

## Dynamic Splinting

### Indications:

The Dynamic Splint is a spring loaded, adjustable device utilized to provide a low load prolonged stretch to joints that have a reduced range of motion secondary to immobilization, surgery, contracture, fracture, dislocation or non traumatic disorders. The goal is to increase the range of motion of the joint over a period of time.

Note: This device will be approved for rental only and requires prior authorization.

### Approval criteria:

1. For use on the following joints –
  - ✓ a. Knee
  - b. Elbow
  - c. Wrist
  - d. Ankle
  - e. Finger
  - f. Forearm
2. For an adjunct to physical therapy of patients with;
  - a. Signs or symptoms of significant motion stiffness or loss (to degree interfering with activities of daily living) post immobilization of the joint due to injury or post surgery. Surgery must be no longer than 4 months prior.  
Or
  - b. Have prior documented history of motion stiffness or loss of motion in a joint AND have had additional surgical procedures performed to improve motion to that joint and are in the acute postoperative period for up to 12 weeks.

### Coverage:

The following Orthopedic Device codes may be approved:

E 1800: Dynamic adjustable elbow extension/flexion device, includes soft interface material

E 1802: Dynamic adjustable forearm pronation/supination device, includes soft interface material

E 1805: Dynamic adjustable wrist extension/flexion device, includes soft interface material

E 1810: Dynamic adjustable knee extension/flexion device, includes soft interface material

E 1812: Dynamic knee, extension/flexion device with active resistance control

E1815: Dynamic adjustable ankle extension/flexion device, includes soft interface material

E 1825: dynamic adjustable finger extension/flexion device, includes soft interface material

Approved by:  Date: 7 August 2018