

RI CCBHC Child and Youth Services Guide



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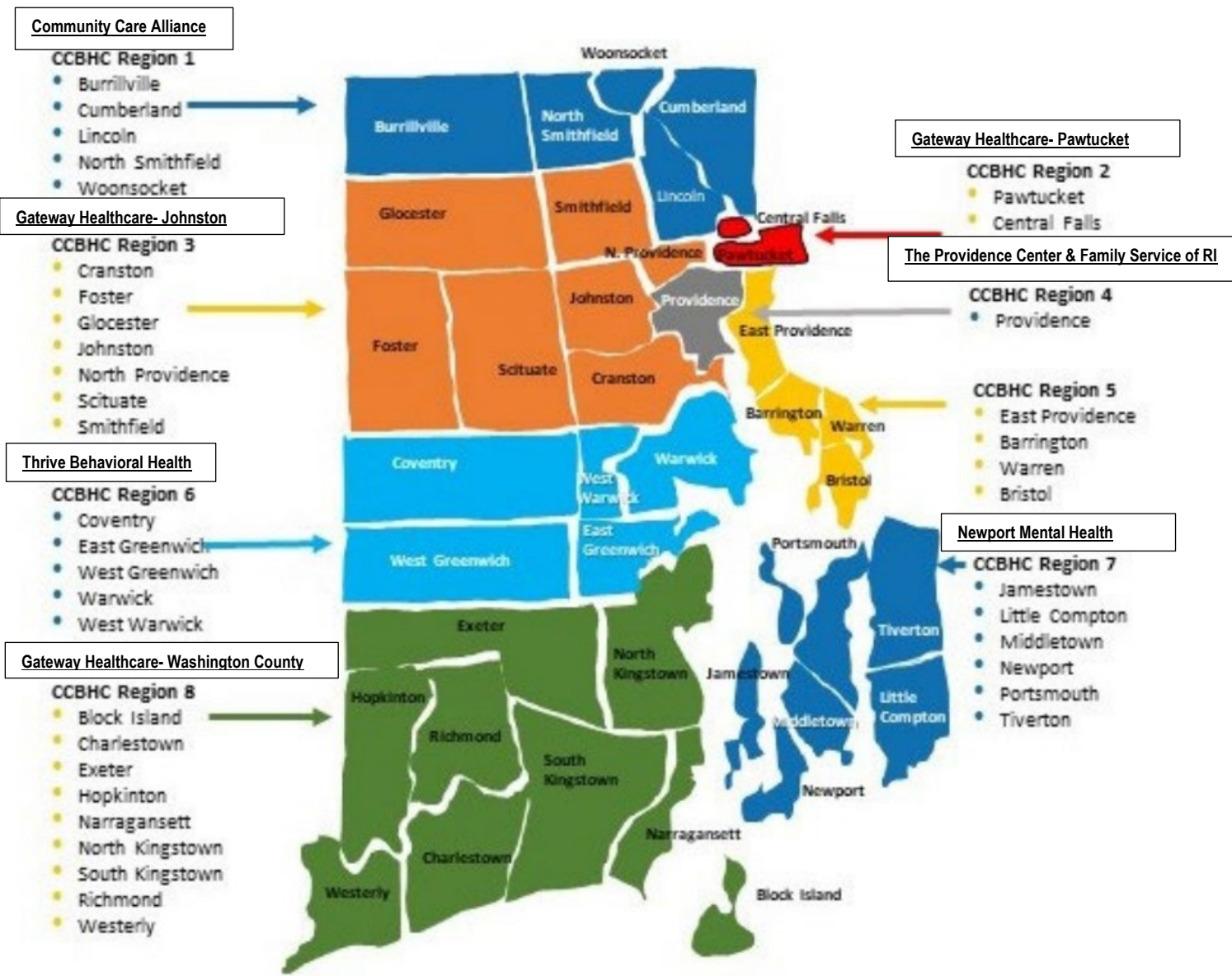
Purpose of this Guide:

This guide provides a comprehensive overview of the child and youth services offered through Rhode Island's eight Certified Community Behavioral Health Clinics (CCBHCs):

- Community Care Alliance (CCA)
- Family Service of Rhode Island (FSRI)
- Gateway Healthcare (GHI) – Johnston
- Gateway Healthcare (GHI) – Pawtucket
- Gateway Healthcare (GHI) – Washington County
- Newport Mental Health (NMH)
- The Providence Center (TPC)
- Thrive Behavioral Health (Thrive)

It aims to provide providers, managed care organizations, community partners, and families with an understanding of CCBHC operations, the services available, hours of access, referral pathways, and the evidence-based practices that shape care. By outlining program components, staffing, assessment tools, and system coordination efforts, this guide serves as a practical resource for anyone seeking to navigate or collaborate with Rhode Island's CCBHC network for child and youth behavioral health services.

CCBHC Program Overview



CCBHC Governance and Oversight in Rhode Island

Certified Community Behavioral Health Clinics (CCBHCs) in Rhode Island operate in alignment with a set of federally and State established certification criteria. The State's CCBHC program was established and is managed via a collaborative partnership between the RI Executive Office of Health and Human Services (EOHHS), RI Department of Behavioral Healthcare, Developmental Disabilities, and Hospitals (BHDDH), and the RI Department of Children, Youth, and Families (DCYF). This interagency team ensures that all CCBHCs meet rigorous standards for care delivery, maintain operational consistency, and implement evidence-based practices. By providing strategic direction, coordination, and oversight, the team supports CCBHCs in delivering comprehensive, high-quality behavioral health services to children, youth, and adults across the State, while promoting accessibility, equity, and integration within the broader health care system.

Key Requirements

1. Certification Standards – Core program areas all CCBHCs must meet standards in:

- *Staffing*
- *Availability and accessibility of services*
- *Care coordination*
- *Scope of services*
- *Quality and reporting*
- *Organizational authority, governance, and accreditation*

2. Required Services – Supports that all CCBHCs must provide, either directly or through a Designated Collaborating Organization (DCO) partner:

- *24/7/365 Crisis response (with MRSS as the designated service model for children and youth)*
- *Screening, evaluation, and diagnosis*
- *Person- and family-centered treatment planning*
- *Outpatient mental health and substance use services*
- *Primary care screening and monitoring*
- *Peer and family support services*
- *Psychiatric rehabilitation services*
- *Targeted case management*
- *Intensive community-based mental health care for veterans*

3. Accessibility, Equity, and Universal Access

CCBHCs must serve anyone requesting care, regardless of age, residence, diagnosis, or ability to pay. Children and youth must receive developmentally appropriate care.

4. Direct vs. Collaborated Service Provision

CCBHCs may provide services directly or via Designated Collaborating Organizations (DCOs), but at least 51% of all encounters (excluding crisis services) must be directly delivered by the CCBHC.

5. Children and Youth-Specific Requirements

Staff must have expertise in working with children and adolescents using trauma-informed approaches.

6. Crisis Services Availability

CCBHCs must provide 24/7/365 crisis services, including mobile crisis teams, emergency intervention, and crisis stabilization, either directly or via a DCO.

Helpful Resource Links:

- [RI CCBHC Certification Standards](#)
- [RI CCBHC Resource Page for Community](#)
- [RI CCBHC Program Resource Page for Providers and Managed Care Organizations](#)

Overview of CCBHCs' Child and Youth Service Offerings:

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Community Care Alliance (CCA)

Hours of Operation:

- Monday–Friday: 8:00 AM – 6:30 PM
- Saturday: 9:00 AM – 1:00 PM
- Emergency Mobile Crisis Services: 24/7

Services Offered:

Child General Outpatient (GOP):

- Target: For children/youth with identified behavioral health needs, including co-occurring conditions
- Services: Therapy, case management, peer support, nursing, psychiatry. Includes medication-only care for children stabilized in recovery.
- Frequency: weekly, monthly, or quarterly

Child Intensive Services (CIS):

- Outpatient, community-based, high-acuity program
- Target: Supports youth with higher behavioral health needs, including co-occurring conditions
- Eligibility: Diagnostic requirements and Ohio Scales for Youth (Program Year 1); Child and Adolescent Needs and Strengths (CANS) Assessment (Program Year 2)
- Services: Multiple per week in-home and community, meeting minimum service hour requirements

Service Model (GOP & CIS):

- Individual therapy
- Family therapy
- Group therapy
- Psychiatric services
- Nursing and case management
- Person-centered recovery planning and trauma-informed care

Target Populations & Age Ranges:

- Child GOP: ages 3–18 years
- Child CIS: ages 3–21 years

Staffing Model:

- Child GOP: Team Leader, Clinicians, Co-Occurring Clinician, CPST, Peer, Prescriber, RN
- Child High Acuity (CIS): Team Leader, Clinicians, Co-Occurring Clinician, CPSTs, Housing Specialist, Prescriber, RN

Evidence-Based Practices (EBPs):

- CCBHC-required EBPs
- Additional: Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Seeking Safety, Solution-Focused Therapy

Assessments & Screening Tools:

- Required: Ohio Scales for Youth (Program Year 1); Child and Adolescent Needs and Strengths (CANS) Assessment (Program Year 2)
- Additional: Medication Adherence Scale, Vanderbilt ADHD Diagnostic Rating Scale, Gene testing for medication guidance
- MIRAH measurement-based care platform: 200+ tools applied case-by-case

Referral Process:

- Contact:
 - Children’s Intake Line: 401-235-7410
 - Fax: 401-767-9107
- Open Access: clients can also walk-in without an appointment
 - Hours: Monday–Friday, 8:30–10:30 AM
 - Crisis slots reserved daily in the afternoons

Coordination with External Systems:

- Thundermist Health Center, schools, Head Start, CCA Family Care Community Partnership, CCA Harbor Youth Drop-in Center, DCYF, Tides Family Services, Connecting for Children & Families
- Northern RI Collaborative Coalition member
- Leadership: Chair of Woonsocket Prevention Coalition Board

Cultural & Trauma-Informed Practices:

- Trauma-informed care
- Supports for families of diverse cultural backgrounds
- Cultural impact integrated into biopsychosocial assessments (BPSAs)

Family Engagement:

- Whole-family approach, including social determinates of health assessment and intervention

- CGOP clinician available for home/community-based services
- CIS provides welcome letter, setting expectations for parent/guardian involvement

Language Access:

- Bilingual staff (Spanish, Creole)
- Translation services: Pinpoint, insurance-provided
- Intake paperwork available in Spanish

Innovations & Unique Features:

- Mirah platform for measurement-based care analytics
- Paychex Learning Management platform for staff training
- Telehealth available for therapy and psychiatry

Equity & Inclusion Efforts:

- Training on working with individuals with autism spectrum disorder, refugees/immigrants, LGBTQIA+, veterans, ADA compliant
- 'Undoing Racism' workshops for all staff
- Working with Indigenous communities

Outcome Tracking & Quality Improvement:

- Regular review of all CCBHC quality measures
- Mirah analytics-based progress tracking
- Patient and staff satisfaction surveys

Family Service of Rhode Island (FSRI)

Hours of Operation:

- Monday: 8:30 AM – 7:00 PM
- Tuesday–Thursday: 8:30 AM – 7:00 PM
- Friday: 8:30 AM – 5:00 PM
- On-call services: 24/7
- Emergency Mobile Crisis Services: 24/7

Services Offered:

General Outpatient Treatment:

- Target: Children up to age 18 years
- Service Model: Individual, family, group therapy
- Staffing: Clinicians, Child Psychiatry, CPSTs, Nurse, Case Managers
- EBPs: CBT, TF-CBT, Motivational Interviewing, DBT skills, Exposure Therapy, Trauma, Systems Therapy, PCIT
- Assessments: PHQ-9, DLA-20, SDOH, AUDIT, DAST, CRAFFT, ACEs, C-SSRS, GAD, SAWS, PAWSS, ASAM, CIWA-AR, PCS-17, SOWS, AIMS, ECBI, TWEAK, CANS

Parent-Child Interaction Therapy (PCIT):

- Target: Children ages 2.5–6.5 years with disruptive behavior disorders, reunification needs, maltreatment, or bonding issues
- Service Model: 16–24 weeks, weekly caregiver/child sessions with live coaching
- Staffing: PCIT-trained clinicians, CPST specialists, Child Psychiatrist
- Assessments: SDOH, PCS-17, PSI, ECBI, CANS, ACEs, CATs-C

School-Based General Outpatient:

- Target: School-aged children in Providence Public Schools
- Service Model: Individual & family therapy; school and after-school sessions
- EBPs: CBITS, CBT, Motivational Interviewing
- Assessments: PHQ-9, DLA-20, SDOH, AUDIT, DAST, CRAFFT, ACEs, C-SSRS, GAD, SAWS, PAWSS, ASAM, CIWA-AR, PCS-17, SOWS, AIMS, ECBI, TWEAK, CANS

Children's Intensive Services (CIS):

- Target: Children ages 4–18 years at risk for higher levels of care or stepping down
- Service Model: Individual, family, parent sessions; skills groups; multiple visits weekly; community/home/school-based

- Staffing: Master’s-level clinician, bachelor-level case manager/CPST, psychiatrist, LCDP, RN, family/youth partners
- EBPs: CBT, DBT, MI, Seven Challenges, SBIRT, TF-CBT, Housing First
- Assessments: PHQ-9, DLA-20, SDOH, AUDIT, DAST, CRAFFT, ACEs, C-SSRS, GAD, SAWS, PAWSS, ASAM, CIWA-AR, PCS-17, SOWS, AIMS, ECBI, TWEAK, CANS

Mobile Response & Stabilization Services (MRSS):

- Target: Children up to age 21 years
- Service Model: Individual and family crisis response pairs; 24/7/365
- Staffing: Clinical Director, Clinicians, CPSTs, Triage Manager, Child Psychiatrist
- Assessments: PHQ-9, DLA-20, SDOH, AUDIT, DAST, CRAFFT, ACEs, C-SSRS, GAD, SAWS, PAWSS, ASAM, CIWA-AR, PCS-17, SOWS, AIMS, ECBI, TWEAK, CANS

Recovery Services (General Outpatient & ASAM Level 2):

- Target: Children up to age 18
- Service Model: Individual, family, and group therapy; Seven Challenges in schools
- Staffing: Team lead, Clinician/LCDPs, Peer Recovery Specialist, CPST, Psychiatrist, Nurse
- Assessments: PHQ-9, DLA-20, SDOH, AUDIT, DAST, CRAFFT, ACEs, C-SSRS, GAD, SAWS, PAWSS, ASAM, CIWA-AR, PCS-17, SOWS, AIMS, ECBI, TWEAK, CANS

Referral Process:

- Intake Line: 401-519-2280
- Referrals through FSRI Access Center
- Walk-ins also accepted during open access hours; call FSRI for most up-to-date dates and times

Coordination with External Systems:

- Schools, after-school programs, summer camps, pediatricians, DCYF, family court, hospitals, community agencies, daycares, law enforcement

Cultural & Trauma-Informed Practices:

- Staff trained in trauma-informed, culturally responsive care
- CLAS standards implemented

Family Engagement:

- Use of strengths-based, family-centered model

- Emphasis on caregiver expertise and strengths
- Staff trained in family psychoeducation and supportive communication

Language Access:

- Bilingual/bicultural staff (Spanish and Cape Verdean Creole)
- Interpretation via Pinpoint, AMN, or certified in-house FSRI interpreters
- Documents in Spanish and English

Use of Telehealth:

- Clinically appropriate, reduces transportation/childcare barriers
- DBT skills group and PCIT via telehealth

Equity & Inclusion Efforts:

- Targeted outreach to Latinx communities
- Training on working with individuals with autism spectrum disorder, LGBTQIA+ youth

Outcome Tracking & Quality Improvement:

- Patient Experience of Care survey, client satisfaction survey
- Quarterly quality management meetings
- CANS assessments every 90 days for high acuity children

Gateway Healthcare (GHI) – Johnston, Pawtucket, and Washington County

Hours of Operation:

- Monday and Thursday: 8:00 AM – 7:30 PM
- Tuesday and Wednesday: 8:00 AM – 5:00 PM
- Friday: 8:00 AM – 4:30 PM
- Emergency Mobile Crisis Services: 24/7

Services Offered:

Child and Family Outpatient Services (CAFOS):

- Statewide mental health evaluation and treatment for children, adolescents, and families. Multidisciplinary approach includes caregivers to address productive communication strategies, behavioral causes, maladaptive patterns, environmental factors, and improved functioning
- Eligibility: Children ages 2–18 years with anxiety and related disorders, ADHD, behavioral problems, bipolar disorder, depression, family conflict, PTSD, school problems, or Autism Spectrum Disorder (ASD)
- Service Model: Family therapy, individual therapy, group therapy, medication management, care coordination
- Frequency: Weekly initially, then tapered as progress is made
- Delivery: In-clinic or telehealth

Child and Family Therapeutic Outreach (CFTO):

- High-acuity, home-based crisis stabilization for children and youth to prevent hospitalizations or placements
- Eligibility: Children ages 3–18 years (with children under age 3 years assessed on a case-by-case basis), ICD-10 diagnosis moderate–severe disturbance, at risk of hospitalization/disruption
- Service Model: Individual/family therapy, skills development, care coordination, 24/7 emergency services via CFTO clinicians and Kids Link
- Center-based: Psychiatry, group therapy
- Intensity & Length: 2–3 sessions/week, 1.5–3 hours; typical 12–16 weeks
- Specialty Populations: General behavioral health, trauma, complicated grief, co-occurring disorders, ASD, early childhood treatment, complex pediatric illnesses, including eating disorders

Evidence-Based Practices (EBPs):

- CBT (foundation), Trauma-Focused CBT, DBT, Positive Behavior Supports, Exposure Therapy, Integrated CBT (I-CBT for co-occurring disorders)

Screening & Assessment Tools:

- SDOH, Child Trauma Screen (6+), PHQ-9 (12+), Columbia Suicide Severity Rating Scale (C-SSRS; 6+), SAFE-T & Stanley-Brown Safety Plan (if moderate/high risk), AUDIT-C (12+), CRAFFT (12–18), Brief Negotiated Interview (BNI), Pediatric Health Questionnaire, TBI Screening

Referral Process:

- GHI Johnson Intake Line: 401-273-8100
- GHI Pawtucket Intake Line: 401-722-3560
- GHI Washington County Intake Line: 401-364-7705
- Walk-ins also accepted during open access hours; call GHI for the most up-to-date dates and times per clinic site

Team & Cultural Competence:

- Psychiatrists, independently licensed therapists (LICSW, LMHC, LMFT, PhD), case managers
- Racially and linguistically diverse (Hispanic and Cape Verde representation) staff
- Language Bank (audio interpretation) and video-remote services available

Equity & Inclusion Efforts:

- Work with diverse families, schools, primary care, and community organizations
- Embedded school clinicians for family engagement, referral support, skills training, brief counseling, crisis planning and case management

Outcome Tracking & Quality Improvement:

- Patient Experience of Care survey
- Additional metrics: time to service, engagement, appointment adherence, hospitalizations/diversions, functional rating scales

Newport Mental Health (NMH)

Hours of Operation:

- Monday & Friday: 9:00 AM – 4:30 PM
- Tuesday–Thursday: 9:00 AM – 7:00 PM
- Emergency Mobile Crisis Services: 24/7

Services Offered:

School-Based Therapy:

- Ages: 5–18 years, embedded in schools, parent consent required
- Current sites: Middletown (Gaudet Middle School, Forest Avenue Elementary, Aquidneck Elementary), Portsmouth (Portsmouth Middle School, St. Philomena’s), Tiverton School District, Newport Public Schools

General Outpatient Services:

- Ages: 4–18 years, services location: 42 Valley Road, Middletown
- Traditional counseling with family involvement

Enhanced Outpatient Services (EOS):

- Ages: 4–18 years, higher-acuity services in-office, home, and community (2–3x/week)
- Smaller caseloads, family therapy encouraged

Intensive In-Home Child & Adolescent Psychiatric Services (IICAPS):

- Ages: 4–18 years, youth with serious emotional disturbance (SED) at risk for inpatient/residential placement
- Family-driven goals across child, family, school, and community
- Two-person clinician teams; weekly case reviews with Medical Director

Service Model:

- Individual Therapy, Group Therapy, Family Therapy, School-Based Therapy, Enhanced Outpatient Services (EOS), Healthy Transitions Program, Intensive In-Home Child & Adolescent Services (IICAPS), Parent Education, Community Education, Vocational Services, Crisis Intervention, MRSS, Emergency Psychiatric Evaluations, Consultation with collateral providers

Staffing Model:

- Psychiatrists, Master's-level clinicians, Bachelor's-level behavioral health clinicians, nursing staff, case managers, vocational staff (Healthy Transitions only), peer support specialists

Evidence-Based Practices (EBPs):

- CCBHC Core: MRSS, ACT, Zero Suicide, MI, DBT, CBT, MAT, SBIRT, FPE, Housing First, IPE
- Additional: IICAPS Model, TF-CBT

Assessments & Screening Tools:

- ACES, GAD-7, PHQ-9/PHQ-9A, C-SSRS, ASAM Criteria, DLA-20, Ohio Scales, SCARED, Vanderbilt ADHD Assessment Scales, Children's Attention Profile, Bright Futures Issues Checklist, CES-DC, YMRS, MFQ

Referral Process:

- Intake Line: 401-846-1213
- Walk-ins also accepted during open access hours; call NMH for the most up-to-date dates and times
- Accepts referrals from: hospitals, pediatricians, FQHCs, DCYF, community partners, school systems, MCOs, self-referrals, Hazel Health

External Coordination:

- Schools, pediatricians, hospitals, YMCA, Community Opportunity Zones

Cultural & Trauma-Informed Practices:

- Integrates cultural awareness, trauma-informed care, creates safe and empowering environments

Family Engagement:

- Person-centered approach, barrier-sensitive, coordinated with community partners
- High-acuity clients require documented outreach before discharge

Language Access:

- Spanish-speaking clinician (IICAPS team), BoostLingo 24/7 translation

Innovations & Unique Features:

- Telehealth, Hazel Health partnership, research with Brown University (IMPACT-RI), YMCA and community collaboration

Equity & Inclusion Efforts:

- Transportation support, community outreach, leadership advocacy

Outcome Tracking & Quality Improvement:

- Tools: C-SSRS, PHQ-9, CANS, self-reports, clinician observations
- Client satisfaction surveys

The Providence Center (TPC)

Hours of Operation:

- Monday–Friday: 8:00 AM – 6:00 PM
- Weekends & Holidays: 8:30 AM – 12:30 PM
- Emergency Mobile Crisis Services: 24/7

Services Offered:

Early Childhood Institute:

- Ages: Birth through school age
- Purpose: Support school readiness, success in daycare/Head Start
- Programs:
 - Intensive Outpatient Program (ages 3–5 years): Structured therapy, two daily groups 8:30–11:30 AM & 12:30–3:30 PM, Mon–Fri
 - Partial Hospital Program (ages 5–8 years / K–2): Day-based treatment, 9:00 AM – 2:00 PM, Mon–Fri
- Staffing: Clinical Therapists, Case Managers, Rehabilitation Specialists, Prescribers, Psychiatrists, Team Leaders
- Service Model: Crisis intervention, group therapy, case management, psychiatric evaluation/medication management

Enhanced Outpatient Services (EOS):

- Ages: 3–18 years, severe emotional/behavioral challenges
- Goal: Avoid hospitalization, out-of-home placement, school disruption
- Office Hours: Mon, Wed, Fri 8:00 AM – 5 PM; Tue & Thu 8:00 AM – 6 PM; In-home hours vary

General Outpatient (GOP) Counseling Services:

- Ages: 3–18 years
- Structure: Case management, individual/family therapy, nursing, prescribing services
- Extended Hours: 530 North Main St., Mon–Fri 4:30–6:00 PM, Sat & Sun 8:00–12:00 PM

School Counseling and Support Program:

- Partnership: Providence Public Schools (since 2015)
- Services: Counseling, parent training, assessments, support groups
- Hours aligned with school calendar

Children's Emergency Services:

- 24/7 rapid crisis response at home, school, or hospital

Evidence-Based Practices (EBPs):

- MI, CBT, DBT, FPE, SBIRT, Trauma-Informed Care, EMDR, CASE Approach, Internal Family Systems, Conscious Discipline
- Specialized care: Co-occurring mental health/substance use, suicide prevention, integration with primary care

Assessments:

- Ohio Scales for Youth (Program Year 1), Child and Adolescent Needs and Strengths (CANS) Assessment (Program Year 2), ASAM Criteria, DLA-20, PHQ-A, SDOH, Psychosocial Assessments, Risk Assessment (C-SSRS & Stanley-Brown)

Referral Process:

- Intake Line: 401-276-4020
- Walk-ins also accepted during open access hours; call TPC for the most up-to-date dates and times
- Accepts referrals from: parents, schools, pediatricians, hospitals, state agencies, community providers, MCOs, self-referrals, 24/7 emergency referrals

Coordination with External Systems:

- Schools, DCYF, pediatricians, hospitals/EDs, community organizations, judicial/legal systems

Cultural & Trauma-Informed Practices:

- Cultural humility, accessibility, equity, trauma-informed care
- Bilingual staff, interpreter services, translated materials

Family Engagement:

- Collaborative treatment planning, caregiver support, home/community involvement

Language Access:

- Bilingual/bicultural staff, professional interpretation, translated materials

Telehealth & Innovations:

- Virtual therapy and psychiatry, school-based embedded clinicians, wraparound supports, 24/7 crisis response

Equity & Inclusion Efforts:

- Prioritized access for underserved populations, LGBTQ+ youth support, trauma-informed equity lens

Outcome Tracking & Quality Improvement:

- Youth/family satisfaction surveys, clinical outcome measures, utilization data, quality improvement initiatives, accreditation compliance

Thrive Behavioral Health (TBH)

Hours of Operation:

- Monday–Friday: 8:30 AM – 8:00 PM
- Saturday: As needed (some clinicians 9:00 AM – 12:00 PM)
- Emergency Response: 24/7 via Thrive Mobile Response Team and Tides MRSS

Programs:

Enhanced Outpatient Program:

- High-acuity, community-based therapy, groups, case management, psychiatry, parent education

Child and Family Intensive Treatment:

- High-acuity, therapy, case management, care coordination, parent education

Outpatient Therapy:

- Standard-acuity, therapy, limited case management

Eating Disorder Program:

- Screening, assessment, treatment; CBT-E, Family-Based Therapy, Intensive Family Therapy

Dialectical Behavioral Therapy (DBT) Program:

- For older adolescents; individual therapy, group therapy, weekly family group, 24/7 coaching

Substance Use Disorder Treatment Services:

- Individual and/or group counseling; family and parental support
- EBPs: Seven Challenges, The Dear Family Method

Group Therapy Programs:

- Art Therapy, Drama Therapy, Social Skills, Writing, Video Gaming, Adventure-Based Therapy, LGBTQ+ Group

Service Model:

- Individual, group, and family therapy; case management; recovery goals and skills coaching; parent education
- High-acuity: Primarily in-person
- Standard-acuity: In-person or telehealth

Staffing Model:

- Master's Degree and Licensed Clinicians, Case Managers, Behavior Specialists, Nursing Staff, Child Psychiatrists

Evidence-Based Practices (EBPs):

- DBT, TF-CBT, CBT for Psychosis, Exposure Response Therapy, CBT-E, Motivational Interviewing, Intensive/Family-Based Therapy (Eating Disorders), Multidisciplinary Family Therapy, Alternative Resolution Therapy (PTSD/Trauma), Positive Parenting Program (Triple P)

Assessments:

- PHQ-9A, Vanderbilt Scales, PEARLS, Pediatric Symptom Checklist, Columbia Suicide Assessment Scale, EDE-Q, CANS
- MIRA measurement-based outcome platform

Referral Process:

- Intake Line: 401-732-5656
- Walk-ins also accepted during open access hours; call Thrive for the most up-to-date dates and times

Language Access:

- Spanish and Portuguese services; interpreter access via Pinpoint & Partners in Interpreting

Outcome Tracking & Quality Improvement:

- Client satisfaction surveys, clinical outcome measures