of Strength \$24.99 or Member plan starting at \$11.99 a month/viewer. Live Webinar \$49.00 regular rate or \$39.00 early rate/person for 1 hour webinar On Demand Workshop - Trauma Informed Care Building a Culture of Strength Free with Email List Sign Up Live Virtual Workshop \$299 regular rate or \$269 early rate/person for 1 day workshop	
The National Child Traumatic Stress Network		Trainings offered Need to contact training@nctsn.org for information on cost.	Trainings offered Need to contact training@nctsn.org for information on cost.
Fidelity Tool(s)	Creating Cultures of Trauma-Informed and Gender-Responsive Care: Program Fidelity Scale Instruction Guide Creating Cultures of Trauma-Informed Care: Program Fidelity Scale Creating Cultures of Trauma-Informed Care: A Self-Assessment and Planning Protocol		

CCBHC EBP Resource Guide, February 2024

Topic ¹	Train the trainer	Online	In-person
Zero Suicide	Description: Comprehensive approach to suicide care which aims to reduce the risk of suicide for all individuals seen in health care systems. Zero Suicide represents a commitment to patient safety – the most fundamental responsibility of health care – and to the safety and support of clinical staff who treat and support suicidal patients		
Brown University, Warren Alpert Medical School Continuing Medical Education		On-Demand Building a Better Suicide Risk Assessment: The Nuts and Bolts of the Columbia Protocol Free, Expires March 8, 2024	
Bradley Learning Exchange			Suicide: Prevention, Screening, and Response Training Course \$39 for 3-hour training; 2024 scheduled trainings: Feb 7, May 1, Oct 9. Contact Scott Sylvester ssylvester@lifespan.org or 401-606-5754 for more information.
Zero Suicide			Dr. Rob Harrison (401-316-4134, robharrison63usna@gmail.com), an independent consultant and former director of Washington County Zero Suicide, leads trainings on zero suicide, QPRS, Stanley Brown Safety Plan, CSSRS, and PHQ9. Dr. Harrison also conducts organizational assessments and aids fidelity efforts.
Zero Suicide Network (local)			Zero suicide program developed in RI between Newport Mental Health, CODAC, WRC, EBCAP, & more.
The Columbia Lighthouse Project		Training for individuals and systems on Columbia Suicide Severity Rating Scale (CSSRS) Free Mostly online trainings, although in-person training possible in some locations. CSSRS identification and triage resource	
Education Development Center: Zero Suicide Institute	Training of Trainers Contact EDC to determine cost.	Zero Suicide Academy Online 2 days	Zero Suicide Academy In-Person Need to contact EDC to determine cost.

CCBHC EBP Resource Guide, February 2024

Topic ¹	Train the trainer	Online	In-person
	AMSR-Outpatient Training of Trainers \$1975/trainer for 3-day online training Counseling on Access to Lethal Means (CALM) \$3,000-\$5,000 plus travel expenses for train-the trainer program	Zero Suicide Workshop Online Typically, 1 day Contact EDC to determine cost	CALM training \$750-\$1,500 plus travel expenses
Psychwire		Assessing and Managing Suicide Risk \$145/person, 5 months, self-paced	
A list of trainings (in-person and online) from Zero Suicide for all clinical staff, including targeted suicide prevention interventions.			
The Oregon Zero Suicide Podcast Series Oregon Zero Suicide Presentations: Suicide Safety Management & Clackamas County Zero Suicide Training Process Presentation Oregon Zero Suicide implementation resources			
Fidelity Tool(s)	Zero Suicide Organizational Self-Study Oregon Zero Suicide Fidelity Instrument: Implementation Assessment Tool & Metrics		
Assertive Community Treatment (ACT)	Description: Offers treatment, rehabilitation, and community integration services to individuals diagnosed with serious mental illness (SMI). ACT uses a person-centered, recovery-based approach to care.		
Center for Practice Innovations, ACT Institute for Recovery-Based Practice		Upcoming training events Contact organization for cost and other training details.	Upcoming training events Contact organization for cost and other training details
Improving Michigan Practices		5 online courses, plus other resources, available Contact organization for cost	
Mental Health Technology Transfer Center Network (MHTTC)		Introduction to ACT 2-hour self-paced course. Contact organization for cost	
ACT Resources , Case Western University			
SAMHSA toolkit for training frontline staff on ACT			
Fidelity Tool(s)	Evaluating your ACT program , from SAMHSA toolkit (see Appendix B) Kansas ACT fidelity scale (adds 5 items to SAMHSA scale)		

CCBHC EBP Resource Guide, February 2024

Topic ¹	Train the trainer	Online	In-person
	Kansas Additional ACT fidelity protocol (rationale for adding 5 items)		
Permanent Supportive Housing/Housing First (National Model)	Description: Combines affordable housing assistance with voluntary support services to address the needs of chronically homeless people. Housing First is a homeless assistance approach that prioritizes providing permanent housing to people experiencing homelessness, thus ending their homelessness, and serving as a platform from which they can pursue personal goals and improve their quality of life.		
Behavioral Health and Homelessness Prevention (BHHP) Training Group		Upcoming trainings – Overview & Module trainings Free, half day trainings. Materials from BHHP training on Housing First	Upcoming trainings Free
Rhode Island Coalition to End Homelessness		Upcoming trainings \$0-\$450+ (Contact agency to request staff training)	Upcoming trainings \$0-\$450+ (Contact agency to request staff training)
National Alliance to End Homelessness		Training catalog \$40-\$130 per course	
SAMHSA toolkit for training frontline staff on Permanent Supportive Housing			
Fidelity Tool(s)	U.S. Interagency Council on Homelessness Housing First Checklist HUD Housing First Assessment Tool SAMHSA Supportive Permanent Housing Fidelity Scale (see Appendix B)		
Individual Placement and Support (IPS)	Description: Supported employment for people with serious mental illness (e.g., schizophrenia spectrum disorder, bipolar, depression). IPS supported employment helps people living with behavioral health conditions work at regular jobs of their choosing.		
BHDDH			Natalie LaRoche (Natalie.LaRoche@bhddh.ri.gov) from BHDDH helped develop trainings. Next trainings: Thursday, January 25th @ 1pm (90mins) - “Developing the Career Profile, Job Search Plan and Job Support Plan” Thursday, February 29th @ 1pm (90 mins) - “The Role of the Supervisor”
IPS Employment Center	Supervisor Skills Course	Practitioner Skills Course	

CCBHC EBP Resource Guide, February 2024

Topic ¹	Train the trainer	Online	In-person
	\$275 for 10-week course	\$360 per person for 12-week course	
Center for Practice Innovations, IPS Individual Placement and Support		Upcoming trainings Contact organization for cost and other training details.	Upcoming trainings Contact organization for cost and other training details.
IPS Resources , Case Western University			
Fidelity Tool(s)	Supported Employment Fidelity Scale Supported Employment Fidelity Review Manual Online IPS Fidelity Course (\$275 for 7-week course) Contact Vicki Ferrara (vferrara@ric.edu) from The Sherlock Center for help with IPS fidelity		
Medication Assisted Treatment (MAT)	Description: Use of medications, in combination with counseling and other therapeutic techniques, to provide a “whole patient” approach to the treatment of substance use disorders.		
a. For Opioid Use Disorder (2 out of 3 medication types)			
The Substance Use and Leadership Council of RI		Trainings for multiple EBPs Contact Sharon Morello (smorellohome@gmail.com) from SUMHLC for MAT training	
Grayken Center for Addiction Training and Technical Assistance		Live and recorded trainings available Free Join mailing list for notifications on trainings being offered.	
Opioid Response Network		Upcoming trainings and events	
The Association for Addiction Professionals		Range of webinars and more topic specific/intersectional identity trainings for SUDs, MH, co-occurring disorders. Education is FREE to all professionals, need to make account. Can also become a member for CEs.	

CCBHC EBP Resource Guide, February 2024

Topic ¹	Train the trainer	Online	In-person
Providers Clinical Support System		Trainings, modules, and webinars on medications for opioid use disorder (MOUD) Free; counts towards DEA’s 8-hour training requirement.	Trainings, modules, and webinars on medications for opioid use disorder (MOUD) Free; counts towards DEA’s 8-hour training requirement.
American Psychiatric Nurses Association		MSUD training for nurses Free; counts towards DEA’s 8-hour training requirement.	
SAMHSA Guide for MAT for OUD			
b. For Alcohol Use Disorder			
The Association for Addiction Professionals		MAT and recovery for alcohol use disorder Free for NAADAC members	
American Society of Addiction Medicine (ASAM) eLearning		On-demand courses on alcohol use disorder (AUD) Cost varies depending on length of the course. Some classes are free.	
National Institute on Alcohol Abuse and Alcoholism		Core Resource on Alcohol 14 free articles with evidence-based content to help health professionals: CME/CE credit available.	
SAMHSA Guide for MAT for AUD			
c. Nicotine Replacement Therapy			
University of California, San Francisco: Rx for Change	Rx for Change: Train-the-Trainer program (Coming Soon)	Rx for Change: tobacco cessation education for health professionals Cessation - Behavioral Counseling & Pharmacotherapy Free Rx for Change: Clinician Assisted Tobacco Cessation Free. Available until Feb 28, 2026.	

CCBHC EBP Resource Guide, February 2024

Topic ¹	Train the trainer	Online	In-person
UMass Chan Medical School: Center for Tobacco Treatment Research and Training	Train the Trainer in Tobacco Treatment (T4) \$1200/person for 2 half days live Zoom training. Need to have prior Tobacco Treatment Specialist training.	Hybrid Tobacco Treatment Specialist Core Training – Part 1 online 10hr training, Part 2 virtual or in person 3-day intensive training. \$1300/person for entire training.	See Hybrid Tobacco Treatment Specialist Core Training, Part 2.
Tobacco Prevention and Treatment Materials for Providers			
Fidelity Tool(s)	MAT compliance checklist		
12-Step Facilitation Therapy/Matrix Model	Description: type of behavioral therapy that promotes long-term abstinence by encouraging and facilitating the active engagement of clients in a 12-step recovery group. The Matrix Model is a structured, multi-component behavioral treatment model that consists of evidence-based practices, including relapse prevention, family therapy, group therapy, psychoeducation, and self-help, delivered in a sequential and clinically coordinated manner.		
Wise Communications Home Study Programs		12-step facilitation: a foundation SUD treatment approach Foundations self-paced course, 12 hours, \$79	
American Society of Addiction Medicine e-Learning		Trainings on mutual help and recovery groups On-demand courses, some providing general overview, some more detailed training. Cost varies depending on length of course.	
Hazelden Publishing		12-step facilitation guides and workbooks package Just the 12-step facilitation for co-occurring disorders facilitator guide	
The Association for Addiction Professionals		Cultural considerations for 12-step recovery programs Free webinar	
Relias		Relias is subscription-based. Contact for information on cost.	

CCBHC EBP Resource Guide, February 2024

Topic ¹	Train the trainer	Online	In-person
National Council for Mental Wellbeing		Contact NCMW to request their consulting services.	
12-Step Facilitation Therapy Manual NIAAA			
Fidelity Tool(s)	Twelve Step Facilitation Adherence Competence Empathy Scale (TSF ACES)		
Mobile Response and Stabilization Services (MRSS)	Description: Mobile Response and Stabilization Services (MRSS) is a crisis intervention model that emphasizes the need to respond to crises with urgency to the immediate needs of children, youth, young adults, and their caregivers		
University of Connecticut School of Social Work, Innovations Institute		Online learning courses and publications Available for free YouTube learning community virtual series Available for free	
National Center for START SERVICES, Institute on Disability, University of New Hampshire		Course for mobile crisis responders 6 weekly live sessions over Zoom (105 mins each); \$149 per person (April 2-May 14, 2024)	
MRSS Ohio		Various MRSS trainings live via Zoom including MRSS Core Model, MRSS Crisis Stabilization, and training for coverage staff & for supervisors/managers. Providers outside of Ohio’s System of Care must contact TA if interested in training. <i>Email Amy Pickens at axp723@case.edu if you have any questions.</i> MRSS Tool Kit and Resource Guide	
SAMHSA		Training videos on mobile crisis teams Free National Guidelines for Best Practices Toolkit (see page 18)	
Fidelity Tool(s)	MRSS Practice Standards MRSS Ohio Fidelity Tool		

CCBHC EBP Resource Guide, February 2024

Topic ¹	Train the trainer	Online	In-person
Seven Challenges	Description: The Seven Challenges is a comprehensive counseling program for youth and young adults that incorporates work on alcohol and other drugs problems. It is designed to motivate youth and young adults to evaluate their lives, consider changes they may wish to make, and then success in implementing the desired changes.		
BHDDH			<p>Seven Challenges Program Contact for information about upcoming trainings.</p> <p>CCAP and FSRI are currently implementing this EBP.</p>
The Seven Challenges			<p>The Seven Challenges offers a 3-day Initial Training for counselors and supervisors. Completing this allows counselors to start the program. Leaders attend a 3-day Leader Training for advanced skills and supervision. To maintain fidelity, leaders join quarterly support calls and learn how to train others.</p> <p>Training costs \$8,700 per agency (includes agency license). 3-day program leader training costs \$700/person off-site; \$6,400 per agency on-site. Materials cost \$10-\$70.</p> <p>Contact Sharon Conner at (520) 405-4559 or sconner@sevenchallenges.com.</p>
Fidelity Tool(s)	<p>The Seven Challenges training and support team offers fidelity monitoring at \$2,000 for the first year with a site visit ~10 months after initial training, and \$5,000 annual fidelity fee for subsequent years. Fidelity to the model assessed through self-report checklists, quarterly surveys by clients on counselor adherence to the model reviewed by Program Specialists, clinical supervisors observing facilitated sessions, and program specialist.</p> <p>Sample of The Seven Challenges Counselor Skills Fidelity Form from Florida’s Dept of Juvenile Justice</p>		

Evidence for the Practices

Motivational Interviewing/Motivational Enhancement Therapy	Toward a Theory of Motivational Interviewing (2009) A Randomized Clinical Trial of Motivational Interviewing to Reduce Alcohol and Drug Use among Patients with Depression (2016)
Cognitive Behavioral Therapy (CBT)	Why Cognitive Behavioral Therapy is the Current Gold Standard of Psychotherapy (2018) The Efficacy of Cognitive Behavioral Therapy: A Review of Meta-analyses (2012) History of Cognitive-Behavioral Therapy (CBT) in Youth (2012)
Coordinated Specialty Care (CSC) 16-25	Implementing Coordinated Specialty Care for Early Psychosis: The RAISE Connection Program (2015) OnTrackNY: The Development of a Coordinated Specialty Care Program for Individuals Experiencing Early Psychosis (2016)
Dialectical Behavioral Therapy (DBT)	Dialectical Behavioral Therapy (2006) Individuals Who Report Having Benefitted from Dialectical Behaviour Therapy (DBT): a qualitative exploration of processes and experiences at long-term follow-up (2022)
Family Psychoeducation (FPE)/ Family to Family	Evidence-Based Family Psychoeducational Interventions for Children and Adolescents with Psychotic Disorders (2008) Evidence-Based Practices for Services to Families of People with Psychiatric Disabilities (2001)
Integrated Dual Diagnosis Treatment (IDDT)	Effectiveness of Integrated Dual Diagnosis Treatment (IDDT) in severe mental illness outpatients with a co-occurring substance use disorder (2018) Dual diagnosis competencies: A systematic review of staff training literature (2018) A systematic review of psychosocial research on psychosocial interventions for people with co-occurring severe mental and substance use disorders (2008)
Medication Treatment, Evaluation and Management (MedTEAM)	The Potential for Improved Teamwork to Reduce Medical Errors in the Emergency Department (1999) Strategies to improve medication adherence in patients with schizophrenia: the role of support services (2015)
Screening, Brief Intervention, and Referral to Treatment (SBIRT)	Screening, Brief Intervention and Referral to Treatment: implications of SAMHSA’s SBIRT initiative for substance abuse policy and practice (2017) Healthcare Use Over 3 Years After Adolescent SBIRT (2019) Perceptions of the Barriers, Facilitators, Outcomes, and Helpfulness of Strategies to Implement Screening, Brief Intervention, and Referral to Treatment in Acute Care (2021)
Trauma informed care (population and age appropriate)	Key Ingredients for Successful Trauma-Informed Care Implementation (2016) Trauma informed interventions: A systematic review (2021) Next Steps: Applying a Trauma-Informed Model to Create an Anti-Racist Organizational Culture (2022)
Zero Suicide	The Relationship Between Suicidal Behaviors and Zero Suicide Organizational Best Practices in Outpatient Mental Health Clinics (2021) Suicide Prevention: An Emerging Priority for Health Care (2016)

	<p>Efficacy of the Zero Suicide framework in reducing recurrent suicide attempts: cross-sectional and time-to-recurrent-event analyses (2020)</p>
Assertive Community Treatment (ACT)	<p>The Critical Ingredients of Assertive Community Treatment (2015)</p> <p>Effect of Assertive Community Treatment for Patients with Substance Use Disorder: A Systematic Review (2019)</p> <p>Research literature from SAMHSA toolkit (2008)</p>
Permanent Supportive Housing/Housing First (National Model)	<p>Permanent Supportive Housing: Evaluating the Evidence for Improving Health Outcomes Among People Experiencing Chronic Homelessness (2018)</p> <p>A randomized controlled trial of the effectiveness of Housing First in a small Canadian City (2019)</p> <p>Alcohol and drug use disorders among homeless veterans: Prevalence and association with supported housing outcomes (2014)</p>
Individual Placement and Support (IPS)	<p>Growth and Sustainment of Individual Placement and Support (2020)</p> <p>Implementing individual placement and support (IPS): the experiences of employment specialists in the early implementation phase of IPS in Northern Norway. The IPSNOR study (2021)</p>
Medication Assisted Treatment (MAT)	<p>Medication Assisted Treatment for Opioid Use Disorder in Rhode Island: Who Gets Treatment and Does Treatment Improve Health Outcomes? (2020)</p> <p>Brief Training on Medication-Assisted Treatment Improves Community Mental Health Clinicians' Confidence and Readiness to Address Substance Use Disorders (2020)</p> <p>Medication-assisted treatment for alcohol-dependent adults with serious mental illness and criminal justice involvement: effects on treatment utilization and outcomes (2018)</p> <p>Interventions for Tobacco Smoking Cessation in Adults, Including Pregnant Persons: US Preventive Services Task Force Recommendation Statement (2021)</p>
12-Step Facilitation Therapy/Matrix Model	<p>Effectiveness of Making Alcoholics Anonymous Easier (MAAEZ), a group format 12-step facilitation approach (2009)</p> <p>Developing and Testing Twelve-Step Facilitation for Adolescents with Substance Use Disorder: Manual Development and Preliminary Outcomes (2016)</p> <p>The Effectiveness of Matrix Interventions in Improving Methadone Treatment (2013)</p>
Seven Challenges	<p>Comparative Efficacy of Family and Group Treatment for Adolescent Substance Abuse (2010)</p> <p>Examining the effectiveness of The Seven Challenges® comprehensive counseling program with adolescents (2018)</p> <p>The Seven Challenges Comprehensive Counseling Program: Effectiveness for adults with substance use problems (2018)</p>