

# RI CCBHC Substance Use Disorder Treatment Services Guide



December 2025

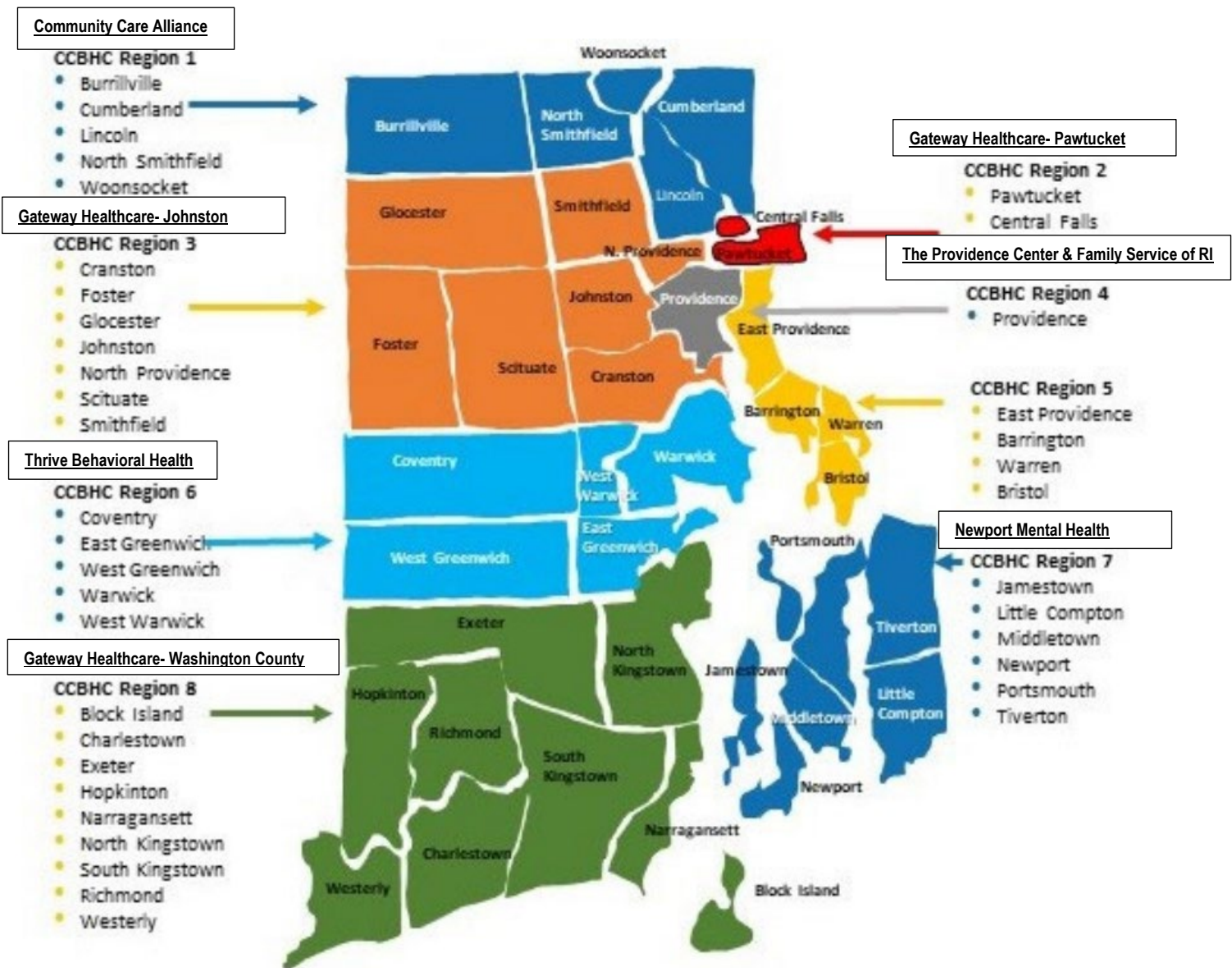
## **Purpose of this Guide:**

This guide provides a comprehensive overview of the substance use disorder (SUD) services that are offered through Rhode Island's eight Certified Community Behavioral Health Clinics (CCBHCs):

- Community Care Alliance (CCA)
- Family Service of Rhode Island (FSRI)
- Gateway Healthcare (GHI) – Johnston
- Gateway Healthcare (GHI) – Pawtucket
- Gateway Healthcare (GHI) – Washington County
- Newport Mental Health (NMH)
- The Providence Center (TPC)
- Thrive Behavioral Health (Thrive)

This guide is intended to support providers', managed care organizations', community partners', and families' understanding and navigation of the SUD services and supports available through the CCBHCs.

# CCBHC Program Overview



## Services Overview

CCBHC	GENERAL SUD SERVICES	POPULATION
Provided by All CCBHCs	<p style="text-align: center;"><b>General Outpatient Services (GOP)</b></p> <p>Treatment, counseling, and medication management services provided by licensed individuals trained to treat substance use disorders and individuals in recovery. Counseling services can be offered individually or in group settings utilizing evidence-based practices such as Cognitive Behavioral Health Therapy (CBD), Dialectical Behavior Therapy (DBT), and Motivational Interviewing (MI). SUD treatment and services include ASAM Levels 1 and 2.1, and treatment of tobacco use disorders.</p>	Adults & Youth
	<p style="text-align: center;"><b>Intensive Outpatient Program (IOP)</b></p> <p>Specializes in the treatment of substance use disorders and co-occurring diagnoses. The IOP utilizes evidenced-based practices and harm reduction strategies to provide individuals with more intensive support and therapy than traditional outpatient services, while allowing them to maintain a level of independence and continue with their daily living activities.</p>	Adults
	<p style="text-align: center;"><b>Medication Assisted Treatment (MAT)</b></p> <p>A combination of FDA approved medications used to treat Opioid Use Disorder (OUD), Alcohol Use Disorder (AUD), and Tobacco Use Disorders in conjunction with behavioral health treatment. Treatment is tailored to an individual's identified needs and goals.</p> <p><i>*Note: Methadone is not included in MAT services offered by CCBHC, however they can provide clients with access to methadone services via community partners.</i></p>	Adults & Youth
	<p style="text-align: center;"><b>Peer-Based Recovery Support Services</b></p> <p>Provision of wellness and recovery supports on an individual basis or in a group setting to help individuals successfully manage their mental health and/or substance use disorders. Services empower individuals to succeed in recovery and to lead healthy, productive lifestyles.</p>	Adults
	<p style="text-align: center;"><b>Community-Based Treatment Teams</b></p> <p>Multidisciplinary team-based approach providing intensive, community-based behavioral health services for adults or transition aged youth with mental health and/or substance use disorders. Offers individual, ongoing support including medication management, therapy, and support for daily living skills.</p>	Adults & Transition Aged Youth (15-26 yrs)
	<p style="text-align: center;"><b>24-Hour Mobile Crisis Teams</b></p> <p>Community-based behavioral health crisis intervention services provided 24/7/365 in the CCBHC's designated service area. Services include utilizing a developmentally appropriate, trauma informed crisis response to a mental health and/or substance use crisis as well as overdose prevention activities.</p>	Adults & Youth
	<p style="text-align: center;"><b>Seven Challenges</b></p> <p>Evidence-based substance use therapy that is highly effective for youth and young adults ages 12-25 years. The model can be delivered via individual or group sessions in outpatient, school-based, residential, or community settings. Seven Challenges motivates youth and young adults to evaluate their lives and make changes, and guides without pressure, judgment, or requirement of abstinence.</p>	Young Adults & Youth (12-25 yrs)

CCBHC	SPECIALTY SUD PROGRAMS	POPULATION
<b>Newport Mental Health (NMH)</b>	<p style="text-align: center;"><b>Integrated Dual Disorder Treatment Team (IDDT)</b></p> <p>Evidence-based multidisciplinary team-based approach that provides intensive, community based mental health and substance use disorder treatment services for adults with severe and persistent, co-occurring conditions. Treatment is tailored to the unique needs of the individual, considering their stage of recovery, goals, and cultural background.</p>	<p style="text-align: center;">Adults</p>
<b>Gateway – Johnston, Pawtucket, Washington County</b>	<p style="text-align: center;"><b>Co-Occurring Disorders (COD) Program</b></p> <p>An evidence-based protocol that incorporates Motivational Enhancement Therapy (MET) and Cognitive Behavior Therapy (CBT). During the treatment, youth and their caregivers learn skills to help manage and change distressing thoughts, feelings, and behaviors related to past experiences, process life events and situational triggers, and enhance safety and relapse prevention, parenting skills, and family communication.</p>	<p style="text-align: center;">Youth &amp; Families</p>
<b>Gateway – Washington County</b>	<p style="text-align: center;"><b>Family Centered Treatment- Recovery (FCT-R)</b></p> <p>Home-based services for families faced with removal of their children from the home, or dissolution of the family due to circumstances related to substance use. The target population are high risk youth and their families, with an identified family member working toward recovery.</p>	<p style="text-align: center;">Youth &amp; Families</p>
<b>The Providence Center (TPC)</b>	<p style="text-align: center;"><b>Teen Anchor Program</b></p> <p>Teen Recovery Center is a “drop in” recovery center that provides programming and classes that support and assist members in discovering strengths and needs, and in identifying potential barriers to success in recovery. The drop-in center is run by Certified Peer Recovery Specialists and teen peer support staff.</p>	<p style="text-align: center;">Youth</p>
	<p style="text-align: center;"><b>Anchor Recovery Center</b></p> <p>Anchor Recovery Community Center is a supportive community of peers with lived experience providing addiction recovery supports. The center provides health and wellness activities, social events, peer support groups, and employment services.</p>	<p style="text-align: center;">Adults</p>