



Home-Based Therapeutic Services Fact Sheet

What is Home-Based Therapeutic Services (HBTS)?

Home-Based Therapeutic Services are intensive services that help families with children with moderate-severe behavioral health, developmental or physical disabilities. HBTS is provided to children in the home or community setting and intended to support children in their home setting, and keep them at home, increase participation as valued members of their community, help improve the child's functioning in the least restrictive level of care, and improve the child's ability to cope with transitions.

Who is Eligible?

Children who are under 21 and meet the following requirements:

- Enrolled in Medicaid
- Live at home with their family/legal guardians
- Chronic and moderate to severe cognitive, physical, developmental and/or psychiatric diagnosis within
- At risk for out of home placement or hospitalization

What should I expect with an HBTS program?

Family participation is crucial to the progress of your child while in the program by:

- Helping to identify goals for your child's Treatment Plan
- Supervising other siblings during HBTS sessions
- Assisting HBTS staff to track your child's behavior during times when staff are not present

An HBTS worker provides on-on-one therapeutic services for your child and family and documents progress toward goals identified in the Treatment Plan

HBTS does not take place of other services (school, Early Intervention, respite etc.), but is expected to complement those services.

How can I access these services?

- Contact your health plan if you are enrolled in RIteCare (Neighborhood Health Plan of RI, Tufts Health Plan, or UnitedHealthcare Community Plan) or RIteShare.
- Contact a HBTS provider directly

For more information, please refer to the *RI Medicaid Programs for Children with Special Health Care Needs* guide for a list of participating certified HBTS providers.

<http://www.eohhs.ri.gov/Consumer/FamilieswithChildren/ChildrenwithSpecialNeeds.aspx>